

# Livestock Water Quality

## *A Field Guide for Cattle, Horses, Poultry and Swine*



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# **Livestock Water Quality**

***A Field Guide for Cattle, Horses, Poultry, and Swine***

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## Foreword

The ultimate objective of the work undertaken here was to arrange an assembly of information on water quality issues and contaminants using various original research papers, textbooks, and other reputable sources, into one concise, and easy-to-interpret manual. This manual is intended to provide fundamental information to livestock and water quality specialists and other professionals on a wide range of water quality parameters and related physiological and/or toxicological effects. Many producers may also find the information useful in identifying problems and symptoms relating to water quality.

While preparing this document, a deliberate attempt was made to minimize the “excessive scientific” content, while focusing on factual interpretation of the knowledge in the context of practical applicability of the information. However, it is not uncommon that different scientific sources discussing seemingly the same water quality issues provided divergent results. Therefore, it is important to understand that data comparability may be a major problem in evaluation of water quality. In particular, it may be difficult to determine what is correct and what is incorrect, especially with the “experts” often disagreeing. In this context, the user of this guide should be aware of a broad range of conflicting results or differing expert opinions. It is likely important to note cases where this occurs so that it is clear that the author felt the controversy worthy of mention.

While compiling the information for this guide, the author did not simply report the existing discrepancies, but rather, attempted to resolve conflicting information in the context of the overall knowledge of physiology, biochemistry, nutrition, and toxicology.

Although an effort was made to provide comprehensive interpretation of water quality data, it is important to understand the complex nature of biological responses of animals, in particular those that are genetically selected for high production traits. In this context, it is imperative that the high metabolic demand associated with constantly increasing production goals is taken into consideration in assessment of water quality standards, especially in the face of the increasing complexity of water contaminants.

***There is a noticeable insufficiency of recent information on many aspects of water quality issues in contemporary livestock selected for superior performance characteristics. Without comparative research using today’s high performance genetics, interpretation of water quality data is problematic at minimum.***

No doubt, the success of Canadian livestock production depends on the availability of good quality water. However, in many areas where the livestock industry is prominent, water quality is poor, or at best marginally tolerable. It is important to understand that, at present, the elimination of all undesirable effects associated with water contaminants is not realistic under most circumstances. Therefore, a substantial effort has been made in this guide to emphasize the management of potential risks to livestock associated with water problems encountered under common field conditions.

Health effects of water contaminants are an important issue, but in reality, the economic success of the modern Canadian livestock industry is predominantly based on animal performance. The key elements of utmost importance, in terms of economic success in any sector of the contemporary livestock industry in Canada, are based on four fundamental parameters i.e. growth rate, feed conversion ratio, reproductive success, and product quality. Any of these parameters can be affected by water contaminants at a very subtle, sub-clinical, metabolic level.

## **Contributions**

This work is the result of the collective efforts of several dedicated people. Mr. Larry Braul, PFRA, Agriculture and Agri-Food Canada, played a critical role as coordinator. He also prepared and compiled information on water types or conditions relevant to water contaminants in Saskatchewan, served as a reviewer of various drafts, and editor of the final version. Mr. Bob Klemmer, Saskatchewan Ministry of Agriculture, prepared background information relevant to feed and dietary components, and played a key role as reviewer and technical editor. Ms. Erin Zoski, PFRA, Agriculture and Agri-Food Canada, served as a technical editor, and prepared the document for printing.

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## **1. INTRODUCTION**

### **1.1 The Significance of Water Quality in Livestock**

Water is an essential nutrient which is involved in all basic physiological functions of the body. However, it is important to note that water, relative to other nutrients, is consumed in considerably larger quantities. Therefore, water availability and quality are extremely important for animal health and productivity. Limiting water availability to livestock will depress production rapidly and severely, and poor quality drinking water is often a factor limiting intake. Considering that water is consumed in large quantities, if water is poor quality, there is an increased risk that water contaminants could reach a level that may be harmful.

The water requirement and intake in livestock may vary depending on species and breeds of livestock, animal status, production mode, environment or climate in which livestock are raised. All these variables are directly or indirectly relevant to several aspects of water metabolism and physiology. In this context, it is necessary to understand water quality issues from the perspective of water intake physiology.

### **1.2 Brief Overview of Water Physiology**

In order to maintain a physiological balance of water, most animals have to drink every few days to survive, and at least every other day to be productive. However, with regard to highly producing animals, provision of a large amount of clean, fresh water is essential.

The requirement for water is influenced by numerous factors such as the animal's activity, air temperature, humidity, respiratory rate, water intake, feed consumption, and several physiological factors such as age, reproductive status (e.g. dry, pregnant, lactating), milk production and many other factors.

#### ***1.2.1 Water Intake Physiology***

***Gains and Losses of Water:*** The vast majority of water required by animals is obtained by drinking water. Intake of liquid dietary components containing high levels of water such as milk, by-products from the dairy industry, sugar industry by-products, liquid distiller grain by-products, etc. may fulfil a significant proportion of daily water requirement. Animals can obtain a substantial amount of water by eating feedstuffs containing high levels of moisture (e.g. lush pasture). Metabolic water is acquired in the oxidation of various dietary constituents (although feed itself may be limiting at times). Limited amounts of water can be supplied by absorbing water through the skin.

***Water Turnover and Body Water Pool:*** Water is lost mostly through feces and urine, in respiration from the lungs and as sweat. There is a strong correlation between metabolic rate and body water turnover. Water turnover can be expressed in relation to

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the size of the body pool rather than to body weight. For practical purposes, the body water pool is taken as 70% of live weight.

Metabolic rate and water turnover are higher in young and highly productive animals, and lower in older or less productive animals. However, water turnover may vary considerably depending on species specific physiological characteristics. For instance, in comparison to cattle, sheep and goats are more economical with water, turning it over at a rate of only 50-60% that of cattle in the same environment.

The greatest metabolic and physiological strain is placed on highly producing animals during lactation. Efforts of synthesis increase both energy and water consumption rates by 40-60%.

### ***1.2.2 Water Quality Issues in the Context of Drinking Behaviour***

Drinking is a vital part of the daily activities of livestock, particularly in the summer. Given a choice, cattle would prefer to drink water with moderate temperatures, rather than very cold or hot water, but overall, the temperature of drinking water has only a slight effect on drinking behaviour and animal performance. Observations on the behaviour of cattle in the field indicate that cattle having access to fresh water will consume more forage.

### ***1.2.3 Water as a Coolant***

Water metabolism is essential to the maintenance of body temperature. Ruminants such as sheep, goats and cattle dissipate internal and absorbed heat by evaporation of body water. The economy of water use is a desirable feature for livestock in arid or semi arid regions, but other factors such as food intake or growth rate may also be important. In animals exposed to heat there is an increase in water consumption.

### ***1.2.4 Water Quality***

The key properties that must be taken into consideration while assessing water quality for livestock include:

- sensory (organoleptic) attributes such as odour and taste,
- physiochemical properties (pH, total dissolved solids, hardness),
- chemical composition
  - toxic compounds (heavy metals, pesticides, herbicides, hydrocarbons, etc),
  - excess minerals or compounds such as nitrates, sodium sulphates,
  - biological contaminants (bacteria, algae, viruses).

The most common water quality problems affecting livestock production include high concentrations of minerals, sulphates, nitrates and nitrites, bacterial contamination,



heavy growth of blue-green algae and chemical contamination associated with agricultural and industrial activities.

As the adverse effects of water contaminants are directly related to the amount consumed, the greatest impact of water contaminants to livestock is often observed during hot weather when large volumes of water are consumed, and in particular when animals are fed low moisture feed.

River water is generally considered safer than pond or well water, because a large body of free flowing water provides more opportunities for natural biological decontamination processes. Nitrates may build up in well water by leaching of manure down through the soil or along the casing of a poorly constructed well. However, high nitrate water levels may come from other nitrogen sources, such as crop fertilizers. Water nitrate levels may fluctuate widely in surface water, but they are generally highest following wet periods and lowest during dry periods of the year.

Water quality may have significant impacts on an animal's production and health, therefore water for livestock should be tested periodically.

**Water Sampling and Testing:** Water for livestock should be tested periodically, in order to avoid problems that potentially may arise from poor water quality. Possible problems with water contamination can occur at the source (inherent factors) or at the level of watering device (acquired factors). Occasionally it may be necessary to distinguish the cause of contamination, and therefore a water samples representative of the source and watering container or device should be used for analysis.

***It is important to stress that water quality may change over time, and therefore one should not rely on past analysis. Water testing should be done routinely, preferably every year, or at least every 2 years under normal circumstances, whereas any unusual situation such as changes in water smell, clarity, taste, or changes in animals eating or drinking habits, loss of performance, or health problems should immediately trigger the need for water testing.***

Analysis should be done by an accredited laboratory. Producers should consult with their veterinarian or livestock specialist for assistance in selecting a laboratory. The scope of analytical objectives for water contaminants may vary depending on specific location or circumstances. Although this guide may provide basic information and tools for interpretation of water quality requirements, in more complex situations it is advisable that producers seek assistance in selecting more specific tests and interpreting the results.

## Introduction

An example of water analysis results for livestock water quality purposes under most common circumstances is presented in Table 1.1

**Table 1.1 Example of water test results detailing tested parameters and their concentration.**

Sample Details/Parameters		Result	Qualifier	D.L.	Units	Extracted	Analyzed
L111346-1	WELL WATER						
Sample Date:							
Matrix: WATER							
<b>Basic Livestock Suitability</b>							
Iron (Fe)-Extractable		10.1		0.005	mg/L	23-MAY-03	23-MAY-03
Chloride (Cl)		7		1	mg/L	26-MAY-03	26-MAY-03
Nitrate		<1		1	mg/L	29-MAY-03	29-MAY-03
<b>pH and Conductivity</b>							
TDS (Calculated from EC)		1660		1	mg/L	23-MAY-03	23-MAY-03
pH		7.2		0.1	pH	23-MAY-03	23-MAY-03
Conductivity (EC)		2600		0.2	uS/cm	23-MAY-03	23-MAY-03
<b>ICP Cations and Hardness</b>							
Calcium (Ca)		357		1	mg/L	26-MAY-03	26-MAY-03
Potassium (K)		12		1	mg/L	26-MAY-03	26-MAY-03
Magnesium (Mg)		180		1	mg/L	26-MAY-03	26-MAY-03
Sodium (Na)		79		1	mg/L	26-MAY-03	26-MAY-03
Sulfate (SO <sub>4</sub> )		1190		0.5	mg/L	26-MAY-03	26-MAY-03
SAR		0.9		0.1	SAR	26-MAY-03	26-MAY-03
Hardness (CaCO <sub>3</sub> equivalent)		1630		1	mg/L	26-MAY-03	26-MAY-03

## 1.3 Understanding Water Quality Problems

The Federal, Provincial and Territorial governments -- through the mechanism of the Canadian Council of Ministers of the Environment (CCME) -- develop *Canadian Environmental Quality Guidelines* which is a set of non-binding recommended limits for a variety of parameters that affect water quality for humans, irrigation, recreation, and livestock.

With respect to livestock, there is plenty of information on water quality requirements, but very few practical solutions to deal with problems. For instance, according to the Canadian Guidelines, only high quality water should be available to livestock. In reality, it is often not practically possible to reach the official goals/guidelines due to unavailability of good quality water.

***It will be some time before economically acceptable technology for water purification, at a scale required by the livestock industry, is developed. Therefore, in the present situation utmost attention should be focused on development of strategies for the management of current problems.***

Identification of water contaminants is an essential component in the management of the associated problems. Most certainly, from the perspective of water quality specialists or veterinarians, knowledge on how to recognize the various problems associated with water contaminants is essential for the rapid detection of problems and effective management of the adverse effects. However, livestock producers should also have a basic understanding of possible adverse effects associated with water contaminants.

### 1.4 Management of Water Quality Problems

In the situation where water for livestock contains contaminants, water treatment should be recommended. However, if this is not practical, management of the potential risk associated with water must be approached from a local perspective with thorough consideration of any other contributing risk factors (feed, environment, etc.).

Intake of many elements that are excessive in water can be effectively managed through appropriate ration formulation. Thus, a solid understanding of the specific regional issues of water quality for livestock is important.

***The problem of water contaminants in livestock should be recognized as early as possible, and definitively before the signs of adverse health effects are showing. Both producers and water specialists ought to be trained on how to recognize subtle adverse effects on growth rate, feed conversion ratio, reproductive success, milk yield, and product quality.***

The importance of interactions of water contaminants with factors such as production mode or the nutritional and physiological status of the animal must be fully appreciated. In order to understand and recognize subtle problems resulting from water quality in livestock, it is important to understand how water contaminants affect physiological and biochemical parameters.

The current water quality guidelines provide recommendations of values for each contaminant. However, it is important to stress, that in view of the current knowledge, the effects of individual water contaminants cannot be deliberated as a “stand alone” problem, but rather must be considered in the context of complex interactions with other dietary and/or environmental variables with a strong analytical emphasis on the potential adverse effects resulting from:

- cumulative effects
- additive effects
- synergistic effects

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Further, it is important to understand that the risk of adverse effects associated with any particular individual contaminant in the water should not be dismissed based exclusively on a perceived safe concentration in water. This is because if the same factor is also present in the feedstuffs, along with the water contribution, the cumulative content of this contaminant may exceed the threshold and trigger metabolic or even toxic effects.

***In order to provide a solution to the many problems that may be associated with a wide range of water contaminants, the current approach to management of water quality issues in livestock must take into consideration direct effects of water contaminants, as well as their interactions with other dietary components.***

**1.4.1 Importance of Water Intake:** When evaluating the impact of water contaminants, it is important to consider water intake. From management of water quality problems, it seems obvious that when water intake increases, intake of any contaminant present in this water is increased in the same proportion, yet the impact of water intake is frequently underestimated in many popular publications. Therefore, it is important to remember that daily water intake varies widely depending on class of livestock, animal activity, and environmental temperature, and is greatly influenced by physiological variables including: 1) production parameters, 2) developmental stage, 3) age, 4) physiological status, and 5) nutritional status. It has to be stressed that these variables are of enormous importance in terms of susceptibility to adverse reactions.

## **1.5 Effects of water quality on feed and water intake**

Several water quality parameters such as pH, salinity, odour, taste etc., may affect palatability. Contaminants in water may affect intake of both water and feed, but the responses may vary depending on specific metabolic features of animals.

For instance, high sulphate levels in water significantly decreased water intake in cattle (Weeth and Hunter, 1971; Grout *et al.*, 2006). Reduction of TDS in water from about 4,400 to 440 mg/L resulted in increased water intake and feed intake (Challis *et al.*, 1987). If water quality affects feed intake, reduced feed consumption may affect performance (Weeth and Capps, 1972; Loneragan, *et al.*, 2001). Moreover, the specific features of sulphur metabolism in ruminants may result in a wide range of metabolic effects associated with high levels of sulphate in drinking water (for details see section on sulphur).

On the other hand, in animals that do not metabolize water contaminants such as sulphate, the responses may be completely different. For example in weanling pigs

offered high TDS and sulphate drinking water, the intake of water actually increased (Maenz *et al.*, 1994), and no overt metabolic effects were observed.

Horses are more sensitive to some specific aspects of water quality. Although the risk of direct health effects associated with water contaminants is relatively low, water quality may have a tremendous impact on water palatability, and water intake by horses may decrease substantially when water is poorly palatable. Inadequate water intake may increase the risk of intestinal impactions and colic. Further, dehydration may be detrimental to the horse's health, and deficiency of water may result in death.

### 1.6 Water Quality Guidelines

Water quality guidelines are developed to allow assessment of the acceptability of water for the specific purposes. The Canadian Council of Resource and Environment Ministers developed extensive guidelines for livestock in 1987 (CCREM, 1987) based on the existing guidelines from other countries or from provinces. As additional scientific information became available, many of the livestock guidelines were revised, the last revision occurring in 2005.

The existing CCME water quality guidelines are developed only for the protection of the animal and do not address potential accumulation of contaminants that may be passed on to consumers through milk or meat. Accumulation of the contaminant from other sources, such as feed is sometimes addressed, often with the addition of a safety factor of about five times. The variability in sensitivity for different species and life stages is addressed by basing the livestock drinking water quality guidelines on the most sensitive species at its most sensitive life stage (i.e. to safeguard animal health). An uncertainty factor is often applied based on the quality and extent of the data. Antagonistic or synergistic aspects between various contaminants are rarely addressed as these factors complicate an already complex and challenging guideline derivation. Succinctly stated, synergistic effects of multiple contaminants in water, feed and environmental exposure, is not well understood. For more information on the derivation of the CCME water quality guidelines for livestock, refer to the "Protocols for Deriving Water Quality Guidelines for the Protection of Agricultural Water Uses (Irrigation and Livestock Water) published in the Canadian Environmental Quality Guidelines by the Canadian Council of Ministers of the Environment, 1999 (<http://documents.ccme.ca/download/en/131/>)

The water quality guidelines for livestock drinking water must be approached with an understanding of the challenges in identifying a single value for each contaminant and the factors that are applicable for specific situations. For instance, on the assumption that most guidelines are conservative, a mature bull, in a cool environment with high moisture feed will likely tolerate water sulphate at a much higher concentration than specified by the guidelines. On the other hand, for a young calf grazing on dry grass in extremely hot weather, the CCME guidelines for contaminants such as sulphate or nitrate may exceed tolerance levels, especially if sulphur or nitrate contributions from

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feed are already marginally high (for more details see sections on sulphate and nitrates respectively).

The goal of a guideline in livestock drinking water is to ensure that concentrations of contaminants less than the guideline will ensure no significant health or production effect. Where data is sparse or lacking, guidelines may be based on protocols used for assessment of drinking water standards for humans. Application of these protocols for derivation of the livestock water quality guidelines results in values that are often excessively conservative.

Many provinces rely on Federal livestock drinking water guidelines, and in some cases these guidelines are used to approve the development of intensive livestock operations. While much is not fully understood about the complex nature of water quality on animal health and livestock food products (meat, dairy), water quality is clearly a critical input factor in livestock production and must not be taken for granted. Conversely, guidelines that may be too conservative could have an impact on the cost of production, and unnecessarily negatively impact the sector. Provincial governments need to be cautious in using CCME guidelines in a regulatory fashion, as the acceptable concentration of a contaminant is very situational. As knowledge improves, both regulators and the livestock sector will be able to make better decisions regarding the acceptability of water for specific applications.

Decisions to improve poor quality source waters used for livestock drinking water by using water treatment devices or procedures should be based on economics combined with a better understanding of water related factors and how these may impact animal health, animal production, and product quality. Such an approach will allow improved decision-making, healthier animal populations, reduced risk management in livestock production, and better market potential for a safe and healthy food product.

The present document provides additional information to enhance the understanding of factors that may play a role in the evaluation of the livestock drinking water guideline value for a specific situation. Over time, it is expected that the CCME guidelines will be refined as new scientific information becomes available.

The following table summarizes the 2005 CCME guidelines for substances other than pesticides.

**Table 1.2 CCME (2005) Livestock Guidelines for Selected Constituents**  
(for complete table see Appendix A)

Water Contaminant *	CCME Guideline (mg/L)	Date Introduced or Revised
Arsenic	0.025	1997
Cadmium	0.08	1996
Calcium	1000	1987
Cyanobacteria	Avoid heavy growths	1987
Chloride	None	
Chromium	0.05	1997
Cobalt	1.0	1987
Coliforms, fecal**	None	
Coliforms, total**	None	
Colour***	Narrative	1999
Copper	0.5 to 5.0	1987
Cyanide	None	
Fluoride	1 to 2	1987
Hardness	None	
Hydrogen Sulphide	None	
Iron	None	
Lead	0.1	1987
Magnesium	None	
Manganese	None	
Mercury	0.003	1987
Molybdenum	0.5	1987
Nickel	1.0	1987
Nitrate + Nitrite	100	1987
Nitrate nitrogen	23	1987
Nitrite	10	1987
Nitrite nitrogen	3.0	1987
Potassium	None	
Selenium	0.05	1987
Silver	None	
Sodium	None	
Sulphate	1000	1987
TDS	3000	1987
Uranium	0.2	1987
Vanadium	0.1	1987
Zinc	50	1987

Source: CCME Canadian Water Quality Guidelines for the Protection of Agricultural Water Uses – Summary Table – Update October 2005

\* CCME factsheets exist for arsenic, cadmium, chromium and colour. See Canadian Guidelines for the Protection of Agricultural Water Uses – Arsenic, 1999; Cadmium, 1999; chromium, 1999; Colour, 1999 (<http://documents.ccme.ca/>)

\*\* CCME 1987 suggests that only high quality water should be provided to intensive livestock operations\*\*\*

Narrative suggests a guideline similar to that for humans which is an aesthetic objective of 15 TCU. See Canadian Guidelines for the Protection of Agricultural Water Uses – Colour, 1999 (<http://documents.ccme.ca/download/en/114/>) for more information



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## **2. MICROBIOLOGICAL CONTAMINANTS**

### **2.1 Cyanobacteria**

Natural toxins originating from cyanobacteria (blue-green algae) are a primary concern in drinking water for livestock. Toxigenic species occur in at least 18 genera.

