LITTLE BERRY, BIG BENEFITS

HIGHBUSH BLUEBERRIES
ARE PLANTED AND FARMED
96% are grown in
BRITISH COLUMBIA

LOWBUSH BLUEBERRIES
ARE WILD BLUEBERRIES
primarily found in
QUEBEC & the ATLANTIC PROVINCES

OUR SCIENTISTS are studying the potential HEALTH BENEFITS of BLUEBERRIES to REDUCE the RISK OF DISEASE.

BLUEBERRIES ARE HEALTHY & DELICIOUS!

CANADIAN PRODUCERS
HARVEST over 75,000 hectares
of BLUEBERRIES
EACH YEAR
That’s more than the entire land mass of TORONTO!

CANADA IS THE WORLD’S
#1 LARGEST producer & exporter of LOWBUSH BLUEBERRIES

#3 LARGEST producer & exporter of Highbush Blueberries

BLUEBERRIES ARE
HIGH in fibre & nutrients
LOW in calories

In 2018, CANADA EXPORTED
close to $477M worth of
HIGHBUSH BLUEBERRIES & LOWBUSH BLUEBERRIES

We grow a lot more than you may think
Find out more at: agr.gc.ca/discoveragriculture