Cyanobacteria are known to produce acute hepatotoxins, cytotoxins, neurotoxins, and toxins causing gastrointestinal disturbance.

Cyanobacteria may grow in surface waters of freshwater lakes and rivers throughout the year, but are typically very prevalent during the summer months when they may bloom and pose a risk to livestock. Evidence is emerging that the number of incidences of cyanobacterial blooms has been increasing in recent years. It has been hypothesized that one of the reasons for the apparent increase is a corresponding increase in the load of nutrients such as nitrogen and phosphorus in the water (Chambers *et al.*, 1997).

Cyanobacteria in drinking water sources are an important health issue in both humans and animals (Chorus, 2001). Livestock deaths have been attributed to cyanobacterial toxins (Puschner *et al.*, 1998). The problems occur across Canada, but are particularly prevalent in the Prairies where cyanobacterial poisoning has resulted in a number of livestock deaths (Manitoba Environment, 1998).

In Saskatchewan many cattle die every year from drinking water containing toxins. According to Peterson (2000), it is highly likely that fatalities in livestock are greatly under-reported because there is lack of expertise in accurately recognizing cyanobacterial poisoning.

Stagnant waters or those with decreased rate of flow may encourage the growth of cyanobacteria. Heavy algae growth occurs most commonly during summer and fall in shallow, calm water rich in organic nutrients. Water bodies that are protected from the wind and those without aeration are prone to producing prolific cyanobacterial growth. Microcystin and an alkaloid hepatotoxin are considered to be the major toxic agents. There are several other species of algae that contain a variety of toxins.

Heavy cyanobacteria growth does not necessarily mean high levels of toxin. The trigger for cyanobacteria to produce toxins is not completely understood. If the cyanobacteria growth is not of the *Microcystis* species, there is a low probability of having high toxin levels.

Identification of cyanobacteria and especially the *Microcystis* species is difficult. An expert can identify the various species under a microscope, however, in the field one can only determine whether the bloom is filamentous (stringy) or planktonic. Filamentous algae are easily removed from water by hand whereas planktonic algae/cyanobacteria are single celled and will slip through your fingers. No toxin-producing cyanobacteria is of the filamentous type. Some laboratories provide determination of the algae species and the Saskatchewan Provincial Laboratory was

## Microbiological Contaminants

providing a test for Microcystin LR in 2008. More information is available in the publication “*Algae, Cyanobacteria and Water Quality*” available from AAFC-PFRA Water Quality Division.

Cyanotoxin toxicological tests clearly demonstrate that these toxins have adverse health effects. There is plenty of information available regarding acute toxicity associated with cyanotoxins in livestock, but the levels of toxins causing sub-clinical problems in livestock are poorly characterized. Only a few toxicological trials attempted to determine safe levels of intake of cyanobacterial cells or toxins for domestic animals, and the research is fragmented and the findings are inconclusive. Table 2.1 provides guidelines extrapolated from known toxic effects at Lowest Observed Adverse Effect Level (LOAEL).

**Table 2.2 Guideline for calculated tolerance levels (No Observed Effect Level) of microcystin LR toxicity equivalents and number of cell of *Microcystis aeruginosa*.**

Livestock Category	Body weight (kg)	Peak water intake L/day)	Calculated Total Toxin Level (µg/L)	Equivalent Cell Number (cells/mL)
Cattle	800	85	4.2	21000
Sheep	100	11.5	3.9	19500
Pigs	110	15	16.3	81500
Chicken	2.8	0.4	3.1	15500
Horse	600	70	2.3	11500

Adopted from ANZECC 2000.

Considering that some cyanotoxins can induce severe injury to the liver, it is very likely that even sub-clinical effects can be of toxicological significance. In view of the possibility of liver damage, even at a sub-clinical level, adverse effects of other water born contaminants may be exacerbated, because liver is the primary organ responsible for detoxification of any ingested toxins.

***The potential adverse effects associated with long term, low level exposure to cyanotoxins are poorly understood, but the problem of such exposure is not a trivial issue, because cyanotoxins in water may persist long after the bacteria has died out, particularly when cyanobacteria are killed with the help of algaecides.***

**Management Options:** It is recommended that water contaminated with cyanobacteria should be avoided until the level of toxins is determined or until the water is treated and toxins are allowed to dissipate.

The prevention of cyanobacterial blooms is a more cost effective means of reducing risk of toxicity than the typical water treatment process. Reducing the growth potential of cyanobacteria, by lowering nutrient availability, should be the primary goal for reducing the risks associated with cyanobacterial blooms (Downing *et al.*, 2001).

A common approach to eliminating blooms is the use of chemical algaecides. Some references suggest that copper sulphate added to pond water up to a concentration of 1 ppm (1 mg/L) has been used successfully to kill algae blooms, but will probably be harmful to other types of aquatic life. AAFC-PFRA recommends a lower dosage, from 0.06 to 0.25 mg/L based on the surface area of the water body. Treatment at the beginning of the bloom at a low dosage is more effective than later treatment as it allows the zooplankton to populate and assist in control of algae and cyanobacteria.

***It has to be remembered that a sudden release of toxins can occur when cyanobacterial blooms die. Hence, the risk of toxicity may not be effectively eliminated using chemical algaecides, and in fact the risk of exposure to toxin may increase if the application is introduced at the wrong time.***

For more information on chemical treatment of water refer to the publication “Copper Treatments for Dugouts” available from the AAFC-PFRA Water Quality Division.

## 2.2 Pathogens: Bacteria, Protozoa, Viruses

A variety of microbial pathogens can be transmitted to livestock from drinking water sources contaminated by a wide assortment of causative factors. The risk of contamination is greatest in surface waters (dams, lakes, dugouts, etc) that are directly accessible by stock, or, that receive runoff or drainage from intensive livestock operations or human waste.

Historically, the incidence of groundwater contamination by pathogens, particularly deep wells, has generally been considered to be low. However, in recent years, agricultural activities focused on large intensive livestock operations created localized environmental conditions where the possibility of biological contamination of ground water has become a major concern. In particular, shallow groundwater supplies in sandy soils are at high risk of being contaminated. Poorly sealed and located wells also are responsible for a large percentage of contaminated aquifers.

## Microbiological Contaminants

The pathogens of greatest concern in water supplies for farm animals include enteric bacteria such as *E. coli*, *Salmonella* and *Campylobacter jejuni*. Other bacterial diseases known to affect livestock that may be transmitted through water supplies include *Leptospira*, *Burkholderia* (*Pseudomonas*) *pseudomallei*, and *Clostridium botulinum*. Water supplies have been implicated in infections such as Newcastle Disease and Infectious Bursitis in poultry (CCREM 1987). Hence, a number of serious pathogenic conditions in farm animals caused by bacteria and viruses can be transmitted via contaminated water sources.

Notably, a very important (and probably most likely), cause of biological contamination of water sources is associated with the animal industry itself. For instance, in the situation of intensive livestock operation, the risk of water source contamination with animal waste may be very high. One way to assess water quality for microbial contamination with pathogens of animal origin is to measure numbers of bacteria that are likely associated with animal waste. For this purpose, indices such as water counts of coliform bacteria or *E.coli* are most commonly used, because these kinds of microorganisms are common in animal feces. Excessive presence of these bacteria in drinking water indicates poor hygiene.

Presence of *E.coli* in drinking water for human consumption usually triggers immediate administrative action. However, strict tolerance values for livestock have not been investigated. In most jurisdictions, it is generally recommended that drinking water for livestock should contain less than 100 coliforms/100 mL.

The following table summarizes the levels of coliform bacteria and *E.coli* found in the groundwater in Saskatchewan.

**Table 2.2 Total Coliform Bacteria and *E.coli* Bacteria Counts in Saskatchewan Groundwater.**

	Coliform Bacteria		<i>E.coli</i> Bacteria	
Bacteria Counts (CFU* per 100 mL)	No. of Samples	Percent of Total	No. of Samples	Percent of Total
≤1	2164	74.7	321	99.1
1 to 10	278	9.6	2	0.6
10 to 100	271	9.3	1	0.3
>100	185	6.4	0	0.0

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

\*CFU - colony forming units

As evidenced by data presented above, the bacteria levels in groundwater appear to be generally low, but such data must be interpreted cautiously. A low count at the source level does not mean that there is no problem. Recent studies suggest that bacterial

contamination of drinking water at the point of watering may be a concern (Van Donkersgoed *et al.*, 2001; Sargeant *et al.*, 2004).

The amount of bacteria in surface water depends on the number of livestock and wildlife in the vicinity of the dugout and the source of the water. Dugouts in rural areas that are not contaminated usually have *E. coli* counts of 20 to 100 per 100 mL, with wildlife being the predominant source. With direct watering of cattle, these counts may increase to greater than 10,000 counts per 100 mL for extreme cases.

Of particular importance is the risk of contamination with a specific pathogen *E. coli* O157. These bacteria have been detected in cattle water sources, including ponds, free-flowing water such as streams, as well as water tanks (Faith *et al.*, 1996; Hancock *et al.*, 1998; Shere *et al.*, 1998; Van Donkersgoed *et al.*, 2001; Renter *et al.*, 2003).

### **2.2.1 Risk Associated with *E. coli* O157**

The bacteria, *E. coli* O157:H7 and the *E. coli* O157:H-non-motile variants, generally referred to as *E. coli* O157, have become a significant public health concern throughout the world. From the perspective of livestock water quality issues, these bacteria should be recognized as a potential hazard because of its ability to survive and multiply in water (Armstrong *et al.*, 1996; Coia, 1998; Wang and Doyle, 1998).

Cattle are considered a primary source of these bacteria, and water contaminated with cattle feces, as well as direct or indirect contact with live cattle, are considered major routes of human infection. Cattle that carry *E. coli* O157 are asymptomatic, but in humans this pathogen creates severe disease, and in many cases is the cause of death. The risk to the general population from contaminated water sources is very high (remember Walkerton, ON).

It is noteworthy that pathogenic *E. coli* O157 can easily be disseminated among cattle through contaminated water sources (Shere *et al.*, 1998), and drinking water can be a long-term reservoir and a persistent source of cattle exposure (Lejeune *et al.*, 2001).

***Although cattle that carry *E. coli* O157 are not affected, these bacteria are important human pathogens. The mere presence of these bacteria in water sources may increase the risk of product (milk, meat) cross-contamination, which may have far reaching consequences on consumer confidence. Thus, water quality programs should be among the key control points in farm pathogen reduction strategies.***

## ***Microbiological Contaminants***

At the herd level, *E. coli* O157 is ubiquitous in both dairy and beef cattle operations (Faith *et al.*, 1996; Hancock *et al.*, 1998; Shere *et al.*, 1998; Van Donkersgoed *et al.*, 2001; Renter *et al.*, 2003). In situations more specific to the feedlot environment, contamination of drinking water with *E. coli* O157 appears to be wide spread problem.

VanDonkersgoed *et al.*, (2001) reported the presence of these bacteria in 12% of water tanks from pens containing pre-slaughter cattle. A more recent study (Sargeant *et al.*, 2004) showed at least one water tank was positive for *E. coli* O157 on 60% of the feedlots.

The health hazards associated with pathogens in both humans and livestock are well documented. A contaminated water supply may introduce high numbers of organisms into a group of animals, and this scenario may create a significant 'multiplier' effect through the food chain. The potential impact of pathogens such as *E. coli* O157 must be taken seriously in the context of water quality issues. In modern agriculture, strict management of water supplies for livestock must take into consideration contamination with water-borne microbial pathogens. The effort to address these problems should be focused on protection of water sources from contamination.



### 3. WATER REQUIREMENTS FOR HORSES

#### 3.1 Water Supply

An adequate supply of good-quality, palatable water is essential for horses, but the exact water requirements in the horse are difficult to define because numerous dietary and environmental factors affect water absorption and excretion. Under proper management, the horse should have free access to fresh, clean water at all times.

In the horse, water is absorbed from most sections of the digestive tract. After a meal, water is needed in the gut to dilute the digesta and maintain the uniform consistency of the digesta throughout the gut. If water is consumed without any food being eaten, the water is absorbed more rapidly and completely. Dietary factors that may affect absorption include complex polysaccharides. These compounds tend to form gels in the gut and reduce water absorption.

The regulation of drinking is a highly complex physiological process, induced as a result of dehydration of body tissues. Most animals drink during or soon after eating and frequency of drinking and the water consumed increase in hot weather. When an animal is thirsty salivary flow is usually reduced, and dryness of the mouth may stimulate drinking.

Physiological variables such as age, growth rate, or lactation are major factors influencing water requirements for horses. Adult horses conserve body water more efficiently than foals, so foals dehydrate more quickly than adults. Adult horses at maintenance require a minimum of 2 litres of water per kg of dry food, whereas young growing horses may require 3 litres per kg of dry food. An adult horse needs about 5 litres of water per 100 kg of bodyweight for maintenance. Foals have a greater requirement for water than an adult horse in proportion to their size (Table 3.1).

**Table 3.2 Changes in daily water intake of growing foals.**

<b>Age (days)</b>	<b>Water intake (kg)</b>
11-18	Nil
30-44	3.9
60-74	5.5

Adopted from (Martin *et al.*, 1992).

The horse's water requirements may vary substantially depending on ambient temperature and humidity, water loss (e.g. sweating, urine condensation), and water content of feed. As in other animals, water requirements increase as environmental temperature increases. For instance, a rise from 15°C to 20°C in temperature will increase water loss by 20 per cent and therefore will increase an adult horse's water requirement by about 5 litres. However, from a water physiology stand point, higher water needs are mainly associated with the rate of water loss.

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Feed composition has also a major impact on water intake. The amount of water provided by green forage can be very substantial. In fact, the resting horse grazing grass with moisture content over 70% may not need to drink any water. On the other hand, diets that are dry or high in salt will increase the horse's thirst.

### **3.2 Water Deficiency**

Inadequate water intake is detrimental to the horse's health, and deficiency of water may result in death. The signs of inadequate water intake include decreased dry feed intake, followed by decreased physical activity. Inadequate water intake may increase the risk of intestinal impactions and colic.

Water deprivation for 24, 48, and 72 hours decreased the normal resting horse's body weight 4%, 6.8%, and 9%, respectively, when the ambient temperature was 63-81°F (17- 27°C). At an ambient daytime maximum temperature of 104°F (40°C), body weight decreased 11 to 13% after 60 hours, and 14 to 16% after 72 hours of water deprivation. Signs of dehydration, such dry mouth and sunken eyes are evident when 6% or more loss of body weight has occurred.

Water quality may have a tremendous impact on water palatability, and water intake may decrease substantially when water palatability is poor.

### **3.3 Water Quality**

The single most reliable indication of water quality for horses is the amount of total dissolved solids (TDS) in the water. A TDS of 6,500 ppm constituting common mineral contaminants is generally considered the safe limit in water for horses. However, if the bulk of TDS is comprised mainly of minerals that may cause adverse effects, this parameter must be interpreted cautiously.

Horses can tolerate fluoride intakes two to three times greater than cattle. According to Lewis (1995), water fluoride at a concentration of 4 ppm is considered to be marginally safe for horses, but water containing more than 8 ppm should be avoided.

Chronic selenium toxicity has been reported as a result of consumption of water containing 0.0005 to 0.002 ppm selenium, but short term intake of water with Se concentrations below 0.01 ppm are not generally considered harmful.

Horses may develop some degree of adaptation to some water contaminants. For instance, water sulphate concentrations exceeding 1000 ppm may initially cause diarrhoea, but horses following adaptation can tolerate two to three times this concentration.

It is generally assumed that minerals such as sodium, potassium, calcium, magnesium, iron, chloride, and sulphate at levels commonly found in water are not toxic to horses

under most practical circumstances. However, at very high concentrations, these contaminants may affect water palatability, and of course, this may lead to decreased water intake and dehydration.

On the other hand, many potentially toxic compounds present in water do not reduce water palatability and water intake, and therefore they are potentially more harmful than those that affect palatability. A number of compounds that may be present in water can pose a toxicological hazard.

Toxic water contaminants include pesticides, herbicides, heavy metals, nitrites/nitrates, industrial pollutant, and microorganisms. It is noteworthy that, in comparison to other classes of livestock, horses appear to have higher tolerance to some contaminants, but may be more susceptible to adverse effects of others. Table 3.2 presents the recommended upper limits for some compounds in drinking water for horses with a potential to become harmful.

Although horses may appear to be more tolerant to some water contaminants, it has to be stressed that water quality for horses may not present so much of an overt health problem, but rather an aesthetic issue. Some horses may be particularly choosy and outright reject contaminated water.

***In order to be unreservedly accepted by horses, water must be free from pollution by sewage, farm chemicals, or industrial contaminants.***

Nitrate toxicity is rare in horses, and if it occurs, is most often associated with high nitrate levels in forage. Nevertheless, water may contribute significantly to the overall burden of dietary nitrites/nitrates. Water containing high nitrate levels resulting from surface contamination from manure and barnyard runoff is usually also high in microorganisms.

In many situations, bacteria in water pose a greater threat than the other water contaminants. Most infectious diseases can be transmitted via contaminated water. The sanitary quality of water is expressed by counting numbers of coliform bacteria. Not all coliform bacteria are harmful, but their mere presence is a very sensitive indicator of poor sanitary status. Commonly, when coliforms are present, there is a high risk that other infectious bacteria and viruses may be present in the water. Potentially dangerous microbiological contamination can occur in drinking water. For instance, water polluted by urinary excretion of leptospira by rodents can cause abortion in mares and death of foals.

Horses are sensitive to algae and toxins produced by cyanobacteria (blue-green algae). It is recommended that water contaminated with algae should be avoided. Some

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species of cyanobacteria, which grow on pond and lake water, may result in poisoning. Cyanobacteria poisoning in domestic livestock may cause photosensitization, sudden death, weakness, bloody diarrhoea, tremors, and convulsions. Clumps of algae may be found in the gastrointestinal contents of animals that die suddenly. See Section 2.1 for more information on Cyanobacteria.

**Table 3.2 Recommended Upper Safe Levels of Water Contaminants for Horses. Column with values recommended for other classes of livestock is included for comparison.**

Water Contaminant	Horses (mg/L)*	Livestock (mg/L)**
Arsenic	0.2	0.025
Cadmium	0.05	0.08
Calcium	500	1000
Chloride	3000	NA
Chromium	1	0.05
Cobalt	1	1
Copper	0.5	0.5 to 5.0
Cyanide	0.01	None
Fluoride	2	1 to 2
Hardness	200	NA
Hydrogen Sulphide	0.1	NA
Iron	0.3***	NA
Lead	0.1	0.1
Magnesium	125	NA
Manganese	0.05***	NA
Mercury	0.01	0.03
Nickel	1	1
Nitrate	400	100
Nitrate nitrogen	100	23
Nitrite nitrogen	10	3
Potassium	1400	NA
Selenium	0.01	0.05
Silver	0.05	NA
Sodium	2500	NA
Sulphate	2500	1000
TDS	6500	3000
Vanadium	0.1	100
Zinc	25	50

\* Adopted from Lewis, 1995;

\*\* CCME Guidelines for Livestock (2005), NA-recommendation not available

\*\*\* Most likely for distribution purposes

## 4. WATER REQUIREMENTS FOR POULTRY

### 4.1 Water Supply

As with other animals, water for poultry must be regarded as an essential nutrient, and adequate supply of clean, good quality water is essential in order to fully utilise the potential of modern poultry genotypes selected for superior performance characteristics.

The requirement of poultry for water depends on numerous environmental variables such as temperature and relative humidity, the composition of the diet, and production parameters (growth rate, egg production). Examples of water consumption for various classes of poultry are presented in Table 4.2.

**Table 4.1 Water Consumption (ml of water per week per bird) in various classes of poultry.**

Age (weeks)	Broiler Chickens	White Leghorn Hens	Brown Egg Laying Hens	White Turkeys (Males)	White Turkeys (Females)
1	225	200	200	385	385
2	480	300	400	750	690
3	725	-	-	1135	930
4	1000	500	700	1650	1274
5	1250	-	-	2240	1750
6	1500	700	800	2870	2150
7	1750	-	-	3460	2640
8	2000	800	900	4020	3180
9	-	-	-	4670	3900
10	-	900	1000	5345	4400
11	-	-	-	5850	4620
12	-	1000	1100	6220	4660
13	-	-	-	6480	4680
14	-	1100	1100	6680	4700
15	-	-	-	6800	4720
16	-	1200	1200	6920	4740
17	-	-	-	6960	4760
18	-	1300	1300	7000	-
19	-	-	-	7020	-
20	-	1600	1500	7040	-

Based on data compiled from National Research Council, 1994.

Although there is large individual variability, it is generally assumed that water consumption in birds is approximately double the amount of feed consumed. Water intake can be influenced by diet form and composition. For instance, in comparison to mash diets, poultry offered pelleted or crumbled diets will increase both feed intake and

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water intake. Increasing crude protein in the diet will increase water intake. Also, dietary salt content will influence water intake.

### **4.2 Defining Water Quality Parameters for Poultry**

Drinking water used for poultry may contain considerable amounts of contaminants including various metals, sulphates, and nitrates. These compounds are usually readily absorbed from the gastro-intestinal tract, but in most practical situations, it does not appear that common water contaminants present any serious risk to poultry health. However, it should be noted that, although overt health effects are not likely to occur, water quality may have significant impact on production parameters in poultry highly selected for performance.

A high concentration of minerals (usually those associated with water hardness) may result in precipitation of salts in watering equipment, and this may restrict water flow, or in some situations, water lines may be completely plugged up. This may lead to inadequate water supply, and consequently water deprivation may occur. Water deprivation may have adverse effects on the growth rate in meat type poultry and egg production in laying hens. Water deprivation may result in increased morbidity and mortality.

It is important to stress that, if access to water is interrupted for a prolonged period of time, the restoration of watering must be managed carefully in order to avoid the situation where “water intoxication” may lead to mortality. Young turkeys are especially susceptible to this condition.

The commonly used parameters of water quality such as pH, hardness, or electrical conductivity are not very useful in predicting the effects of water contaminant on poultry performance. However, pH of water is likely the most important factor to consider while assessing the suitability of water as a medium for delivery of medication.

### **4.3 Potential Problems Associated With Water Contaminants in Poultry**

With the exception of some very specific localized situations, under practical conditions, most water mineral contaminants, including heavy metals, would not present serious health problems in poultry. However, the potential impact of water contaminants on product quality should not be ignored, as some compounds may be deposited in eggs, meat, or liver. Also, several studies suggested that water quality issues in poultry are of significance for optimal performance.

Research regarding water quality issues for poultry is fragmented and, for the most part, outdated. In the older literature several reports indicated drastic increases in the incidence of damaged eggshells associated with drinking water. Balnave and Scott (1986), who investigated an eggshell quality problem on a commercial farm, identified well water as a possible cause. The water was reported to contain 293 ppm Na, 38 ppm

Ca, 155 ppm Cl, 46 ppm SO<sub>4</sub>, and 49 ppm nitrate N. In subsequent experiments they found that adding low levels of NaCl, KCl, CaCl, MgSO<sub>4</sub>, CuSO<sub>4</sub>, or NaNO<sub>3</sub> to municipal drinking water over a 6-wk period substantially increased the incidence of cracked, broken, and soft shells, especially in those groups receiving the Cl ion.

However, most of the efforts in the past were devoted to investigation of salt (sodium chloride). The effects of salt on eggshell quality reported in the literature are highly variable. For instance, up to 6% dietary NaCl over a 21-d feeding period was not found to significantly reduce egg specific gravity by Damron and Kelly (1987). Adding up to 2,000 ppm NaCl resulted in more than half of the eggs from 80- to 95-wk-old hens showing defective shells (Yoselewitz *et al.*, 1988). The production of defective shells occurred more rapidly when saline water was given to 40-wk-old hens than to hens during the first few weeks of lay. But interestingly, saline drinking water in pullets before sexual maturity appears to have no detrimental effects on subsequent eggshell quality (Yoselewitz and Balnave, 1989). A more recent report by Pourreza *et al.*, (1994) showed mixed results. Eggshell thickness was reduced by 2,000 ppm NaCl in drinking water, but not by 1,000 ppm. In contrast to other literature reports, visually determined shell defects and egg specific gravity were not adversely affected by NaCl supplementation of layer drinking water (Damron, 1998, Chen and Balnave, 2001).

The effects of saline water on reproductive performance were studied by Zhang *et al.*, (1991). The incidence of eggs with defective shells doubled in hens receiving the saline drinking water at a level of 2 g NaCl/L. There was a significantly (twofold) higher incidence of embryonic deaths and a significantly lower (13%) hatchability of fertile eggs. For every 100 eggs laid, the numbers of settable eggs and chicks hatched were significantly reduced in hens receiving the saline drinking water. The saline water reduced the numbers of hatched chicks by 20%. The water treatment given to the cockerels had little effect on reproductive performance (Zhang *et al.*, 1991).

Studies on other contaminants of water are limited. In one study, Merkley and Sexton (1982) reported that fluoride at the level of 100 ppm in the drinking water did not affect reproductive performance of either pullets or cockerels, and no effects of fluoride on progeny growth were noted.

Interactions between drinking water contaminants and suboptimal nutritional status for performance and immune function in male broiler chickens were studied by Vodela *et al.*, (1997a,b). The latter authors investigated the effects of experimental drinking water containing a mixture of arsenic, benzene, cadmium, lead, and trichloroethylene (TCE) at low concentrations (0.80, 1.3, 5.0, 6.7, and 0.65 ppm respectively) and high concentrations (8.6, 13, 50, 67, and 6.5 ppm respectively). According to the authors, this set of chemicals was selected because they are among the most common contaminants found in ground water near hazardous waste sites. Both low and high concentrations of the chemical mixture, in comparison to chickens drinking normal water, affected feed consumption, body weight, and immune function. Interestingly,



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even at low concentration, the chemical mixture significantly decreased egg production and egg weight, and increased the percentage of embryonic mortality.

Recommendations with regard to maximum, tolerable, or threshold values for poultry water supplies vary substantially. For instance, reported tolerances for iron may range from 0 to 50 ppm, for nitrates from 20 to 200 ppm, for sulphates from 200 to 1000 ppm, and for sodium from 50 to 1000 ppm.

Without a doubt, the major source of this variation stems from the fact that past research investigated adverse effects of each element individually, and without accounting for total dietary burden, whereas there are many dietary and environmental interactions that influence tolerance to water contaminants.

Moreover, older information may not be applicable to modern poultry strains, which have been highly selected for superior performance. Definitely, there is a lack of research data that would consider recent knowledge on water physiology, nutrition, and toxicology.

### **4.4 Water Use to Combat Heat Stress**

Considerable research efforts with water have been centered around heat stress problems. Adding sodium chloride, potassium chloride, potassium sulphate or carbon dioxide to broiler drinking water has been shown to increase gain slightly and lower body temperature (Teeter, 1988). Most of this effect is probably attributable to the resulting increased water intake.

Cooling water to combat heat stress may be beneficial in some situations. Studies in broilers showed a benefit in daily gain from providing cool drinking water. However, work at the University of Florida showed that cooling hens' drinking water during hot daylight hours did not improve performance other than the shell and interior quality of eggs.

## 5. WATER REQUIREMENTS FOR RUMINANTS

### 5.1 Water Supply

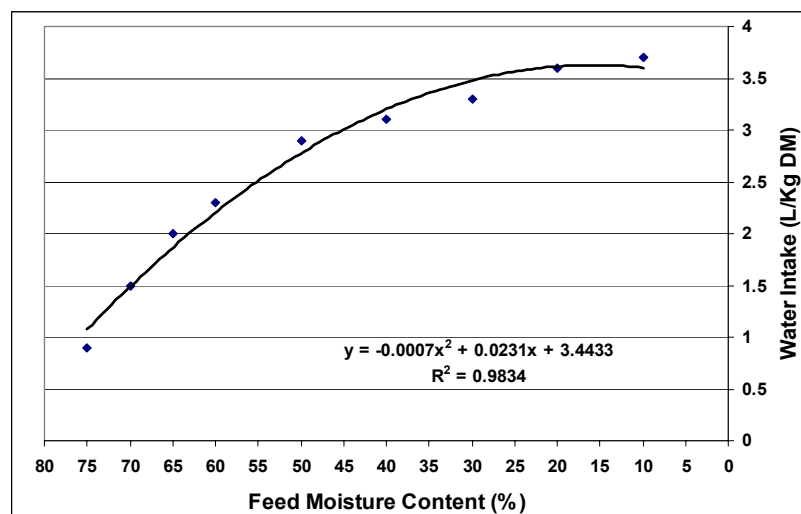
All ruminant livestock require considerable amounts of water to produce at a high level. The water requirements of ruminant livestock are provided essentially from three sources: 1) drinking water, 2) water present in feed, and 3) metabolic water, which is formed by the oxidation of nutrients and body tissues.

***It is important to remember that in order to perform at the maximum of their potential, highly producing animals need large amounts of good quality, clean, fresh water.***

#### 5.1.1 Effect of Feed on Water Intake

Dry matter content of the diet is one of the major factors affecting water intake. Diets high in salt, sodium bicarbonate, or protein appear to stimulate water intake (Holter and Urban, 1992; Murphy, 1992). Also, high-forage diets may increase water requirements (Dahlborn *et al.*, 1998). Holter and Urban (1992) reported that water intake decreased by 33 kg/d when diet DM decreased from 50 to 30%. Also, research by Stockdale and King (1983) demonstrated that cattle grazing pasture consumed only 38% of their daily water requirement.

Generally, as the feed moisture content decreases, the water intake increases in an almost linear fashion as demonstrated in Figure 5.1



**Figure 5.1. Correlation between level of moisture in the feed and water intake.**

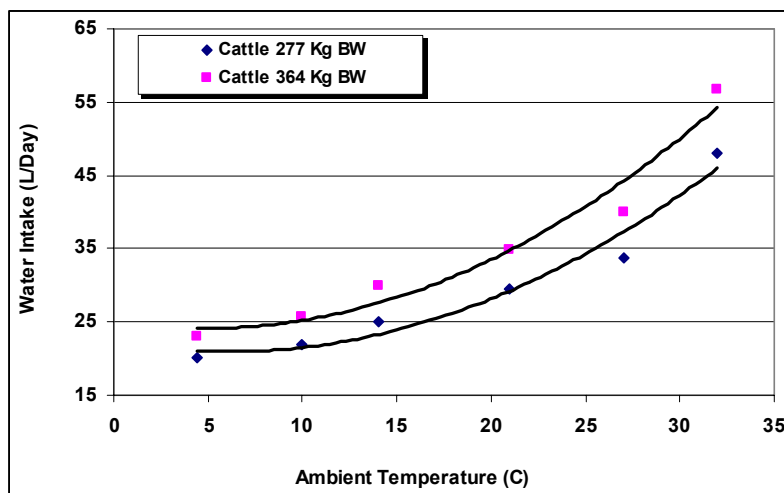
Graph was generated by the author based on information published by Hyder, *et al.*, 1968. J. Range Mgmt. 21:392.

## Ruminants

### 5.1.2 Effect of Environmental Temperature on Water Intake

In addition to feed moisture level, another variable that will have a major impact on water intake is environmental temperature. Water metabolism is essential to the maintenance of body temperature. Ruminants such as sheep, goats and cattle dissipate internal and absorbed heat by evaporation of body water. Animals exposed to heat will require more water because a relatively large proportion of the body water pool may be lost via respiration from the lungs and as sweat.

At an environmental temperature that causes no heat stress, water intake tends to be about 3-5 units per unit of dry matter in adults. Environmental temperatures determine water requirements, and in general, the water intake is correlated with the environmental temperature over a wide range of values. Figure 5.2 illustrates the correlation between ambient temperature and water intake.



**Figure 5.2 Examples of water intake changes as ambient temperature increases.**

It is noteworthy that water requirements for animals with different body weights vary in magnitude, but generally the temperature dependent increments are remarkably similar.

Graph was generated by the author based on information published by NRC, 1994.

For practical purposes, the data compiled in Table 5.1 is frequently cited in the literature and can be used as a guide to estimate water intake in various classes of beef cattle at different environmental temperature. Dry matter intake has a major impact on water intake. Therefore, during winter, because heavier animals are assumed to be in better body condition, they may consume less dry matter and thus require less water. However, this table does not take into account the level of moisture in the ration.

**Table 5.1 Water consumption rate in various classes of beef cattle with reference to environmental temperature.**

Weight (kg)	Water Consumption (Litres per Day at Different Temperature)					
	4.4° C	10° C	14.4° C	21.1° C	26.6° C	32.2° C
<b>Growing Cattle</b>						
182	15.1	16.3	18.9	22.0	25.4	36.0
277	20.1	22.0	25.0	29.5	33.7	48.1
364	23.0	25.7	29.9	34.8	40.1	56.8
<b>Finishing Cattle</b>						
273	22.7	24.6	28.0	32.9	37.9	54.1
364	27.6	29.9	34.4	40.5	46.6	65.9
454	32.9	35.6	40.9	47.7	54.9	78.0
<b>Wintering Pregnant Cows</b>						
409	25.4	27.3	31.4	36.7		
500	28.7	24.6	28.0	32.9		
<b>Lactating Cows</b>						
409	43.1	47.7	54.9	64.0	67.8	81
<b>Mature Bulls</b>						
636	30.3	32.6	37.5	44.3	50.7	71.9
727	32.9	35.6	40.9	47.7	54.9	78.0

(Data Adopted from National Research Council, 1974).

Environmental temperature also has an impact on water consumption in lactating cattle. The examples in Table 5.2 illustrate differences in water intake of dairy cattle at different milk production levels.

**Table 5.2 Differences in water intake in dairy cows of similar weight, but differing in milk production.**

<b>Lactating Cows (600 kg) Milk Yield (kg/day)</b>	<b>Water Intake at Temp 10°C</b>	<b>Water Intake at Temp 32°C</b>
15	59	89
30	92	146
45	124	203

As demonstrated above environmental temperature may substantially affect water intake, and this factor must be carefully considered and included in the overall evaluation of potential impact of water quality.

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At lower temperature, when water intake is decreased, a total amount of ingested contaminants will be lower in comparison to higher temperature, when water intake is higher. Therefore, relatively higher concentration of water contaminants may be tolerated by animals at lower temperature than at higher temperature.

***While considering the evaluation of potential adverse effects associated with water contaminants, it is very important to remember that the environmental temperature has a tremendous impact on water intake, and thus on intake of all contaminants present in this water.***

### **5.1.3 Difference in Water Intake in Various Types of Ruminant Livestock**

There is a shortage of published information on the water consumption for different classes of livestock under a variety of management and climatic conditions. It is important to note that water intake may vary drastically with the source of feed (feedlot vs pasture). Breeds of livestock, and sometimes strains within a given breed show significant differences in their water requirements. Young animals require more water than mature stock, whereas the requirements of pregnant or lactating animals are even greater. Table 5.3 provides an overview of approximate water requirements for a wide range of ruminant animals and production modes.

**Table 5.3 Examples of water intake by various classes of ruminant livestock.**

	<b>Approximate Water Consumption Levels (Litres per Day)</b>
<b>Beef</b>	26-66
<b>Feeder calves</b>	18-27
<b>Steers</b>	36-45
<b>Dairy</b>	28-110
<b>Dairy (maintenance)</b>	55-68
<b>Dairy (lactating)</b>	68-114
<b>Calves (4-8 weeks)</b>	4.5-6.8
<b>Calves (12-20 weeks)</b>	9.1-20
<b>Calves (26 weeks)</b>	17-27
<b>Heifers (pregnant)</b>	32-45
<b>Lambs (weaned)</b>	3.5-4.0
<b>Ewes (dry)</b>	4.0-5.0
<b>Ewes (lactating)</b>	4.0-12.0
<b>Goats</b>	3.0-15

There is no recently published data on specific water requirements of modern livestock. The issue is complicated further by the fact that many values cited are based on data from outdated research.

Attempts have been made to fit the water requirements into a mathematical model. A water equation for feedlot steers recommended by NRC based on work by Hicks *et al.*, (1988) is as follows:

Water intake (L/day) can be calculated using the following formula:

$$\text{Water intake} = -18.67 + (0.3937 \times \text{MT}) + (2.432 \times \text{DMI}) - (3.870 \times \text{PP}) - (4.437 \times \text{DS})$$

Where: MT = maximum temperature (F);  
DMI = dry matter intake (kg/d);  
PP = precipitation (cm/day);  
DS = dietary salt (%).

The estimation of water requirements for dairy cattle is more complex, because many more factors that affect the amount of water intake of dairy cows have been identified. Several equations considering different variables have been proposed to estimate water intake. The equation developed by Murphy *et al.*, (1983) takes into account, among other variables that have been shown to affect water intake, two very important variables, i.e. the water content of milk at a level that is biologically realistic and temperature.

$$\text{Water intake} = 15.99 + 1.58 \times \text{DMI (kg/d)} + 0.90 \times \text{milk (kg/d)} + 0.05 \times \text{Na intake (g/d)} + 1.20 \times \text{min temp (}^{\circ}\text{C)}$$

As discussed above, water intake may be affected by many factors, and the problem that water specialists frequently have is how to account for all specific requirements with accuracy under a variety of field situations. From a practical point of view, it is important to remember that, as the above-discussed physiological, dietary, and environmental variables will influence water intake, they also will have a major impact on the intake of water contaminants. All these variables must be considered and evaluated very carefully while assessing the impact of water contaminants on livestock.

## 5.2 Water Quality

The importance of water quality issues in ruminant livestock should be recognized in the context of specific metabolic features of ruminants. Because of differences in metabolic characteristics, some water contaminants may cause severe health and performance problems in ruminants, while the same contaminants may have only marginal (if any) effects on animals such as horses, pigs or poultry. For this reason, many aspects of

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water quality for ruminants deserve special consideration. Specific issues arising from water contaminants in ruminants will be discussed in detail in the relevant sections.

## 6. WATER REQUIREMENTS FOR SWINE

### 6.1 Water Supply

The body water status of swine is under tight physiological control, and at a given body weight and fat content, the water content of a pig's body is remarkably constant. Therefore, the pig must have constant access to a water source in order to meet its daily requirements, as the amount of water excreted from the body must be essentially matched by water consumption. When water loss is not matched by water intake, body tissues may become depleted of water, and this may lead to dehydration.

The ingredients most commonly used in swine diets contain about 10 to 12% water (NRC, 1998), and so the amount of water supplied from this source is very limited. Thus, drinking water is by far the most important source of water for swine.

Determination of physiological water requirements in swine is a very challenging task. The estimates of water requirement based on measurements of water usage by pigs may give values that are usually grossly overestimated because wastage is generally not taken into account. Therefore, in determining water requirements, special attention must be exercised to differentiate between water consumption and water disappearance. Table 6.1 provides a summary of requirement estimates for the various classes of swine.

**Table 6.1 Estimates of Water Requirements for Various Classes of Swine**

Category	Estimated Water Requirements (litres per day)
<b>Suckling pigs</b>	<b>0.27 to 2</b>
<b>Weanling pigs</b>	<b>1 to 5</b>
<b>Growing pigs</b>	<b>5 to 10</b>
<b>Finishing pigs</b>	<b>5 to 12</b>
<b>Gestating sows</b>	<b>5 to 20</b>
<b>Lactating sows</b>	<b>15 to 35</b>
<b>Boars</b>	<b>8 to 17</b>

Values derived as cited by Thacker, 2001.

**Major Factors Influencing Water Requirement in Swine:** There are numerous physiological, nutritional, and environmental factors that may influence water requirement in swine (Patience *et al.*, 2005, Mroz *et al.*, 1995, Suzuki *et al.*, 1998; Pfeiffer *et al.*, 1995). It is therefore difficult to provide universal estimates of requirements.



## Swine

Water loss is one the most important variables that may alter water requirements. Water excretion is increased when pigs are fed diets that contain large amounts of minerals and protein.

A high level of protein in the diet may increase water loss, and thus increase the water requirement (Wahistrom *et al.*, 1970). Water loss also increases with an increased level of fiber intake (Cooper and Tyler, 1959). Increased intake of salt usually increases water intake, and a concomitant increase in urinary excretion.

Feedstuffs that have laxative properties also increase water intake. Water excretion via the feces is increased during diarrhoea (Thulin and Brumm, 1991).

Sweating and insensible water losses from the skin (e.g. through evaporation) are not major routes of water loss in swine, but water is continually lost via the respiratory tract during the normal process of breathing. Increased ambient temperature may lead to increased respiration and panting, and thus increased water loss.

Under limited feeding conditions, pigs tend to consume excessive and highly variable quantities of water (Yang *et al.*, 1981). Animals deprived of feed may show grossly excessive water intake, which is often referred to as hunger-induced polydipsia.

Factors influencing water intake must be taken into consideration while assessing the risk associated with water contaminants.

### 6.2 Water Quality for Swine

Various classes of water contaminants can occur in water at levels that can be potentially harmful to pigs. A survey of pig farms in SK (McLeese *et al.*, 1991) showed that concentrations of sulphate and total dissolved solids were above levels recommended in Canada for livestock in 25.0% and 7.4%, respectively, of the wells. Sodium and chloride were also high in many wells. According to the latter authors the incidence of minor to moderate scouring in weanlings, as reported by producers, was directly related to TDS, magnesium, calcium and sulphate.

Patience *et al.*, (2004) concluded that weanling pigs can tolerate drinking water containing high concentrations of sulphates. Maenz *et al.*, (1994) who studied water containing 4,390 mg of TDS, 2,650 mg of SO<sub>4</sub>, 947 mg of Na, 288 mg of Ca, 88 mg of Mg, 70 mg of Cl and 15 mg of K per liter on performance of weanling pigs found no evidence of impaired performance of weanling pigs offered high-sulphate drinking water, but the authors noted increased scouring associated with high-sulphate drinking water. It is of interest to note that TDS and SO<sub>4</sub> were well in excess of maximum levels recommended for livestock in the 2005 CCME Canadian Water Quality Guidelines.

Overall, the risk of health effects associated with common water contaminants appears to be very low. However water mineral contaminants may affect the physiological status of acid - base balance, and this may influence nutrient metabolism in pigs.

Of interest here is the possibility that water containing high levels of ionic components may alter the balance of dietary undetermined anion ((Patience and Wolynetz, 1990). This dietary undetermined anion is calculated as  $(Na + K + Ca + Mg) - (Cl + P + S \text{ inorganic})$ . Notably, the ions comprising this equation are all major mineral contaminants commonly present in drinking water, and therefore may change the net acid or alkaline load contributed by the diet.

Water mineral contaminants may influence water pH, i.e. acidity or alkalinity, and pH can have a major impact on chemical reactions involved in the treatment of water, and depending water treatment system, high or low pH may significantly impair the efficiency of water treatment.

***Water quality must be carefully assessed prior to administration of medication, as chemical incompatibility of water may cause precipitation or inactivation of medication delivered via the water system.***

Water may contain a variety of microorganisms, including bacteria and viruses. Among bacterial contaminants, *Salmonella*, *Leptospira*, and *Escherichia coli* are the most commonly encountered (Fraser *et al.*, 1993). Bacterial contamination is usually more common in surface waters than in underground supplies such as deep wells and artesian water. Water can also carry pathogenic protozoa as well as eggs or cysts of various intestinal parasites.

CCME recommends only high quality water for ILO's. However, there are no clear guidelines for presence of microbes in livestock drinking water sources. At present, the suggested values are: for total bacteria <10,000/1000 mL and for total coliform <1/1000 mL. Some reports suggest that total coliforms need only be <5,000/1000 mL.

The best scenario would be that drinking water for swine is free of pathogens. Therefore, if there is a risk of microbial contamination, water disinfection is highly recommended. According to information from *Saskatchewan Pork*, presently most of the swine producers using surface water for animals disinfect water with chlorine, and some of those using groundwater also chlorinate.

**Swine**

## **7. WATER TREATMENT TECHNOLOGY**

Water contaminants can be decreased considerably or even completely eliminated by a variety of treatment methods. Some methods are more effective than others, but for treating water for livestock consumption, economics are an important issue. The following sections critically review the most common methods used for water treatment.

**Activated Carbon Filters:** This method is based on passing water through a filter containing activated carbon granules. Contaminants attach to the granules and are removed. Chlorine, some organic compounds associated with coloration, odour and off-taste of water, mercury, some pesticides and volatile organic compounds can be removed by this method. The filters must be inspected and replaced frequently. Poor filter maintenance will decrease effectiveness, and may result in bacterial growth on the filter, causing potential contamination of the water with pathogens.

**Air Stripping:** This method of water treatment involves passing water down a tube while air is forced up through the tube. Contaminants are transferred from water to air and vented off. This method may be effective in removing hydrogen sulphide, some odours and tastes, and some volatile organic chemicals. Bacterial growth can be a potential problem.

**Biological Filters:** This method is effective at removing iron, arsenic, and organics. Manganese can be removed with a pre-treatment of a strong oxidant. A microbiological layer is used to filter and consume contaminants. Biological filters usually require infrequent backwashing, however, some are sensitive to variable flow rates and perform better with a constant flow rate.

**Chlorination:** This is one of the most common methods in water treatment for pathogen reduction in drinking water for livestock. Chlorination is much more effective if it follows a filtration system to remove large particles that can house bacteria. In particular, this is an effective and widely used method to kill many kinds of microorganisms in water. It also aids in removal of unwanted color, odour, or taste from water and will also remove hydrogen sulphide and dissolved iron and manganese, if followed by mechanical filtration. However, if the system is not properly operated, it can be potentially hazardous. In typical systems the chlorine content of the treated water should be closely monitored so it is not harmful to animals. High concentrations of chlorine released to the dairy water system may affect water intake and performance of cows. Chlorination of water containing high levels of organic contaminants may result in the formation of potentially toxic compounds.

**Coagulation:** This is being used in livestock operations to remove fine particles, iron, arsenic, manganese and organics. The removal of particles prior to chlorination makes disinfection much more effective and this is a standard treatment of surface water prior to chlorination. The coagulation chemicals such as aluminum sulphate (alum)

## **Water Treatment**

neutralize the charge on the particles and cause particles to coalesce into floc that can be removed by filtration or settling.

**Ion (Cation or Anion) Exchange:** This purification system is based on removal of ions by replacing one or more chemical ions with another. The most commonly used systems contain resin beads to trap ions. Cation exchange is based on the principle that positively charged sodium ( $\text{Na}^+$ ) ions attached to the resin are replaced (exchanged) with other positively charged ions such as  $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ ,  $\text{Mn}^{2+}$ . Heavy metals will also be removed if they are present in an ionized state. Anion exchange systems remove negatively charged ions such as  $\text{Cl}$ ,  $\text{I}$ ,  $\text{F}$ , as well sulphates and nitrites/nitrates.

The most common application for cation exchange is in the water softening process where metals, that are the main contributors to water hardness ( $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ ), are removed from water during treatment. However, the treated water will have elevated  $\text{Na}^+$  concentrations. This may be a consideration in overall sodium status of animals.

**Mechanical filters:** This method is used to remove insoluble contaminants including some forms of oxidized iron and manganese, as well as sand and silt. Mechanical filters such as multi-media filters only remove particles greater than 10 microns therefore are ineffective on fine particles and micro-biological particles, unless preceded by coagulation chemicals.

**Nano- Filtration:** This technology uses membranes similar to reverse osmosis membranes, but because the pore size in the NF membrane is much larger, it takes less pressure to force the water through the membrane. Nano-filtration takes out about 90% of the dissolved solids and 95% of the hardness, therefore it is often referred to as the softening membrane. Water wasted is usually between 15% and 30% and is not as much of a concern as RO membranes. The added benefit is that the water is not nearly as corrosive as from RO membranes therefore chemicals rarely need to be added following treatment. Pre-treatment devices are usually needed.

**Oxidizing filters:** This method may help to remove some contaminants by chemical (oxidizing) reactions and then filtering by mechanical filtering. Contaminants typically removed include hydrogen sulphide, iron, and manganese. The common oxidants used are aeration, chlorine, potassium permanganate and ozone. Strength and type of oxidant varies based on the targeted dissolved ion to be removed.

**Ozonation:** This method of water treatment is based on application of ozone gas. Ozone is a very potent oxidizing agent, and destroys pathogenic microorganisms. The equipment typically is quite expensive. This method can also be used to remove color, off-taste, odours, hydrogen sulphide, soluble iron and manganese, but the water must be subsequently passed through a mechanical filtration system.

**Reverse osmosis (RO):** This technology is more and more applied in the treatment of water for livestock and horses, pigs, and poultry. Basically, water impurities are filtered

out through a system of membranes which have small pores that allow passage of water but not the contaminants. Depending on the system, more than 99% of contaminants can be removed by reverse osmosis, and the product of this process is highly purified water. Reverse osmosis has high initial costs, high membrane replacement cost, and needs consistent maintenance. Depending on the size of the system, the pressure, and the water quality, reverse osmosis systems waste between 50% and 90% of the water. The filtrate containing high concentration of contaminants must be disposed of in some manner.

**Slow Sand Filters:** This method is a type of biological filter that is simple and relatively inexpensive. It will remove fine particles and iron. It will also remove arsenic if iron is present and manganese with some pre-treatment. As with most biological filters, it is sensitive to variable flow rates. It can be used on both surface and groundwater but tends to perform better with groundwater.

**Ultra-Filtration:** This technology uses membranes with pores larger than nano-filtration therefore requires even lower pressure and wastes less than 10% of the water. Pressures common to municipal systems are often used. Particles less than 0.1 microns such as bacteria, viruses, oocysts, large organic particles, and colloidal substances such as fine soil particles. It does not reduce dissolved solids and therefore does not remove hardness. Ultra-filtration has been used to purify water for washing milk equipment and containers.

**Ultraviolet radiation:** This method uses a special light source that generates ultraviolet radiation. It is a very effective method of killing micro-organisms in water, including pathogens, but it may not work if the water is too cloudy, or if water is passing by the light source too fast. It may be difficult to assess the efficiency of UV or if it is working at all unless it is equipped with an intensity monitor. Water should be monitored for bacteria.

**Water Softening:** The high concentration of minerals associated with water hardness may result in malfunctioning of watering equipment, which may lead to water deprivation. Consequently, some producers attempt to remedy the problem by using water treatments known as “softening”. The process of water softening is based on exchange of hardness-causing ions such as calcium or magnesium, with sodium ions. This process may add a considerable amount of sodium ion to the water and therefore, for extremely hard water, there may be a risk of adverse effects associated with sodium overload.

## 7.2 Approximate Costs of Water Treatment

Table 7.1 summarizes the approximate costs of water treatment for a 100 and 500 cattle herd. Costs will vary according to the concentration of the contaminants, economic conditions and the level of controls and monitoring. The concentration of

## Water Treatment

contaminants is based on the Saskatchewan average for water that would require treatment.

Assumptions for the cost table are as follows:

- Heated building, electrical supply and water supply is existing
- Pressure system or variable frequency drive (VFD) pump and one-day storage system is existing (approximate costs for 100 cattle is \$500 for pressure system and \$1000 for a 1000 USgal tank; costs for 500 cattle is approximately \$700 for the pressure system and \$5,000 for a 5000 USgal tank)
- Basic controls with manual operation except for automated shutdowns for low water or treatment failure
- Consumption of 40 L/d per cow
- Daily treated water requirement supplied in 20 hours
- Amortized loan at 8% interest for capital expenditure
- Replacement of water filter media and membranes are included
- Water treatment chemical costs are included (coagulation, oxidation, disinfection)
- Wasted water disposal costs are not included (for backwashing filters, membrane concentrate disposal, etc)
- Labour for scheduled maintenance is included at \$20/hr
- Labour for daily operational checking is not included

**Table 7.1: Approximate Annual Treatment Costs (2008) for a 100 and 500 Cattle Operation**

Treatment System	Contaminant Removed	Cost/animal/year (100 cattle)	Cost/animal/year (500 cattle)
Air Stripping	Hydrogen Sulphide, Methane	\$2	\$0.5
Chlorination	Bacteria, Oxidize metals	\$2	\$1.5
Multi-Media Filter	Large particles, Oxidize metals	\$2	\$1.5
Ultraviolet Radiation	Bacteria	\$4	\$2
Ion Exchange (softening)	Hardness, Iron < 2 mg/L	\$6	\$5
Slow Sand Filters	Iron, Arsenic	\$7	\$4
Oxidizing Filter	Iron, Arsenic, Manganese*	\$10	\$4
Activated Carbon Filters	Taste, Odour, Chlorine	\$10	\$6
Ozonation	Bacteria, Oxidize metals	\$12	\$6
Biological Filters	Iron, Arsenic, Organics, Manganese*	\$19	\$10
Coagulation	Particles, Iron, Arsenic, Manganese	\$20	\$20
Ultra-Filtration	Bacteria, Viruses, Soil Particles	\$40	\$18
Nano-Filters	TDS, Hardness, Arsenic, Sulphates, Manganese, Iron*	\$45	\$20
Reverse Osmosis (RO)	TDS, Sulphates, Hardness, Arsenic, Manganese, Iron*	\$50	\$20

\* Removal will require additional equipment and cost

## **8. WATER TREATMENT: POTENTIAL ADVERSE EFFECTS ON WATER CONSUMPTION, AND ANIMAL PERFORMANCE OR HEALTH**

### **8.1 Water Softening**

As mentioned earlier, a high concentration of minerals associated with water hardness may result in malfunctioning of watering equipment, which may lead to water deprivation. Consequently, some producers attempt to remedy the problem using water treatments known as “softening”. Since the process of water softening adds the sodium ion to water, there is a risk of adverse effects associated with sodium overload. Roush and Mylet (1986) who studied the influence of softening on hens over a 308-day period recommended that the sodium of softened water should be monitored.

Dairy farmers in some parts of Canada believe that softening improves the palatability of water for cattle. Blosser and Soni (1957) compared the influence of hard (116.4 mg/L as  $\text{CaCO}_3$ ) and soft (8.4 mg/L as  $\text{CaCO}_3$ ) water on milk yield of dairy cattle. No significant difference was found between the two types of water. Graf and Holdaway (1952) also found no effects of hard water (290 mg/L as  $\text{CaCO}_3$ ) on milk yield, change of body weight, water intake or ratio of water intake to milk yield as compared with soft water (0 mg/L as  $\text{CaCO}_3$ ). Softening of hard water adds about 0.63 mg of sodium per mg of hardness (as  $\text{CaCO}_3$ ) so 290 mg/L as  $\text{CaCO}_3$  translates into 182 mg/L of sodium. MAFRI (2004) suggests that water that contains over 800 mg of Na/L can potentially result in diarrhoea and decreased milk production in dairy cows, and an excess amount of sodium may also require ration adjustments. This level of sodium in water appears to be very conservative as most literature does not mention sodium as an issue. Research on impact of TDS on dairy production also indicates that TDS concentrations less than 2000 mg/L likely have little impact, yet TDS is usually comprised of a high percentage of sodium (Bahman et al 1993).

More recently, Looper and Waldner (2002) suggested that the degree of hardness does not appear to affect animal health or productivity. A limit of 300 to 400 mg/L of magnesium is recommended for dairy cows (MAFRI 2004).

### **8.2 Water Chlorination**

Disinfection of water for livestock is highly recommended if microbial contamination is a concern, and sodium hypochlorite is probably the most common product used for water sanitation. Based on personal experience (Olkowski, unpublished observations) sodium hypochlorite has a relatively high margin of tolerance. Even considerable overdosing can be well tolerated by poultry over a short period, with minimal or no effects on production. Accidental application of 50 ppm (i.e. 10 fold recommended dose) resulted in slight transient decline in water consumption. However, long term exposure to high levels of sodium hypochlorite in water should be avoided.



## **Water Treatment**

The possibility of adverse effects of chlorinated water on medication administered via water must be considered. Potential problems that may arise from water disinfection must be carefully assessed while planning delivery of medication via water (for review see Vermeulen *et al.*, 2002).

***Administration of medication in water treated with a disinfecting agent may alter drug solubility or even result in precipitation. In some cases, water disinfectants may affect pharmacological potency of the medication, or even complete inactivation of drugs may occur.***

Excessive water chlorination may be required under some practical situations, but it is important to remember that excess chlorine may have different impacts depending on class of animals. For instance, high levels of chlorine in water may affect the efficiency of the rumen microbial population, therefore in ruminant livestock metabolic impairment of rumen function may occur. On the other hand, monogastric livestock will likely be less affected by direct effects of chlorine, and most affected by pathogens in drinking water, so risk-benefit analysis would suggest that more aggressive water disinfection may be beneficial in this class of farm animals in situations where risk of bacterial contamination is high. However, more research is needed to determine appropriate levels of chlorine for different types of livestock.

Although direct adverse effects associated with disinfection chemicals based on sodium hypochlorite are very unlikely, application of these products in water containing organic matter may lead to synthesis of disinfection by-products, which can be toxic.

### ***8.2.1 Potential Problems Associated with Water Chlorination: Emerging Issues***

Undoubtedly, of the disinfection procedures used in Canada, the most common method of water treatment for livestock is chlorination. In this context, the emerging issues of potential adverse effects associated with the production of chlorinated contaminants generated as a result of disinfecting drinking water need to be addressed as a water quality issues.

Several compounds, known as disinfection by-products (DBPs), are formed through the interaction of chlorine molecules with naturally occurring residual organic compounds, such as humic and fulvic acids, that are ubiquitous in most water sources. Residual organic matter is present in many livestock water sources, and, in particular, in surface waters. Following chlorination, the generated DBPs may be a source of contaminants that pose risks to both human and animal health.

The health hazard associated with DBP in humans has been recognized for some time (Health Canada, 1995, WHO, 1996), yet these issues have not been adequately addressed in the context of water quality for livestock.

There are three main classes of DBPs in drinking water that represent potential risks to livestock: (1) chlorophenols, (2) trihalomethanes (THMs), and (3) haloacetic acids (HAAs). Chlorophenols occur in drinking water as a result of the chlorination of phenols.

Wide range of adverse effects has been associated with generation of DBPs. Several phenolic DBPs produced during chlorination have been shown to cause lymphomas, leukemia, and hepatic tumors in rats. THMs have been closely linked to an increased incidence of bladder cancer and possible increases in rectal and colon cancer in humans (Mills *et al.*, 1999). Carcinogens are usually not an issue for livestock as their productive life is short, therefore cancer is infrequent.

Although the carcinogenic characteristics of DBP could potentially present a health hazard in livestock used for breeding and milk production (longer life span) more so than animals used for meat (short life span), the practical aspect of such problems would be rather negligible. On the other hand, chronic adverse effects that may be of significance from an animal production standpoint stem from adverse effects of DBPs on reproductive parameters. It has been shown that dichloroacetic acid causes alterations in spermiation, sperm morphology, and sperm motility (Linder *et al.*, 1997). According to Veeramachaneni (2000), DBPs can be associated with deteriorating trends observed in male reproduction.

***There is a possibility that some reproductive problems in farm animals may be associated with adverse effects of disinfection by-products.***

The potential impact of DBPs on reproductive performance of farm animals should not be underestimated. In many situations, water commonly used for livestock from surface sources such as dugouts, sloughs, lakes, and streams usually has a high content of organic matter, and also water from such sources is frequently contaminated with bacteria. It is a common practice that disinfection procedures are applied more aggressively to kill bacteria in surface water sources, but undoubtedly, at the same time there is high risk of DBPs formation.

Given the fact that DPBs have the potential to affect reproduction in laboratory animals, they can also have an adverse effect on reproductive performance of farm animals. It is not uncommon, in many practical situations, that the producers face a decline in fertility that is difficult to explain. The possibility that DPBs may be associated with poor fertility deserves thorough attention.



## 9. FACTORS AND CONTAMINANTS ESSENTIAL TO WATER QUALITY ISSUES AND CONSIDERATIONS FOR MANAGING THEIR DETRIMENTAL EFFECTS

### 9.1 Alkalinity, pH and Hardness

**Alkalinity** is a term frequently used to describe water quality. Total alkalinity is the sum of the concentrations of alkali metals, which are primarily sodium and potassium, but may also include lithium, rubidium, cesium, and francium. Sodium and potassium are most common in Canadian water sources.

These metals, upon reaction with water, form hydroxides that are alkaline, and as such they tend to increase the pH of water. In order to offset the alkaline pH, acidic ions are required. The total alkalinity of water is always less than its TDS, or salinity, since TDS and salinity include the sum of the concentrations of all substances dissolved in water, and total alkalinity includes only the sum of the concentrations of alkali metals.

**Table 9.1.1 Alkalinity Levels in Saskatchewan Groundwater**

<b>Alkalinity Content (mg/L )</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<200	95	3.3
200 to 500	2169	75.0
500 to 1000	610	21.1
>1000	19	0.7

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

**Water pH** is a measure of concentration of hydrogen ions. The values are expressed in pH units ranging from 1 to 14. A pH of 7 is neutral, values less than 7 indicate acidic pH, whereas values above 7 indicate alkaline pH.

Little is known about the specific pH's effect on water intake, animal health and production, or the microbial environment in the rumen. The preferred pH of drinking water for dairy animals is 6.0 to 8.0. Waters with a pH outside of the preferred range may cause nonspecific effects related to digestive upset, diarrhea, poor feed conversion and reduced water and feed intake.

The pH of water may impact animal health in some animals more than in others. For instance, in ruminants, consumption of water with a pH below 5.5 may contribute to metabolic acidosis, whereas alkaline water with pH greater than 8.5 may result in higher risk of metabolic alkalosis. In dairy cattle, these conditions have been associated with reduced milk yield and milk fat, low daily gains, increased susceptibility to infectious, metabolic disorders, and reduced fertility.

## ***Alkalinity, pH and Hardness***

**Water hardness** is another term frequently found on water analysis results. It indicates the tendency of water to precipitate soap or to form a scale on heated surfaces.

Hardness is generally expressed as the sum of calcium and magnesium reported in equivalent amounts of calcium carbonate. Other substances, such as strontium, iron, zinc, and manganese, also contribute to hardness. See Section 8.1 on Softening for more information on effects of hardness and softened water on livestock.

Alkalinity, Salinity and TDS should not be confused with hardness. Highly saline waters may contain low levels of the minerals responsible for hardness. Although there are no guidelines, water with hardness greater than 500 mg/L (as calcium carbonate) is considered very poor quality for water distribution systems and will be prone to scaling. In Saskatchewan, more than 50 percent of the water has a hardness level greater than 500 mg/L (as calcium carbonate). For applications where water is heated and/or used for cleaning milk tanks, hardness should be less than 200 mg/L (as calcium carbonate).

**Table 9.1.2 Hardness Levels in Saskatchewan Groundwater**

<b>Hardness Content (mg/L as CaCO<sub>3</sub> equivalents)</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<100	239	8.3
100 to 200	126	4.4
200 to 500	1003	34.7
500 to 1000	953	32.9
1000 to 1500	343	11.9
1500 to 2000	137	4.7
>2000	92	3.2

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

Treatment technology for hardness and pH adjustment is relatively inexpensive. Hardness is removed by a softener (ion exchange) and pH is adjusted by adding either acid or caustic soda to decrease or increase pH respectively. See Section on water treatment for further discussion on specific treatment systems.

## **9.2 Arsenic**

Arsenic is widely distributed in the biosphere and earth's crust and can be a major source of contamination for livestock drinking ground water. Most arsenic-based products are discontinued, therefore, biosphere poisoning is often the result of discarded containers or industrial pollution. The principal sources of arsenic in ambient air are the burning of fossil fuels (especially coal), smelting, and waste incineration. Arsenic is introduced into water through the erosion and weathering of soil, minerals, and ores, from industrial effluents, and via atmospheric deposition (Hindmarsh and McCurdy, 1986; Hutton and Symon, 1986).

The potential sources of arsenic for farm animals are food, drinking water, soil, and air. According to the estimates of Environment Canada and Health Canada, in a typical situation, the significance of exposure source, in terms of contributing to arsenic intake, can be ranked in the following order of importance: food, drinking water, soil, and air.

The initial, 1987 CCME guideline for arsenic in water was set at a relatively high level of 500 µg/L, but this recommendation was with a provision that arsenic content in feed was low. The 1987 CCME guideline was changed to 71 µg/L in 1993, and more recently an interim guideline of 25 µg/L was adopted. It should be noted that the reasoning for this guideline for arsenic is largely based on an outdated research using beagle dog (Byron et al., 1967), which is a rather unrealistic model for derivation water quality standards for livestock. The value of 25 µg/L was established by applying a safety factor of 10, and to account for arsenic contribution from diet, an apportionment factor of 0.2 was also applied (CCME 1999).

While assessing the risk associated with arsenic in drinking water for farm animals, total intake of arsenic from dietary sources should be taken into consideration (Table 9.2.1).

### **9.2.1 Evaluation of Risk**

Chemical forms of arsenic include arsenite (trivalent) and arsenate (pentavalent) with arsenite salts being 5 to 10 times more toxic than arsenic. The concerns related to arsenic are the carcinogenic properties to humans, at low level exposure.

The carcinogenic properties are generally not a major issue for livestock used for meat, as their lifespan is short. However, bioaccumulation of arsenic in livestock used for meat may be a concern from the perspective of meat quality. The bioaccumulation occurs mainly in the internal organs of animals consuming a diet high in arsenic

According to the most recent Health Canada guidelines, the concentration for arsenic in drinking water for humans is set at 10 µg/L, which is more in line with the World Health Organization recommendation. The Health Canada guidelines are set for human consumption, where the overall risk associated with the ingestion of arsenic in drinking water is calculated based on lifetime exposure to arsenic, which results in more than one cancer endpoint in different individuals. In comparison to the livestock guideline, the Health Canada guideline for humans provides a substantial factor of safety. Such

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safety assessment is not likely to be practical or applicable to farm animals under common farm practices.

**Table 9.2.1 Examples of dietary intake of arsenic associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Arsenic <sup>‡</sup>		
Water As content (µg/L)	Estimated Water Contribution to Total Dietary Arsenic Intake (mg/day)	Estimated Contribution of Arsenic Allowed From Normal Feed (mg/day)	Estimated Dietary Arsenic Levels Generally Regarded as Safe and Dietary Levels Consideration for Risk of Adverse or Toxic Effect (mg/day)	
<b>25<sup>†</sup></b> <b>(500)<sup>A</sup></b>	<b>0.8 to 1.0</b> <b>(16 to 20)<sup>A</sup></b>	<b>48.4 - 61.6<sup>*</sup></b>	<b>Acceptable Levels</b> <i>(generally regarded as safe)</i>	<b>&lt;61.6<sup>*</sup></b>
			<b>Excessive Levels</b> <i>(possible risk of adverse metabolic effects)</i>	<b>330-420<sup>**</sup></b>
			<b>Potentially Toxic Levels</b> <i>(high risk of metabolic disturbances and/ or overt health problems)</i>	<b>&gt;420</b>

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day.

<sup>‡</sup> Feed Intake estimates taken from the CowBytes® ration balancing program. Values for feed are from CowBytes Ration Balancing Software (Incorporates NRC Beef 2000 Model), Alberta Agriculture Food and Rural Development.

<sup>†</sup> Guidelines for water are based on CCME 2005 recommendation.

<sup>A</sup> 1987 CCME Guideline may be appropriate for livestock if levels of arsenic in feed are low

<sup>\*</sup> Calculation based on values used by CFIA as "Metal Reporting Limits" for arsenic 4.4 ppm (information provided by Feed Specialist Inspector, CFIA, author's personal communication).

<sup>\*\*</sup> Calculation based on tolerance level values from NRC - Mineral Tolerance of Animals 2005, 2<sup>nd</sup> Revised Ed, Committee on Minerals and Toxic Substances in diets and Water for Animals, The National Academies Press, Washington, DC..

Arsenic in some forms has a high inherent potential to cause toxicity, but because it is present in water at very low levels, the risk of adverse health effects in farm animals is generally very low. If one excludes accidental poisoning and industrial pollution, the risk of health hazard to livestock associated with arsenic in drinking water *per se* can be considered as extremely low.

Although the bulk of arsenic burden in livestock comes from feed, water contribution should not be ignored, and the exposure assessment should include total intake from both water and feed sources. In particular, in areas near a natural geological source or a source of anthropogenic contamination, drinking water has been calculated to be the most important contributor to overall exposure.

**Health Effects:** Symptoms of acute arsenic intoxication associated with the ingestion of well water containing arsenic at 1.2 and 21.0 mg/L have been reported (Feinglass, 1973; Wagner et al., 1979). Acute toxicity signs may include abdominal pain, depression, salivation, or diarrhoea. Long term, low level exposure may cause chronic toxicity, with characteristic signs including skin pigmentation and development of keratoses, peripheral neuropathy, skin cancer, peripheral vascular disease, hypertensive heart disease, and cancers of internal organs. Early signs include neurological disorders, such as in-coordination, swaying and ataxia ('drunken hog syndrome'), but affected animals remain alert and continue to eat and drink. The clinical manifestation of arsenic poisoning depends on the specific characteristics of arsenic exposure such as form, pattern, and source (for more details see Puls, 1994).

**Production Effects:** The risk of a direct effect of arsenic in water on production parameters in practical situations is low, if any. However, because arsenic interacts with selenium at a very specific molecular level which may lead to depletion of selenium, some subtle signs associated with arsenic overload may be essentially the same as those associated with selenium deficiency (more detail will be provided in ensuing section on metabolic interactions).

***Of note, although the risk of a direct effect of arsenic in water on health or production parameters in practical situations is negligible, the issue of arsenic intake may be relevant to contamination of animal products.***

Because arsenic is classified in Group I (carcinogenic to humans), the importance of arsenic as a water quality parameter may be an issue for meat quality, due to the potential for accumulation in some edible tissues. The data from CFIA (*the Report On Pesticides, Agricultural Chemicals, Veterinary Drugs, Environmental Pollutants and Other Impurities in Agri-Food Commodities of Animal Origin*) indicate that heavy metals have been detected in some samples of Canadian meat from all kinds of livestock, albeit (as CFIA stated) at levels that are not considered violations of the ACT. Notably, arsenic is the most likely metal to be detected in meat, followed by cadmium and lead, in that order.

There is insufficient recent scientific data on the issues of heavy metal in Canadian animal products, but studies from other countries have shown that farm animals can accumulate toxic metals at levels that may be of concern for the consumer (Lopez *et al.*, 2002, Wilkinson *et al.*, 2003).

**Metabolic Interactions:** Arsenic is considered to have antagonistic effects on I, Se, Cu, Hg and Pb. High dietary arsenic can exacerbate copper deficiency (Uthus, 2001),



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but the most likely metabolic effects of practical significance associated with excessive intake of arsenic are those resulting from its interactions with selenium.

Consumption of water containing elevated arsenic concentrations over a long time, may lead to adverse metabolic effects associated with specific interference of arsenic with selenium homeostasis. Arsenic-selenium interactions result in the formation of glutathione-arsenic-selenium complexes that are excreted via bile (Gailer *et al.*, 2002). Because of the possibility of continued depletion of body selenium, caused by biliary excretion of arsenic-selenium complexes, there is an increased risk of selenium deficiency in livestock that are chronically exposed to even low levels of arsenic. Such adverse effects of arsenic would be of particular concern when dietary levels of selenium are only marginally sufficient.

Close monitoring of selenium status should be considered in areas where low level, long term, exposure of livestock to arsenic is widespread. In the management of risk associated with water arsenic, the nutritional status of selenium should be routinely taken into consideration, particularly, since the effects of low level, long term, exposure on production parameters in livestock are not known.

**Table 9.2.2 Summary of practical information relevant to arsenic exposure in livestock.**

Guidelines	Interactions			Adverse Effects and Signs of Toxicity	
Recommended Maximum in Drinking Water for Livestock <sup>†</sup>	Essential Elements	Toxic Metals	Metabolic Effects	Acute Toxicity (short term, high level exposure)	Chronic Toxicity (long term, low level exposure)
25 µg/L	Copper Iodine Selenium	Mercury Lead	Arsenic increases excretion of selenium which may lead to selenium deficiency.  In highly producing animals, production parameters can be adversely affected without overt signs of toxicity.	abdominal pain, depression, salivation, diarrhea  Note: In practical situations, acute toxicity in livestock associated with arsenic in drinking water is unlikely to occur.	Increased skin pigmentation, keratoses, skin cancer, peripheral neuropathy, peripheral vascular disease, hypertensive heart disease, cancers of internal organs can occur, but this is not a very likely scenario under practical situations.  Subclinical signs of chronic exposure to arsenic may be manifested as subtle signs of selenium deficiency.

<sup>†</sup> CCME 2005. The threshold toxic dose in domestic ruminants appears to be between 1 – 2 mg/kg BW, but production parameters may be affected at lower levels of exposure.

### 9.2.2 Water Types or Conditions Where High Levels Occur

Arsenic levels in surface water are usually low unless there has been industrial contamination. In ground water, arsenic levels in water are determined primarily by the geological formations. There are seams of high arsenic levels in Saskatchewan. Arsenic levels ranged from 0.5 to 105.0 µg/L in municipal treated water supplies in 539 Saskatchewan communities between 1976 and 2002, with concentrations in 97% of samples being less than or equal to 10 µg/L, and the average 3.0 µg/L. According to the Saskatchewan Watershed Authority Rural Water Quality Data Base for 2966 samples, in Saskatchewan, arsenic levels were below 10 µg/L in 85% of the samples. The table below summarizes the frequency of other levels. The maximum level recorded in Saskatchewan was 210 µg/L.

**Table 9.2.3 Arsenic Levels in Saskatchewan Groundwater**

<b>Arsenic Content (µg/L)</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<10	2525	85.3
10 to 25	295	10.0
25 to 50	106	3.6
50 to 100	29	1.0
100 to 200	3	0.1
>200	1	0.03

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

Canadian water sources outside of Saskatchewan also contain elevated levels of arsenic. In Nova Scotia, 9% of well water samples tested for arsenic at the Environmental Chemistry Laboratory in Halifax between 1991 and 1997 exceeded 25 µg/L. According to Méranter *et al.*, (1984), in some areas of Nova Scotia, arsenic levels exceeded 50 µg/L in 33–93% of wells sampled, with concentrations being higher than 500 µg/L in 10% of the wells sampled. In Newfoundland, arsenic levels ranged from 6 to 288 µg/L in public water supplies (54 wells) surveyed in 2002. In British Columbia, a maximum arsenic concentration of 580 µg/L was reported in groundwater samples taken on Bowen Island (information compiled from *Technical Document Prepared by the Federal-Provincial-Territorial Committee on Drinking Water of the Federal-Provincial-Territorial Committee on Health and the Environment Health Canada, Ottawa, Ontario. May, 2006*).

### **9.2.3 Management Considerations**

The natural antagonism between arsenic and selenium can be used in management strategies for problems associated with excess of both arsenic and selenium.

***In the management of risk associated with arsenic, the nutritional status of selenium should be routinely taken into consideration, as secondary selenium inadequacy may have a significant impact on production parameters in all classes of livestock.***

In the areas where water arsenic levels are moderately high, proper balancing of the dietary selenium to fulfill metabolic requirements may be sufficient to alleviate the adverse effects of arsenic (Biswas *et al.*, 1999).

### **9.2.4 Treatment Technology**

Treatment technology includes:

- Coagulation (also removes iron)
- Manganese greensand (also removes iron and manganese)
- Slow sand filter (if iron is present)
- Biologically activated carbon with pre-oxidation (also removes iron and manganese)
- Oxidation/pH modification and filtration (also removes iron and manganese)
- Absorption on activated alumina (only arsenic)
- Nano-Filtration or RO membranes (if TDS is high)

Treatment used to remove only arsenic from water for livestock is rarely economical. Often iron or manganese exists in water with high arsenic content, and removal of both substances with one treatment system may provide economic benefit. See Section on water treatment for further discussion on specific treatment systems.

### 9.3 Calcium

Calcium is an essential nutrient, but if its intake grossly exceeds metabolic requirements, potential risk of adverse effects ought to be taken into consideration. Calcium is routinely supplemented in the diet at a level between 0.5 to 1%, depending on species and production objectives. In some situations water may be a major contributor to total dietary calcium.

The CCME guideline of 1,000 mg/L is commonly cited as safe. Indeed, at this level, calcium in the water for livestock is not likely to present a toxicological problem, but when calcium from water and dietary sources is considered, cumulative daily intake may be excessive, or in some situations, toxic.

In this context, without considering the total burden of dietary calcium, a general recommendation of “safe” calcium levels in water may be of limited practical value. Calcium in water is rarely, if at all, taken into consideration when dietary requirements are calculated. Yet as demonstrated in Table 9.3.1, in some situations calcium in water, even at recommended levels, may be a concern, when cumulative feed calcium levels are high.

**Table 9.3.1 Examples of dietary intake of calcium associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Calcium <sup>‡</sup>		
Water Ca content (mg/L)	Estimated Water Contribution to Total Dietary Calcium Intake (g/day)	Estimated Contribution of Calcium From Normal Feed (g/day)	Estimated Dietary Calcium Levels Generally Regarded as Safe and Dietary Calcium Levels Consideration for Risk of Adverse or Toxic Effect (g/day)	
1000	32 to 40	85 to 110	<b>Safe Levels</b> (generally regarded as nutritionally balanced)	29 – 144
			<b>Excessive Levels</b> (possible risk of adverse metabolic effects)	145 – 201
			<b>Potentially Toxic Levels</b> (high risk of metabolic disturbances and/ or overt health problems)	>201

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day. Intake estimates taken from the CowBytes® ration balancing program.

**Note 2:** Salt or Mineral Supplements are not included in estimates of calcium in feed.

<sup>†</sup> Guidelines for water are based on CCME 2005 recommendation.

<sup>‡</sup> Values for dietary levels are from CowBytes Ration Balancing Software (Incorporates NRC Beef 2000 Model), Alberta Agriculture Food and Rural Development.

## Calcium

Under the majority of practical situations, livestock should tolerate concentrations of calcium in water up to 1000 mg/L, if calcium is the dominant cation and dietary phosphorus levels are adequate. However, in the presence of high concentrations of magnesium and sodium, or if calcium is added to feed as a dietary supplement, the level of calcium tolerable in drinking water may be less.

Therefore, the potential adverse effects associated with high levels of Ca in the water must be considered together with the overall dietary Ca. Furthermore, even though the risk of calcium toxicity *per se* may be relatively low, adverse effects of high levels of calcium in the water must be considered in the context of its complex anti-nutritional effects.

### 9.3.1 Evaluation of Risk

Calcium in water for livestock is not likely to result in outright toxicity, but if dietary calcium levels are already high, contribution of water calcium may become significant. Notably, even a moderately excessive, cumulative intake of calcium from drinking water and diet, may lead to metabolic disturbances.

**Health Effects:** The most likely health effects may be associated with skeletal disorders. Prolonged intake of excessive levels of Ca may cause osteopetrosis, vertebral ankylosis and degenerative osteoarthritis. However, under some circumstances, calcium can be deposited in skeletal muscles as well as in the heart muscle. Cardiac function can be compromised, or in more extreme and advanced cases, heart failure can be a result.

**Production Effects:** From a nutritional stand point, high dietary Ca may reduce nutrient uptake, and in particular, may affect fat digestibility. Even at moderately high levels, water Ca must be considered in the context of homeostasis of several other essential metals. Excess dietary Ca can cause reduced absorption primarily of phosphorus and zinc, but it may also affect magnesium, iron, iodine, manganese, and copper. This can lead to secondary deficiency of these elements, particularly when the dietary level of these elements is already low or only marginally adequate. In the case of copper, the bio-availability of this element may be further compromised by other dietary factors such as sulphur and molybdenum (for details see sections on sulphur and molybdenum).

***Under a practical field situation, performance of animals exposed to excess dietary calcium can be affected, not as much by direct effects of calcium on the host's metabolism, but rather through secondary metabolic interactions with other nutrients.***

There is a general consensus that high dietary calcium can reduce feed intake and adversely affect digestibility of nutrients practically in all classes of farm animals, but there are major variations among species with regard to tolerance levels (Alfaro *et al.*, 1988; Ammerman *et al.*, 1963; Zimmerman *et al.*, 1963; Combs *et al.*, 1966; Clark *et al.*, 1989; Fungauf *et al.*, 1961).

In these terms, the generalized effects of excess dietary calcium, such as lowered feed intake and reduced digestibility, may affect production parameters in all classes of farm animals. However, highly producing animals may be at higher risk of exposure, solely associated with water calcium, simply because the water intake increases proportionally with increased production. Moreover, highly producing animals are more susceptible to metabolic disorders.

In the context of the CCME guideline of 1,000 mg/L, water calcium alone may readily increase the total burden of dietary intake to levels that may cause serious metabolic consequences, as can be illustrated using the following examples.

For instance, in highly producing dairy cows, excess calcium may be among the predisposing factors of milk fever. Excessive dietary Ca (>100 g/day) or P (>80 g P) inhibits production of parathyroid hormone and the 1,25 dihydroxy cholecalciferol activation necessary to liberate Ca stores from bones. As discussed in the section on water intake physiology, a dairy cow producing 30 kg milk per day will drink, depending on environmental temperature, between 92 and 146 L of water per day. If the water would contain 1,000 mg/L, water contribution to the Ca intake would be 92 to 146 g/day.

A similar problem can be extrapolated to beef cows. For instance, if the same generic animal used as an example in Table 9.3.1 for calculations of total intake of calcium was a lactating cow, her water intake (depending on environmental temperature) would be approximately 64 to 80 litres per day, and therefore calcium intake with water alone would amount to 64 to 80 g per day. If we would apply the same criteria as presented in Table 9.3.1 for estimated contribution of calcium from feed, considering risk of adverse or toxic effects, it is evident that, even under a well balanced ration of calcium, this animal could be categorized as being at high risk of adverse metabolic effects, and bordering on low risk of health problems associated with high levels of calcium in water.

In essence, the examples discussed above underline several important issues with regard to setting water quality guidelines for livestock: 1) water calcium alone can increase total dietary burden to levels that may cause metabolic disturbances even under a balanced calcium diet, 2) water guidelines must include provisions to accommodate feed calcium contribution, so the total dietary burden of calcium does not exceed tolerance levels, and 3) total dietary (water and feed) tolerance levels should be considered in the context of metabolic and nutritional interaction of calcium with other essential nutrients, and the levels of these nutrients should be adjusted accordingly to account for possible adverse interactions.

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**Table 9.3.2 Summary of practical information relevant to calcium exposure in livestock.**

Guidelines	Interactions			Adverse Effects and Signs of Toxicity	
Recommended Maximum in Drinking Water for Livestock <sup>†</sup>	Essential Nutrients	Toxic Metals	Metabolic Effects	Short Term, High Level Exposure	Long Term, Low Level Exposure
1000 mg/L	magnesium, iron, iodine, manganese, copper, zinc Vit D	lead cadmium	<p>Excess Ca reduces the absorption of F, Mg, Mn, P, Zn, Pb, Cd, Fe, Cu, I. Metabolic problems can occur if dietary levels of essential metals such as Cu, Zn, Mn, or Mg are marginally sufficient.</p> <p>High dietary Ca may reduce nutrient digestibility.</p> <p>Excess Vit D may increase uptake and release of Ca from bone, and thus amplify detrimental effects Ca.</p> <p>Excess dietary Ca (&gt;100 g/day) or P (&gt;80 g P) inhibits production of parathyroid hormone and the activation of 1,25 dihydroxy cholecalciferol necessary to liberate Ca stores from bones.</p>	Calcium in the water for livestock is not likely to present a toxicological problem.	<p>Prolonged intake of excessive levels of Ca may cause osteopetrosis, vertebral ankylosis and degenerative osteoarthritis.</p> <p>Excess dietary calcium may be among the predisposing factors of milk fever.</p>

<sup>†</sup>The CCME guideline of 1,000 mg/L is commonly cited, but without considering total burden of dietary calcium, this recommendation is of limited value.

It is important to understand that under practical field conditions, metabolic problems not necessarily specific *per se* to calcium toxicity, may occur. For instance, if dietary levels of essential metals such as Cu, Zn, Mn, or Mg are deficient or marginally sufficient, calcium excess may induce signs that are more specific to deficiency of the particular element of which the metabolism is affected by an excess of calcium. On the other hand, the apparent detrimental effects of calcium may be substantially amplified if the diet contains excessive levels of vitamin D.

**Metabolic Interactions:** High levels of dietary Ca reduced the absorption of several essential nutrient including F, Mg, Mn, P, Zn, Fe, Cu, and I. Thus, excessive intake of Ca may precipitate secondary deficiency of these elements. In particular, in practical situations, metabolic problems can occur readily when dietary levels of essential metals such as Cu, Zn, Mn, or Mg are deficient or marginally sufficient.

Calcium homeostasis, even at moderately excessive levels, can be compromised by unbalanced dietary phosphorus, and by excessive supplementation of Vitamin D. Calcium deposition in skeletal and cardiac muscle has been observed in animals fed high Vitamin D diets. It should be noted that vitamin D in animal diets is frequently supplemented in doses several fold higher than NRC recommendations for a variety of perceived health or production reasons.

### 9.3.2 Water Types or Conditions Where High Levels Occur

Calcium is an abundant natural element and the calcium concentration in water is primarily determined by the geological formations. Saskatchewan does not have limestone deposits therefore the calcium in groundwater is generally not excessive. As calcium is one of the main contributor to hardness, water with high hardness has high levels of calcium. To convert calcium concentration to hardness (as  $\text{CaCO}_3$ ), the calcium concentration must be multiplied by 2.5. Therefore, for a water with calcium levels of 1000 mg/L, the hardness must be at least 2500 mg/L.

**Table 9.3.3 Calcium Levels in Saskatchewan Groundwater**

Calcium Content (mg/L)	Number of Samples Analysed	Percent of Total
<250	2502	86.5
250 to 500	367	12.7
500 to 1000	25	0.9
>1000	0	0.0

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

### 9.3.3 Management Considerations

In the assessment of the potential risk of adverse effects associated with calcium in water one should take into consideration at least three dietary variables: 1) balance of



## **Calcium**

phosphorus levels, 2) factors that may increase bio-availability of calcium (e.g. Vit D), and 3) antagonistic effects of calcium towards other divalent essential metals.

Considering the wide array of metabolic interactions, dietary levels of essential metals and phosphorus must be balanced to prevent Ca induced deficiency.

### **9.3.4 Treatment Technology**

Treatment technology includes:

- Water softening technology
  - May effectively remove calcium but will elevate levels of sodium, which may be detrimental if sodium is excessive
- Nano-Filtration or RO membranes

See Section on water treatment for further discussion on specific treatment systems.

## 9.4 Chloride

Chloride ion is the most common form of chlorine in water. Chlorine can be present in the water in various chemical forms either naturally, or by being added during water treatment. Naturally occurring chloride ions occurs most commonly in association with sodium, and the content of both chloride and sodium must be considered while evaluating water quality.

CCME sets an aesthetic objective of <250 mg/L for chloride in drinking water. According to Puls (1994), the maximum tolerated drinking water level of chloride is 1,000 mg/L.

**Table 9.4.1 Examples of dietary intake of chloride associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Chloride		
Water Cl content (mg/L)	Estimated Water Contribution to Total Dietary Chloride Intake (g/day)	Estimated Contribution <sup>‡</sup> of Chloride From Normal Feed (g/day)	Estimated Dietary Chloride Levels Generally Regarded as Safe and Dietary Chloride Levels Consideration for Risk of Adverse or Toxic Effect (g/day)	
1000	32 to 40	33 to 110	<b>Safe Levels</b> (generally regarded as nutritionally balanced)	NA
			<b>Excessive Levels</b> (possible risk of adverse metabolic effects)	NA
			<b>Potentially Toxic Levels</b> (high risk of metabolic disturbances and/ or overt health problems)	NA

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day. Intake estimates taken from the CowBytes® ration balancing program.

<sup>†</sup> Pulse (1994)

<sup>‡</sup> Natural Toxicants in Feeds Forages & Poisonous Plants 2<sup>nd</sup> ED, 1998, P.R. Cheeke, Interstate Publishers Inc.  
NA=data not available

### 9.4.1 Evaluation of Risk

It has to be stressed that the estimates of adverse effects associated with chloride in water *per se* are somewhat conjectural, because chloride in water under normal circumstances is always associated with positive ions, most likely sodium. Water chlorination is one of the most often used methods of water treatment for farm animals. Chlorine used for water disinfection can react with organic matter in water and form disinfection by-products which may be harmful (for more information see Section 7.2 Water Chlorination). In typical systems the chlorine content of the treated water should

## Chloride

be closely monitored, so it is not harmful to animals and that the chlorine level does not cause livestock to reduce water intake.

**Health Effects:** Most animals can tolerate relatively large amounts of chloride. Under normal physiological conditions, the body has very effective mechanisms to control chloride levels, and from a water quality perspective, under most practical situations, the toxicity of chloride is generally low or negligible. Since chloride ion in water is most likely associated with sodium ion, adverse effects must be considered from both chloride and sodium. Sodium chloride (NaCl) at a 10,000 ppm in drinking water can cause toxicity, whereas 7,000 ppm NaCl in water can affect herd health and performance. For more detail see chapter on Sodium.

**Production Effects:** At concentrations above 250 mg/L chloride may reduce water palatability, which may result in lowered water intake. Since the chloride ion is an important component of acid-base homeostasis, excessive intake of chloride for a prolonged period of time may disturb the normal acid-base balance. Although the risk associated with the chloride ion in water to animal health would be very low (if any), disturbance of the acid-base balance in highly producing animals may lead to metabolic consequences affecting performance.

**Metabolic Interactions:** The adverse effects of chloride in drinking water cannot be considered on a stand-alone basis. The chloride ion is one of the ionic components contributing to salinity (see chapter on salinity). Therefore, the most likely scenario to consider would be combined effects of ions such as sodium, chloride, and sulphate. For instance, the study of Sanchez *et al.*, (1994) indicated that high intakes of chloride and sulphate affect milk production during summer months. Another study compared water dissolved solids from sodium chloride at 196 mg/L and 2,500 mg/L. Lactating cows consuming water with a high salt content increased water intake by 7 percent and exhibited a tendency for less milk yield compared to cows consuming low-saline water (Jaster *et al.*, 1978). In the study of Salomon *et al.*, (1995) saline water where chloride was a major component (580 mg/L) negatively affected milk production, and improvement of water quality by desalination increased production of milk and milk constituents.

**Table 9.4.2 Summary of practical information relevant to chloride exposure in livestock.**

Guidelines	Interactions		Adverse Effects and Signs of Toxicity	
	Ionic components commonly present in water	Metabolic Effects	Short Term, High Level Exposure	Long Term, Low Level Exposure
<p>Recommended Maximum in Drinking Water for Livestock<sup>†</sup></p> <p>At present, there are no established guidelines for maximum concentrations for chloride in livestock drinking water.</p> <p>CCME sets an aesthetic objective of &lt;250 mg/L for chloride in drinking water.</p>	Sodium Sulphate	<p>Chloride ion in water is closely associated with sodium, and the adverse effects of chloride and Na are difficult to separate</p> <p>With regard to interaction of chloride with sulphate, imbalance of either sulphate or chloride, or as a synergistic effect of both may upset acid-base homeostasis.</p>	Most animals can tolerate relatively large amounts of chloride.	The body has very effective mechanisms to control chloride ion levels, and from a water quality perspective, under most practical situations, the risk of chronic toxicity of chloride is generally negligible.

<sup>†</sup>Peterson, 2000.

#### **9.4.2 Water Types or Conditions Where High Levels Occur**

Chloride concentrations in groundwater is determined by the geological formation in the aquifer and recharge area. Some deep and old groundwater sources in Saskatchewan may contain significant chloride content but only about 1% of the groundwater sources exceed the Canadian guideline for livestock of 1000 mg/L (Saskatchewan Watershed Authority Rural Water Quality Data Base). The highest chloride level recorded in the Saskatchewan Watershed Authority database is 4090 mg/L. Chloride is generally present at low concentrations in natural surface waters in Canada except in coastal regions where there may be salt water influence.

High chloride levels will also result in high TDS and conductivity levels. Chloride is usually associated with sodium which also contributes to high TDS and conductivity. In most cases, the Canadian guideline for TDS (3000 mg/L) is exceeded before the chloride levels reach the guideline of 1000 mg/L.

## **Chloride**

**Table 9.4.3 Chloride Levels in Saskatchewan Groundwater**

<b>Chloride Content (mg/L)</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<250	2737	94.5
250 to 500	100	3.5
500 to 1000	28	1.0
1000 to 2000	27	0.9
>2000	3	0.1

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

### **9.4.3 Management Considerations**

In the assessment of the potential risk of adverse effects associated with chloride in water, one should take into consideration balancing dietary salt levels, as well content of sodium and sulphate ions.

### **9.4.4 Treatment Technology**

Treatment technology includes:

- Nano- Filtration or RO membranes

See Section on water treatment for further discussion on specific treatment systems.

## 9.5 Fluoride

Fluoride is the stable form of fluorine having combined with another element. It is abundant in the biosphere and earth's crust and can be a major source of contamination for livestock drinking ground water.

The major sources of fluorides in Canada are phosphate fertilizer production, chemical production, and aluminum smelting. These three sources collectively account for over 75% of the estimated 23,500 tons of inorganic fluorides released to the Canadian environment annually. More than 13,500 tons of fluoride-containing materials are released in effluents, hence the risk of water contamination in some areas may be high. The amount of fluoride in water can be influenced by pH and water hardness.

CCME guidelines for livestock are 1 to 2 mg F/L, but it has also been noted that, at a level of 2 mg/L, mottling of teeth may occur. It is important to stress that the tolerance levels in water may depend on total intake of fluorine from all dietary and environmental sources.

**Table 9.5.1 Examples of dietary intake of fluoride associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Fluoride		
Water F content (mg/L)	Estimated Water Contribution to Total Dietary Fluoride Intake (mg/day)	Estimated Contribution of Fluoride From Normal Feed (mg/day)	Estimated Dietary Fluoride Levels Generally Regarded as Safe and Dietary Fluoride Levels Consideration for Risk of Adverse or Toxic Effect (mg/day)	
2	64 to 80	220 to 280*	Safe Levels (generally regarded as nutritionally balanced)	NA
			Excessive Levels (possible risk of adverse metabolic effects)	440– 560**
			Potentially Toxic Levels (high risk of metabolic disturbances and/ or overt health problems)	>560**

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day. Intake estimates taken from the CowBytes® ration balancing program.

<sup>†</sup> Guidelines for water are based on CCME recommendation.

\* Calculation based on values cited as upper limit found in natural forages being 20mg F/kgDM (NRC, 1974).

\*\* Calculation based on tolerance level values from NRC - Mineral Tolerance of Animals 2005, 2<sup>nd</sup> Revised Ed, Committee on Minerals and Toxic Substances in diets and Water for Animals, The National Academies Press, Washington, DC.. NA=data not available

## Fluoride

**Table 9.5.2 NRC recommended maximum levels of fluorine in feed and water for various classes of ruminant livestock.**

Class of Livestock	Maximum recommended	
	Diet (ppm)	Drinking water (mg/L)
Young dairy cattle	30	2.5-4.0
Slaughter cattle	100	12-15
Mature dairy cattle	40	3-6
Mature beef cattle	50	4-8
Ewes	60	5-8
Finishing Lambs	100-150	12-15

These figures, set by the National Research Council (NRC, 1980), are widely used in many publications. However, since the availability of fluorine largely depends on the form and source, these values may not be universally applicable to every situation. For instance, the limit of tolerance for dairy set by NRC is approximately 40 mg F/kg DM when ingested as NaF. Tolerance of dairy cows to the fluoride in CaF (and presumably to soil fluoride) may be twice as high (Shupe *et al.*, 1962). According to Lewis (1995), water fluoride at a concentration of 4 ppm is considered to be marginally safe for horses, but water containing more than 8 ppm should be avoided.

Downward revision of the safe fluoride allowances for breeding ewes was suggested by Wheeler *et al.*, (1985). However, these numbers may need to be further revised to account for possible differences in metabolic tolerance of modern, highly producing animals.

### 9.5.1 Evaluation of Risk

In industrial areas, emission of fluorine fumes or fluoride dusts may contaminate the plants and water consumed by the animals. Considering that the environmental output of fluorine in some areas may be very high, the possibility that water may become contaminated must be considered. Higher risk of exposure to toxic or potentially toxic amounts of fluorine by farm animals exists in areas where the drinking water is naturally high in fluoride (known as endemic fluorosis). Total intake of fluorine may be increased when the animal's diet contains an excess of fluoride-bearing minerals used as a source of extra calcium and phosphorus.

Fluorine levels in water may be highly variable, depending on area and industrial activity. While considering the risk of exposure to fluoride, several factors must be evaluated. The mere presence of fluoride may, or may not be, a factor mitigating the risk of adverse effects because the bioavailability of fluorine depends on the source and form. For instance, retention of fluorine from aluminum or calcium fluorides is low. On the other hand, soluble fluorides are rapidly and almost completely absorbed from the GI tract. Absorbed fluorine is distributed rapidly throughout the body as the fluoride ion, and readily crosses cell membranes. Furthermore, other components of water and diet

must be considered. For instance, calcium and magnesium salts, as well as sodium chloride may reduce absorption of fluorine from the GI tract. Inadequate dietary carbohydrate intake enhances F absorption.

**Health Effects:** Signs of acute F toxicity include: restlessness, sweating, anorexia, salivation, dyspnea, nausea, gastroenteritis, muscle weakness, clonic convulsions followed by depression, pulmonary congestion and respiratory and cardiac failure. However, acute toxicity is very unlikely to occur in association with water fluorine under normal circumstances.

Fluorine is a cumulative toxin, and for this reason animals that live longer (e.g. dairy or beef cows) are more likely to develop chronic fluorosis.

No single criterion can be used to define F toxicity. Dental defects are the most sensitive indicators of elevated fluorine intakes with signs such as:

- delayed eruption of permanent incisor teeth.
- changes in teeth shape, size, color, and orientation.

Bone lesions associated with fluorosis can occur in animals exposed at any age. Bones of animals with signs of fluorosis appear chalky, rough, and porous compared with normal bones. Associated signs may be manifested as lameness, stiffness, treading of the feet, curled and abnormal hoofs, dry, lustreless hair and non pliable skin. Reduced immune response has also been observed.

**Production Effects:** Usually, in cases of chronic, moderate levels of exposure, clinical signs of toxicity appear only after several weeks or even months, and, at a low level of exposure, clinical signs of toxicity may develop over several years. For instance, at 50 mg F per kg DM, signs of fluorosis may appear within 3-5 years (Suttie *et al.*, 1957). In the study of Shupe *et al.*, (1963) when exposure commenced with young calves and lasted for 7 years, the tolerance for soluble fluoride was 30 mg F kg DM.

However, fluorine deposition in the skeleton occurs even at low levels of exposure. Exposure of the pregnant and lactating animal to fluoride may increase levels of fluoride in the milk and blood of the neonate (Wheeler *et al.*, 1985). During the initial stages, milk production parameters may not be significantly affected (Suttie and Kolstad, 1977). Also, digestibility and utilization of energy and protein are not significantly depressed (Shupe *et al.*, 1962, 1963). Nevertheless, secondary effects of subclinical changes associated with fluoride should not be ignored. For instance, impaired mastication and increased sensitivity to cold drinking water may lead to impaired feed intake, protein absorption, and consequently stunted growth and reduced milk yield.

High dietary fluoride levels may affect milk production (Stoddard *et al.*, 1963). Also, adverse effects on reproduction have been reported (IPCS, 2002). Poor reproductive performance in association with water fluorine in cattle may occur, but the risk of these effects in a practical situation is very low, if at all realistic. The apparent threshold for reproductive effects associated with fluorine in drinking water has been set at 100 to



## Fluoride

200 mg/L ((NRC, 1993). With some exceptions possible, such levels are not very realistic under normal situations.

**Metabolic Interactions:** Fluorine may interfere with Mg, Mn, Fe, Mo, Cu and Zn metabolism. Vitamin B12 synthesis and folic acid activity are compromised. Protein utilization decreases with increasing dietary F. Aluminum (as sulphate, chloride, lactate, or hydroxide) reduces F toxicity and accumulation in bone.

**Table 9.5.3 Summary of practical information relevant to fluoride exposure in livestock.**

Guidelines	Interactions		Adverse Effects and Signs of Toxicity	
	Essential Elements	Metabolic Effects	Short Term, Moderate or High Level Exposure	Long Term, Low or Moderate to High level of Exposure
1 to 2 mg F/L	magnesium, iron, manganese, copper, zinc, molybdenum	<p>Fluoride may interfere with Mg, Mn, Fe, Mo, Cu and Zn metabolism. Vitamin B12 synthesis and folic acid activity are compromised.</p> <p>Protein utilization decreases with increasing dietary F.</p> <p>Calcium and Magnesium salts may reduce absorption of fluorine from the GI tract.</p> <p>Inadequate dietary carbohydrate intake enhances F absorption.</p>	<p>Acute toxicity is very unlikely in association with water fluorine. Signs of acute toxicity include: restlessness, sweating, anorexia, salivation, dyspnea, nausea, gastroenteritis, muscle weakness, clonic convulsions followed by depression, pulmonary congestion and respiratory and cardiac failure.</p> <p>In chronic, moderate levels of exposure, clinical signs of toxicity appear only after several weeks or even months.</p>	<p>At low level of exposure, clinical signs of toxicity may develop over several years</p> <p>Bone lesions associated with fluorosis can occur in animals exposed at any age. Bones of animals with signs of fluorosis appear chalky, rough, and porous compared with normal bones.</p> <p>The problem may be manifested as: lameness, stiffness, treading of the feet, curled and abnormal hoofs.</p> <p>At high levels, signs ay include: dry, lusterless hair and non pliable skin, reduced immune response. delayed oestrus and poor reproductive performance, stunted growth and reduced milk yield.</p>

<sup>†</sup> CCME guidelines for livestock are 1 to 2 mg F/L, but it has also been noted that, at a level of 2 mg/L, mottling of teeth may occur. Tolerance levels in water may depend on many dietary variables, as well as on total intake of fluorine from all dietary and environmental sources.

### **9.5.2 Water Types or Conditions Where High Levels Occur**

Fluoride occurs naturally in geological formations and concentrations vary depending on the source of the water. Fluoride is used in the manufacturing of aluminum, phosphate fertilizers and bricks so there are potential for surface water contamination. Rarely does the fluoride level in Saskatchewan groundwater exceed the Canadian guideline for livestock of 1 to 2 mg/L (Saskatchewan Watershed Authority Rural Water Quality Data Base).

**Table 9.5.4 Fluoride Levels in Saskatchewan Groundwater**

<b>Fluoride Content (mg/L)</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<1	934	97.0
1 to 1.5	21	2.2
1.5 to 2	4	0.4
2 to 4	2	0.2
>4	2	0.2

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

### **9.5.3 Management Considerations**

In the assessment of the potential risk of adverse effects associated with fluorine in water one should take into consideration balancing fluorine levels in the diet. Also factors that may increase bio-availability of fluorine may be used to offset low to moderate levels.

### **9.5.4 Treatment Technology**

Treatment technology includes:

- Nano-Filtration or RO membranes

See Section on water treatment for further discussion on specific treatment systems.

## Iron

### 9.6 Iron

Iron in earth's crust is the fourth most abundant element, and is widely distributed in the biosphere. Most ground water sources contain iron, but the content may be highly variable, depending on geographical and geological location. Deep well water sources tend to have higher content of iron than shallow wells, or sand point sources. Although iron is an essential element, its availability from water may be variable depending on its chemical form. In some water sources, iron may be most likely present in a form of insoluble iron oxides, and therefore its bioavailability is rather low.

Iron in the water for livestock is usually considered to be a nuisance problem (mainly with water lines), rather than a toxicological problem. CCME does not provide guidelines for water iron levels suitable for livestock. The aesthetic objective for iron in drinking water (for humans) is 0.3 mg/L.

**Table 9.6.1 Examples of dietary intake of iron associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Iron <sup>‡</sup>		
Water Fe content (mg/L)	Estimated Water Contribution to Total Dietary Iron Intake (g/day)	Estimated Contribution of Iron From Normal Feed (g/day)	Estimated Dietary Iron Levels Generally Regarded as Safe and Dietary Iron Levels Consideration for Risk of Adverse or Toxic Effect (g/day)	
NA	0.96 to 1.2 (based on 0.3 mg/L iron in water)	1.7 to 2.2	<b>Safe Levels</b> (generally regarded as nutritionally balanced)	<5.31
			<b>Excessive Levels</b> (possible risk of adverse metabolic effects)	5.32 – 7.97
			<b>Potentially Toxic Levels</b> (high risk of metabolic disturbances and/ or overt health problems)	>7.97

<sup>†</sup> CCME does not provide guidelines for water iron levels suitable for livestock.

<sup>‡</sup> Arbitrary calculation based on content of iron 10mg/L, which is common in some parts of Saskatchewan

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day. Intake estimates taken from the CowBytes® ration balancing program.

**Note 2:** Salt or Mineral Supplements are not included in estimates of iron in feed.

±Values for feed are from CowBytes Ration Balancing Software (Incorporates NRC Beef 2000 Model), Alberta Agriculture Food and Rural Development.

NA=data not available

### 9.6.1 Evaluation of Risk

**Health Effects:** The risk of iron toxicity *per se* in livestock is considered to be very low. Direct toxic effects associated with iron overload *per se* in cattle have not been recorded. Fe overload increases the risk of infection and neoplasia. Secondary copper insufficiency may compromise first line of defence immune responses (Boyne and Arthur, 1986).

**Production Effects:** Characteristic signs of chronic iron overload are reduced feed intake, growth rate, and efficiency of feed conversion. At 1,600 ppm, iron caused significant reductions in daily gains and feed intake (Standish *et al.*, 1969). In calves, poorer performance may occur at dietary iron levels of 500 ppm or more (Koong *et al.*, 1970). Undesirable effects of iron on veal meat quality have been noted.

Although iron in the water for livestock is not likely to result in adverse effects or production parameters, contrary to common belief, the problem of iron in water should not be ignored. Iron in water, if present in an ionized form as a divalent cation, may interfere with the bioavailability of other divalent metals such as copper, zinc, magnesium, manganese, or calcium. Most of the adverse effects of dietary iron are indirectly associated with secondary deficiencies resulting from antagonistic interactions. Cu deficiency is the most likely outcome of excess dietary iron in cattle and sheep.

Interestingly, it has been suggested that elevated iron concentrations in the drinking water may be a significant risk factor promoting intestinal proliferation of *Clostridium botulinum* and subsequent botulism (Pecelunas *et al.*, 1999). Our recent research has shown that high iron water promotes proliferation of *Clostridium perfringens* in the chicken intestinal content, and thus may increase the risk of necrotic enteritis (Olkowski *et al.*, manuscript in preparation).

**Although high levels of iron in drinking water may not be of toxicological significance *per se*, secondary metabolic effects should be considered for at least two reasons: 1) iron may affect water palatability, and thus reduce water intake, and 2) excessive intake of iron may have detrimental effects on metabolism of several essential micronutrients.**

**Metabolic Interactions:** Excess iron may affect many metabolic processes via a wide range of metabolic interactions. Among the physiologically significant effects are interactions with essential nutrients such as Co, Cu, Mn, Se, and Zn, where deficiency of these elements can be induced by high dietary iron. Antagonisms between copper and iron may have metabolic consequences (Suttle *et al.*, 1984, Suttle and Peter, 1985).

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Copper status in cattle has been lowered by as little as 250 mg Fe/kg DM (Bremner *et al.*, 1987). The Fe antagonism towards copper does not appear to be manifested in the pre-ruminant calf (Bremner *et al.*, 1987). At a level of 1,000 mg of supplemental iron per kilogram diet, the deleterious effect on copper status of cattle could not be alleviated by either copper sulphate or copper proteinate at the supplemental concentrations (5 or 10 mg/kg diet). Simmental steers consistently had lower copper status than Angus cattle, suggesting that Simmental have a higher copper requirement (Mullis *et al.*, 2003).

The accelerated depletion of liver copper reserves in weaned, iron-supplemented calves (Humphries *et al.*, 1983) probably reflects inhibition of copper absorption, and the interactions in both sheep (Suttle *et al.*, 1984) and cattle (Bremner *et al.*, 1987) are in part dependent on sulphur.

Ruminants consuming forage-based diets are often exposed to high levels of Fe through water, forage, and/ or soil ingestion. High dietary Fe has been shown to greatly reduce Cu status in cattle (Standish *et al.*, 1971; Campbell *et al.*, 1974; Humphries *et al.*, 1983) and sheep (Prabowo *et al.*, 1988). Steers supplemented with 1000 mg Fe/kgDM also had reduced liver Zn concentrations (Standish *et al.*, 1971), suggesting that bioavailability of Zn is also reduced by high dietary Fe.

Ascorbic acid (vitamin C) is known as an enhancer of iron absorption. Interactions of ferrous salts with vitamin C have been shown to have detrimental effects on animals (Fisher and Naughton, 2004).

At the 10 ppm level, water iron may contribute significantly to the overall dietary iron intake. For example, a cow producing 30 kg milk per day will drink, depending on environmental temperature, between 92 and 146 L of water per day. If the water contained 10 mg/L of Fe, water contribution to the Fe intake would be 920 to 1460 mg/day.

**Table 9.6.2 Summary of practical information relevant to iron exposure in livestock.**

Guidelines	Interactions			Adverse Effects and Signs of Toxicity	
	Essential Nutrients	Toxic Metals	Metabolic Effects	Short Term, High Level Exposure	Long Term, Low Level Exposure
<p>CCME does not provide water iron levels for livestock.</p> <p>The aesthetic objective for iron in drinking water is 0.3 mg/L.</p>	<p>selenium, cobalt, manganese, copper, zinc calcium Vit C and E</p>	<p>NA</p>	<p>Water palatability may be affected by high levels of iron in water.</p> <p>Co, Cu, Mn, Se, and Zn deficiency can be induced by high Fe.</p> <p>Copper status in cattle has been lowered by as little as 250 mg Fe/kg DM.</p> <p>Depletion of liver copper reserves in weaned, iron-supplemented calves may be associated with impaired copper absorption, and the interactions in both sheep and cattle are in part dependent on sulphur.</p> <p>Ascorbic acid (vit C) may enhance iron absorption, whereas vit E can prevent adverse effects.</p>	<p>Direct toxic effects associated with iron overload <i>per se</i> in cattle have not been recorded.</p>	<p>Iron in water, if present in an ionized form as a divalent cation, may interfere with the bioavailability of other divalent metals such as copper, zinc, magnesium, manganese, or calcium.</p> <p>Most of the adverse effects of dietary iron are indirectly associated with secondary deficiencies resulting from antagonistic interactions.</p> <p>Cu deficiency is the most likely outcome of excess dietary iron in cattle and sheep.</p> <p>Characteristic signs of chronic iron overload are reduced feed intake, growth rate, and efficiency of feed conversion.</p> <p>At 1,600 ppm, iron caused significant reductions in daily gains and feed intake. In calves, poorer performance may occur at dietary iron levels of 500 ppm or more.</p>

NA=data not available

## **Iron**

### **9.6.2 Water Types or Conditions Where High Levels Occur**

Both surface and groundwater sources contain iron, although groundwater sources tend to have higher concentrations. In surface water sources the oxidative environment often causes precipitation and settling of the iron. Anaerobic conditions can dissolve the settled iron and bring it back into water body. In groundwater, the reductive environment dissolves iron and maintains it in a dissolved state.

**Table 9.6.3 Iron Levels in Saskatchewan Groundwater**

<b>Iron Content (mg/L)</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<0.1	1405	47.3
0.1 to 0.3	328	11.1
0.3 to 1	416	14.0
1 to 2	258	8.7
2 to 5	351	11.8
5 to 10	161	5.4
10 to 20	39	1.3
>20	11	0.4

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

### **9.6.3 Management Considerations**

Iron in the water for livestock is more likely to be considered a nuisance problem (mainly with water lines), rather than a toxicological problem. Dietary balancing of nutrients affected by excessive intake of iron should be effective to alleviate adverse effects of iron associated with metabolic interactions. Iron removal is probably the most practical approach to effectively deal with high iron content in water.

### **9.6.4 Treatment Technology**

Treatment technology includes:

- Coagulation
- Manganese greensand filters may be effective in reducing iron in water
- Slow sand filter
- Biologically activated carbon with pre-oxidation
- Oxidation/pH modification and filtration
- Nano-Filtration or RO membranes
- Oxidation and settling

Treatments used to remove only iron from water for livestock can be economically feasible. Often iron or manganese exists in water with high arsenic content, and removal of both substances with one treatment system may provide economic benefit. See Section on water treatment for further discussion on specific treatment systems.

## 9.7 Lead

Lead occurs naturally in the earth's crust at a concentration of about 13 mg/kg, but there are some areas with much higher concentrations, including the lead ore deposits scattered throughout the world. The concentration of lead in surface water is highly variable depending upon sources of pollution; lead content of sediments; and the pH, salinity, and organic matter content of the water. Dissolved lead concentrations in unpolluted freshwaters are generally very low, <0.01 mg/L (Fergusson 1990, Galvin 1996). Most lead (over 90%) transported by unpolluted streams is associated with suspended particulate matter (Salomons & Förstner 1984). A major source of lead for waterfowl and other wildlife is spent lead shot, bullets, cartridges, and the lead sinkers used in sport fishing (Burger and Gochfeld, 2000; D Francisco *et al.*, 2003).

According to the Canadian guidelines (CCREM 1987), drinking water lead concentration should be below 0.1 mg/L. In some classes of highly producing livestock, a lead level of 0.1 mg per litre water may contribute to the overall intake of several milligrams of lead daily (Table 9.7.1).

**Table 9.7.1 Examples of dietary intake of lead associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Lead <sup>‡</sup>	
Water Pb content (mg/L)	Estimated Water Contribution to Total Dietary Lead Intake (mg/day)	Estimated Contribution of Lead From Normal Feed (maximum limit) <sup>*</sup>	Maximum Tolerable Dietary Level (mg/kg DM)
0.1	3.2 to 4.0	NA <sup>‡</sup> (55 to 70 mg/day) <sup>*</sup>	NA <sup>‡</sup> (30 mg/kg) <sup>‡</sup>

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day. Intake estimates taken from the CowBytes® ration balancing program.

**Note 2:** Salt or Mineral Supplements are not included in estimates of lead in feed.

<sup>†</sup> Guidelines for water are based on CCME 2005 recommendation.

<sup>‡</sup> Values for dietary levels are from CowBytes Ration Balancing Software (Incorporates NRC Beef 2000 Model), Alberta Agriculture Food and Rural Development.

NA=data not available.

**Note 3:** According to NRC (2005) in ruminants, 250 mg/kg lead in the diet can be tolerated for several months without significant effects on performance; however, levels of lead in kidneys are none become of concern if consumed by humans.

**Note 4:** <sup>\*</sup>Values used by CFIA as "Metal Reporting Limits" for lead are set at 5 ppm (information provided by Feed Specialist Inspector, CFIA, author's personal communication).

<sup>\*</sup>Recommendation according to Puls, 1994,



## **Lead**

### **9.7.1 Evaluation of Risk**

The risk of lead toxicity in livestock depends largely on the type of animal, physiological and nutritional status, and age. Although the risk of adverse effects associated with lead in drinking water is generally very low, water may contribute to the overall burden of dietary lead.

Feed can contain considerably larger quantities of lead than water, but it has to be stressed that lead in water is more efficiently absorbed than lead in food (Goyer 1997). Hence, animals can tolerate considerably higher daily exposure levels of lead when it is consumed in the diet than in the water. Lead ingested in water, without simultaneous food consumption, is considerably more toxic than when water is ingested with a meal.

Young animals absorb lead more efficiently than older animals and show lower tolerance to lead. Cattle, especially young calves, are extremely susceptible to lead toxicity (Neathery and Miller, 1975).

Among dietary factors, calcium status is one of the most important factors modulating lead toxicity. High levels of dietary calcium and phosphorus decrease intestinal absorption of lead and thus decrease its toxicity. Low dietary iron enhances gastrointestinal lead absorption, and thus increases the susceptibility of animals to lead toxicity. Lactose promotes lead absorption in calves (Zmudzki *et al.*, 1986). Selenium and monensin increases lead accumulation in chickens (Khan *et al.*, 1993, 1994).

With low to moderate body burden, most lead is retained in the skeleton. However, beyond a certain point, the kidney and liver may accumulate lead in large quantities. Lead passes the placenta more readily than other heavy metals.

**Health Effects:** Lead can be a lethal toxin if ingested by livestock in large amounts. For instance, it has been reported that calves died after accidental exposure to an estimated dose of 5–8 mg Pb/kg BW/d for 30 days (Osweiler & Ruhr 1978). Sheep death was reported following dietary exposure to 5.7 mg Pb/kg BW/day (James *et al.*, 1966).

Lead affects several organ systems, including the nervous, hematopoietic, renal, endocrine, and skeletal. Initially, lead is accumulated in the skeleton, but when the threshold is exceeded, lead levels in circulation may increase drastically until signs of poisoning occur. Signs of lead toxicity are mostly not specific and may include: anaemia, anorexia, fatigue, depression, constipation or diarrhoea, abdominal pain, nephropathy, blindness, head pressing, bawling, trembling, convulsions, and salivation. Chronic exposure may result in loss of weight.

Chronic effects such as anorexia and respiratory distress are associated with low level poisoning. In chronically exposed animals, blood Pb increases at the end of pregnancy and beginning of lactation as bone minerals are mobilized. Abortions have been

observed. Pb begins to transfer to milk when blood Pb exceeds 0.30 ppm. Difficulty swallowing or suckling in calves has been observed. Lead is known to decrease immune response. Reduced resistance to diseases has been reported following low-level intake of lead (Hemphill *et al.*, 1971).

Diagnosis of lead toxicity can easily be confirmed post mortem. In acute cases, high lead concentrations may be found in digesta and feces, as well as in kidneys.

**Production Effects:** Low dietary intake of lead does not result in any appreciable rise of lead in products such as milk or meat, but liver and kidney accumulate lead. At high dosage rates lead can accumulate in soft tissues of animals to a degree that might exceed acceptable levels for human consumption, if livestock are raised in areas contaminated with lead (NRC 1980). Lead may adversely affect both female and male reproductive functions (IPCS, 1995; Sallmen, 2001).

***In addition to the direct effect of lead on health or production parameters, the exposure to lead ought to be also considered in the context relevant to contamination of animal products.***

It is noteworthy that even at low levels of exposure, potentially consumable organs such as kidney or liver may accumulate lead. Although there is no appreciable rise of lead in milk at low level of lead intake, lead exposure studies showed a dose-related increase in milk (Sharma *et al.*, 1982). Since lead in milk is highly available (Hallen and Oskarsson, 1995), suitability of milk from cows exposed to dietary lead for human consumption may become an issue.

**Metabolic Interactions:** Lead may interfere with the metabolism of several essential metals. Dietary lead increases liver zinc, but decreases liver copper and kidney manganese. Increased levels of calcium, cobalt, zinc, copper, iron, and selenium may reduce lead toxicity. Increased cadmium may enhance lead toxicity. Lead toxicity also impairs vitamin D metabolism, and may increase the apparent need for dietary calcium. Ascorbic acid, thiamine, and nicotinic acid may reduce lead toxicity.

## Lead

**Table 9.7.2 Summary of practical information relevant to lead exposure in livestock.**

Guidelines	Interactions			Adverse Effects and Signs of Toxicity	
	Essential Elements	Toxic Metals	Metabolic Effects	Short Term, High Level Exposure	Long Term, Low Level Exposure
0.1 mg/L.	calcium, selenium, iron, manganese, copper, zinc, Vit. D	cadmium	<p>Dietary lead increases liver zinc, but decreases liver copper and kidney manganese. Increased levels of calcium, cobalt, zinc, copper, iron, and selenium may reduce lead toxicity.</p> <p>Increased cadmium may enhance lead toxicity.</p> <p>Ascorbic acid, thiamine, and nicotinic acid may reduce lead toxicity.</p>	<p>Signs of acute toxicity may be manifested as: anorexia, fatigue, depression, constipation or diarrhea, abdominal pain, nephropathy, blindness, head pressing, bawling, trembling, convulsions, loss of weight, abortion or salivation.</p> <p>Difficulty swallowing or suckling in calves has been observed.</p>	<p>Chronic effects such as anorexia and respiratory distress are associated with low level poisoning.</p> <p>Lead affects both male and female reproductive functions.</p> <p>Lead may decrease immune responses. Reduced resistance to diseases has been reported following low-level intake of lead.</p>

<sup>†</sup>CCME2005

### 9.7.2 Water Types or Conditions Where High Levels Occur

Lead is the most common heavy metal and is widely used for production of batteries, gasoline additive and other chemicals. Saskatchewan does not have high concentrations of lead ore deposits therefore unless the water is contaminated, lead levels are low. More than 99% of all water is less than the Canadian guideline of 0.01 mg/L for humans, and only 1 in 3000 samples is greater than the 0.1 mg/L established for livestock (Saskatchewan Watershed Authority Rural Water Quality Data Base).

**Table 9.7.3 Lead Levels in Saskatchewan Groundwater**

Lead Content (mg/L)	Number of Samples Analysed	Percent of Total
<0.01	2943	99.3
0.01 to 0.1	21	0.7
>0.1	1	0.03

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

### **9.7.3 Management Considerations**

Since in practical situation feed can contain considerably larger quantities of lead than water, major effort in risk management should be focused on feed. However, it has to be remembered that lead in water is more efficiently absorbed than lead in food, so if lead content in water is significant, water treatment would be highly recommended. In view of the fact that low dietary iron enhances gastrointestinal lead absorption, and thus increases the susceptibility of animals to lead toxicity, dietary iron status should be monitored in areas where water lead exposure is prominent.

### **9.7.4 Treatment Technology**

Treatment technology includes:

- Nano-Filtration or RO membranes

See Section on water treatment for further discussion on specific treatment systems.

## Magnesium

### 9.8 Magnesium

Drinking water from natural sources usually contains magnesium, but levels may vary greatly with location and often with season.

Magnesium is an essential nutrient required for numerous biochemical and physiological functions. Magnesium is present in variable amounts in common animal feed (NRC, 1979), but there is a large degree of variability among different feedstuffs, in particular in forages (Reid *et al.*, 1970). Legumes are generally higher in magnesium than grasses. There are a number of sources of supplemental magnesium commonly used in the feed industry. Bioavailability of magnesium may differ substantially, depending on source.

At present, there is no guideline for magnesium for livestock drinking water. A concentration of 6000 mg/L reduced growth and bone mineralization in immature chickens. An upper limit of 300 to 400 mg/L has been suggested for dairy cows (Peterson, 2000)

**Table 9.8.1 Examples of dietary intake of magnesium associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Magnesium <sup>‡</sup>		
Water Mg content (mg/L)	Estimated Water Contribution to Total Dietary Magnesium Intake (g/day)	Estimated Contribution of Magnesium From Normal Feed (g/day)	Estimated Dietary Magnesium Levels Generally Regarded as Safe and Dietary Magnesium Levels Consideration for Risk of Adverse or Toxic Effect (g/day)	
400 <sup>*</sup>	12.8 to 16	24 to 31	Adequate Levels (generally regarded as nutritionally balanced)	27.5 – 48.0
			Excessive Levels (possible risk of adverse metabolic effects)	110 – 560

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day. Intake estimates taken from the CowBytes® ration balancing program.

**Note 2:** Salt or Mineral Supplements are not included in estimates of magnesium in feed.

<sup>†</sup> No CCME Guideline. <sup>\*</sup>Value based on suggested upper limit for dairy cows (Peterson, 2000)

<sup>‡</sup>Values for dietary levels are from R. Puls, 1994.

### 9.8.1 Evaluation of Risk

The risk of toxicity associated with magnesium present in Canadian water sources appears to be extremely low. Furthermore, if one excludes accidental nutritional errors, under normal practical conditions adverse effects associated with magnesium due to ingestion of natural feedstuffs and water are unlikely to occur.

Nevertheless, magnesium can be toxic when administered at high levels, and while assessing the tolerance criteria for magnesium in drinking water, total dietary magnesium, as well as magnesium bioavailability should be taken into consideration.

Generally, cattle and sheep should be able to tolerate 0.5% magnesium, whereas the maximum tolerable level for poultry and swine appears to be 0.3%. The risk of outright magnesium toxicity in practical situations is negligible, but it has to be stressed that much lower levels of dietary magnesium have been found to affect performance.

**Health Effects:** The signs of acute toxicity include disturbance in locomotion, lethargy, coma and death. Scouring is a common problem with high dietary magnesium levels. Very high levels of magnesium in drinking water may present serious problems in farm animals. In one report, magnesium levels in water of about 1% was reported to cause a weakening effect on humans and farm animals in parts of Minnesota, the Dakotas, and Montana (Allison, 1930). Cattle and hogs raised in these areas could not be fattened for market while drinking this water. Calves were stunted and many never matured. Cattle developed a “run-down-ragged appearance,” and many died prematurely. A degeneration of the bones occurred. Peirce (1959) reported that drinking water containing 0.2-0.3% magnesium chloride was harmful to sheep.

**Production Effects:** Younger animals may be more sensitive to excessive intake of magnesium. For instance, increasing the level of dietary magnesium from 0.16 to 0.22% has resulted in lower rate and efficiency of weight gain in swine during earlier stages of growth (20 to 45 kg), but had no effect thereafter (Krider *et al.*, 1975). Studies of O'Kelley and Fontenot, (1969, 1973) have shown that mature cows, regardless whether during gestation or lactation, were not affected by dietary magnesium levels as high as 0.29%.

Excess dietary intake of magnesium has been found to cause depressed growth rate in chicks (Nugara and Edwards, 1963; Chicco *et al.*, 1977), and sheep (Kerk, 1973). The decrease in performance appears to be caused partly by decreased feed intake.

In monogastric animals, the most likely adverse effect of magnesium in drinking water is the laxative effect, particularly with magnesium sulphate. However, in ruminant livestock, the detrimental effects of sulphate would be of more patho-physiological importance than the adverse effects of magnesium (for details see chapter on sulphur).

## **Magnesium**

**Metabolic Interactions:** Excess intake of magnesium can affect bioavailability and metabolism of several divalent essential elements such as Cu, Fe, Mn, Ca, and Zn. However, in comparison to other minerals, magnesium interaction with Ca and P appears to be of more specific patho-physiological significance.

When 0.6 percent magnesium was supplemented, growth and bone mineralization were adversely affected regardless of the calcium and phosphorus levels, but lower levels of 0.2 or 0.4% magnesium tended to alleviate the adverse effects of deficiencies of both calcium and phosphorus in chicks (Chicco *et al.*, 1967).

High levels of calcium and phosphorus have been shown to depress magnesium absorption in sheep (Chicco *et al.*, 1973; Pless *et al.*, 1973). Calcification in hearts and kidneys of rats administered high levels of vitamin D was aggravated by high dietary levels of magnesium (Whittier and Freeman, 1971).

High dietary potassium depresses magnesium absorption in ruminants (Newton *et al.*, 1972).

### **9.8.2 Water Types or Conditions Where High Levels Occur**

According to studies conducted by Environment Canada, magnesium concentrations as high as 168 mg/L have been found in Canadian water sources, but in most cases, magnesium content was below 25 mg/L. Two national surveys of drinking water supplies, encompassing 115 municipalities across Canada, were conducted in 1976 and 1977 (Méranger *et al.*, 1979, 1981). Magnesium concentrations in distributed water ranged from 0.2 to 2230 mg/L, with the highest median concentrations being in Alberta (17 mg/L), Saskatchewan (28 mg/L, and Manitoba (23 mg/L). In Saskatchewan, magnesium levels over 400 mg/L is rare, therefore magnesium is rarely a concern in water supplies (Saskatchewan Watershed Authority Rural Water Quality Data Base).

### **9.8.3 Management Considerations**

An excess of dietary magnesium can be managed through the following measures: 1) modification of the diet to balance total Mg intake, and 2) dietary intervention aimed at balancing nutrients that can be affected by metabolic interactions with magnesium.

### **9.8.4 Treatment Technology**

Treatment technology includes:

- Nano-Filtration or RO membranes

See Section on water treatment for further discussion on specific treatment systems.

**Table 9.8.2 Summary of practical information relevant to magnesium exposure in livestock**

Guidelines	Interactions			Adverse Effects and Signs of Toxicity	
	Essential Elements	Toxic Metals	Metabolic Effects	Short Term, High Level Exposure	Long Term, Low Level Exposure
400mg/L Recommended Maximum in Drinking Water for Livestock <sup>†</sup>	calcium iron, manganese, copper, zinc, potassium	cadmium	Excess intake of magnesium can affect metabolism of Cu, Fe, Mn, Ca, and Zn.  In comparison to other minerals, magnesium interaction with Ca and P appears to be of more specific patho-physiological significance.  High dietary potassium depresses magnesium absorption in ruminants.	Magnesium is toxic when administered at high levels.  The signs of acute toxicity include disturbance in locomotion, lethargy, coma and death. Scouring is a common problem with high dietary magnesium levels.	In monogastric animals, the most likely adverse effect of magnesium in drinking water is the laxative effect, particularly with magnesium sulphate.  In ruminant livestock, the detrimental effects of sulphate would be of more patho-physiological importance than the adverse effects of magnesium (for details see chapter on sulphur).

<sup>†</sup> Not a guideline. Value based on suggested upper limit for dairy cows (Peterson, 2000)

**Table 9.8.3 Magnesium Levels in Saskatchewan Groundwater**

Magnesium Content (mg/L)	Number of Samples Analysed	Percent of Total
<40	1033	35.7
40 to 100	1127	39.0
100 to 200	570	19.7
200 to 400	136	4.7
>400	27	0.9

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base



## Manganese

### 9.9 Manganese

Manganese can be present in natural surface waters as dissolved or suspended matter, but water is a minor source of the total manganese intake. Presently there is no Canadian guideline for livestock for manganese. There is a Canadian aesthetic guideline of 0.05 mg/L for distribution systems which is not based on toxicity but rather potential problems in restricted flow devices in water lines. Research indicated that 50 to 125 mg/L reduced haemoglobin in baby pigs and 45 mg/L caused anaemia in lambs. Generally, the contribution of water manganese to the total dietary manganese appears to be negligible (Table 9.9.1).

**Table 9.9.1 Examples of dietary intake of manganese associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Manganese <sup>‡</sup>	
Water Mn content (mg/L)	Estimated Water Contribution to Total Dietary Manganese Intake (g/day)	Estimated Contribution of Manganese From Normal Feed (g/day)	Estimated Dietary Manganese Levels Generally Regarded as Safe and Dietary Manganese Levels Consideration for Risk of Adverse or Toxic Effect (g/day)
NA <sup>†</sup> 5.0 <sup>*</sup>	0.16 to 0.20	0.46 to 0.59	<b>Safe Levels</b> <i>(generally regarded as nutritionally balanced)</i> <b>0.43 – 1.27</b>
			<b>Excessive Levels</b> <i>(possible risk of adverse metabolic effects)</i> <b>1.28 – 2.55</b>
			<b>Potentially Toxic Levels</b> <i>(high risk of metabolic disturbances and/ or overt health problems)</i> <b>&gt;2.55</b>

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day. Intake estimates taken from the CowBytes® ration balancing program.

**Note 2:** Salt or Mineral Supplements are not included in estimates of manganese in feed.

<sup>†</sup> Canadian guidelines are not available. <sup>\*</sup>Value of 5 mg/L is based on observation of Peterson (2000).

<sup>‡</sup>Values for dietary levels are from CowBytes Ration Balancing Software (Incorporates NRC Beef 2000 Model), Alberta Agriculture Food and Rural Development.

#### 9.9.1 Evaluation of Risk

Overall, manganese is considered as a metal of very low toxic potential. In most cases, the risk of adverse health effects associated with manganese in drinking water is, if any, very low. At a concentration greater than 0.05 ppm manganese may affect water palatability.

The most likely source of excessive manganese is the dietary component. Levels of Mn in excess of 30 mg/kg can be found in some grains, rice and nuts. Although the risk of toxicity associated with manganese is negligible, if dietary content of manganese is already high, water manganese may increase the risk of subtle metabolic disturbance associated with manganese interaction with other essential metals.

Manganese may cause problems in plumbing and watering equipment. There are known cases where water pipelines were totally blocked by manganese precipitate. In Saskatchewan, the greatest danger to producers is not from toxic effects but rather from having line blockage and thereby restricting water availability to livestock.

**Health Effects:** Notably, levels of manganese toxicity cited in the past research are extremely variable. Adverse health effects have not been observed in most species with dietary concentrations of 1,000 ppm manganese or less, but there is a general consensus that at 2,000 ppm and above, growth retardation, anaemia, gastrointestinal lesions can be observed in most species. According to Puls (1994) tolerance limits for manganese in mature cattle is approximately 1000-2000 ppm, and for calves 500 ppm. Swine appear to be more sensitive to manganese than cattle, sheep, or poultry.

At low level, long term exposure, the brain appears to be especially vulnerable to manganese toxicity. In humans, manganese is most commonly associated with occupational exposure to aerosols or dusts that contain extremely high levels of manganese, and consumption of contaminated well water.

**Production Effects:** Although relatively high levels of manganese may be required to cause overt toxicity, it is important to note that subtle patho-physiological changes associated with metabolic interaction of manganese with other elements may occur at relatively low levels of manganese excess.

A number of experimental studies have shown that exposure to manganese can cause deleterious effects on the male reproductive system. A delayed growth and maturation of the testes was reported in young mice dosed orally with 140 mg of Mn oxide per kilogram per day for 90 days (Gray and Laskey, 1980). Manganese chloride ingested in drinking water may affect fertility and reproduction (Elbetieha *et al.*, 2001). Exposure to manganese was found to be associated with a reduction in sperm motility and concentration (Ponnapakkam *et al.*, 2003, Wirth *et al.*, 2007).

**Metabolic Interactions:** Manganese may adversely affect metabolism and homeostasis of several divalent metals including Ca, Cd, Co, Fe, P and Zn. Iron deficiency may enhance absorption of manganese (Thomson *et al.*, 1971, 1972; Flanagan *et al.*, 1980).

It is noteworthy that metabolic interaction may be induced at relatively low levels of manganese excess. For instance, decreased copper absorption has been observed in a calf supplemented 50 ppm manganese above 12 ppm in the basal diet (Ivan and

## Manganese

Grieve, 1976). Negative calcium balance during early lactation was observed in cows fed 70 ppm manganese (Reid *et al.*, 1947).

**Table 9.9.2 Summary of practical information relevant to manganese exposure in livestock**

Guidelines	Interactions			Adverse Effects and Signs of Toxicity	
Recommended Maximum in Drinking Water for Livestock <sup>†</sup>	Essential Elements	Toxic Metals	Metabolic Effects	Short Term, High Level Exposure	Long Term, Low Level Exposure
NA <sup>†</sup> 5.0 mg/L <sup>*</sup>	calcium cobalt, iron, copper, zinc phosphorus	cadmium	Manganese may adversely affect homeostasis of several essential metals including Ca, Co, Fe, Cu, P and Zn.  Metabolic effect associated with interactions with other essential elements may be induced at relatively low levels exposure.	Acute toxicity is very unlikely  Manganese is considered as a metal of very low toxic potential.	At low levels, long term exposure, the brain tissue appears to be especially vulnerable to manganese toxicity.  Manganese can have detrimental effects on the male reproductive system.

<sup>†</sup> Canadian Guideline for manganese not available. <sup>\*</sup> Value of 5 mg/L is based on observation of Peterson (2000).

### 9.9.2 Water Types or Conditions Where High Levels Occur

The analysis conducted for Water-Quality Assessment Program of the US Geological Survey (USGS, 2005), suggests that approximately 6% of domestic wells contain high levels of Mn in drinking water in the range of 0.3 mg/L. A survey of Canadian surface waters undertaken in 1980–1981 showed that the usual range of manganese in freely flowing river water was 0.01–0.40 mg/L. The highest concentrations recorded were in the Carrot River in Saskatchewan; dissolved manganese reached 1.7 mg/L, whereas extractable manganese peaked at 4.0 mg/L.

Manganese is more prevalent in groundwater supplies than in surface water supplies owing to the reducing conditions that exist underground. High concentrations of manganese are also found in some lakes and reservoirs as a result of acidic pollution.

In Saskatchewan most groundwater sources have manganese exceeding 0.05 mg/L (Saskatchewan Watershed Authority Rural Water Quality Data Base). This is a concern for producers with long distribution pipelines. Producers should be knowledgeable regarding the manganese level in their water and expect to have deposits develop on the inside of their pipelines.

**Table 9.9.3 Manganese Levels in Saskatchewan Groundwater**

<b>Manganese Content (mg/L)</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<0.05	958	32.3
0.05 to 0.1	271	9.1
0.1 to 0.2	353	11.9
0.2 to 0.4	469	15.8
0.4 to 1.0	597	20.1
1 to 2	234	7.9
2 to 4	73	2.5
4 to 8	12	0.4
>8	2	0.1

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

### **9.9.3 Management Considerations**

An excess of dietary manganese can be managed through the following measures: 1) modification of the diet to balance total manganese intake, and 2) dietary intervention aimed at balancing nutrients that can be affected by metabolic interactions with manganese.

### **9.9.4 Treatment Technology**

Treatment technology includes:

- Manganese greensand (also removes iron and arsenic)
- Biologically activated carbon with pre-oxidation (also removes iron and arsenic)
- Oxidation/pH modification and filtration
- Nano-Filtration or RO membranes

Often producers will not treat water for manganese and replace pipelines as required. Measures to mitigate the problem of build-up in pipelines include sequestering agents and flushing or pigging pipelines. Scaling potential can also be reduced by ensuring that the water is not exposed to air or chlorine which will oxidize the manganese and

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cause precipitation. See Section on water treatment for further discussion on specific treatment systems.

## 9.10 Molybdenum

Water may contain variable levels of molybdenum, but in general, drinking water is a minor source of dietary molybdenum in livestock. Concentrations of molybdenum in normal herbage often range from 0.1 to 3 ppm (Underwood, 1977), whereas plants growing on soils containing naturally high levels of molybdenum or industrially contaminated with molybdenum have been reported to contain up to 231 ppm molybdenum (Gardner and Hall-Patch, 1962).

The soils in some geographic areas have relatively high molybdenum levels, and this is correlated with a regional incidence of molybdenosis in livestock. Levels of molybdenum in naturally growing herbage usually reflect the molybdenum content of the soil. Elevated levels of molybdenum in excess of 1 ppm in milk have been associated with high molybdenum pastures. While estimating safe levels of molybdenum in drinking water for livestock, a total dietary intake of molybdenum must be taken into consideration (Table 9.10.1), however risk assessment must include several nutritional, physiological, and metabolic variables.

**Table 9.10.1 Examples of dietary intake of molybdenum associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Molybdenum		
Water Mo content (mg/L)	Estimated Water Contribution to Total Dietary Molybdenum Intake (mg/day)	Estimated Contribution of Molybdenum From Normal Feed (mg/day)	Estimated Dietary Molybdenum Levels Generally Regarded as Safe and Dietary Molybdenum Levels Consideration for Risk of Adverse or Toxic Effect (g/day)	
0.5	16 to 20	NA 1.4 to 42 <sup>*</sup>	Safe Levels (generally regarded as nutritionally balanced)	NA <sup>‡</sup>
			Excessive Levels (possible risk of adverse metabolic effects)	NA <sup>‡</sup>
			Potentially Toxic Levels (high risk of metabolic disturbances and/ or overt health problems)	NA <sup>‡</sup>

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day. Intake estimates taken from the CowBytes® ration balancing program.

<sup>†</sup> Guidelines for water in livestock (CCME, 2005).

NA=data not available

<sup>\*</sup> Concentrations of molybdenum in normal herbage often range from 0.1 to 3 ppm (Underwood, 1977

<sup>‡</sup> Safe level will depend on the content of dietary sulphur and copper.

## **Molybdenum**

### **9.10.1 Evaluation of Risk**

**Species differences:** Estimates of the maximum tolerable levels for molybdenum cited in the literature are highly variable depending on species. Tolerance limits ranging from 6.2 ppm in growing cattle to approximately 1,000 ppm in adult mule deer have been reported, but red deer may be more sensitive Grace *et al.*, 2005).

Horses appear more resistant to molybdenosis than cattle, as they can graze the pastures that are known to cause diarrhoea in cattle without apparent problems. However, clinical cases of rickets in foals and yearlings have been thought to be due to molybdenosis from pasture or dam's milk (Walsh and O'Moore, 1953). Levels of 5 and 10 ppm have been weakly associated with impaired bone development in young horses and cattle respectively. Walsh and O'Moore, suggested that excess of molybdenum in herbage may be a contributory factor in equine osteodystrophia.

In comparison to cattle or horses, pigs appear to be more resistant to Mo. Gipp *et al.*, (1967) and Kline *et al.*, (1973) have reported little to no effect of 26 to 50 ppm molybdenum upon swine growth in the presence of supplemental copper and sulphate, while Davis (1950) reported no apparent effect of 1,000 ppm molybdenum in growing swine. It is important to note that substantially higher levels of molybdenum would be tolerated in the presence of adequate copper and inorganic sulphate.

Avian species appear less susceptible to molybdenum. Only a slight growth inhibition in young chickens fed 200 ppm molybdenum, and a 25 percent growth inhibition in poults fed 300 ppm molybdenum were noted (Kratzer, 1952). Feeding molybdenum to young chicks at levels ranging from 500 to 8,000 ppm resulted in growth depression and anaemia at the lower levels, and 61% mortality at the highest level (Davies *et al.*, 1960).

**Risks associated with molybdenum in drinking water:** Undoubtedly, the risk of overt health effects associated with water molybdenum alone would be very low, but molybdenum in drinking water should not be ignored. However, without a complete evaluation of all relevant dietary factors influencing molybdenum toxicity, it may be difficult to predict the potential of adverse effects of molybdenum in water.

While assessing the tolerance criteria for molybdenum in drinking water, total dietary intake of molybdenum, as well as its metabolic interactions should be taken into consideration.

Ratios, lower than 10:1, of dietary copper to molybdenum may produce molybdenosis in cattle, especially if sulphur intake is excessive. High sulphates in the water and/or high molybdenum concentrations in the feed decrease dietary copper availability (Smart *et al.*, 1992). In many parts of Canada, forages and grains are marginal or deficient in copper, but in particular, a combination of dietary copper insufficiency, excess molybdenum, and high intake of sulphur are prevalent in some parts of Manitoba, Saskatchewan, and Alberta.

Some studies suggest that dietary Mo concentrations greater than 10 ppm are hazardous to cattle regardless of Cu concentration, but other reports indicate that this may not be the case.

For instance, Kincaid (1980) using dietary levels of 13 ppm copper and 0.29% sulphur, demonstrated that with these dietary levels of copper the minimum toxic concentration of molybdenum in drinking water for calves is between 10 and 50 ppm, and the critical copper-to-molybdenum ratio is less than 0.5. Also Raisbeck *et al.*, (2006) observed that 17 ppm of copper supplement to pregnant cows grazing pasture contaminated with 13 ppm molybdenum prevented molybdenosis. The authors concluded that even moderate supplementation of copper permitted cows to graze a site heavily contaminated with Mo with no adverse effects on general health or reproduction.

At present, recommended maximum concentrations for molybdenum in livestock drinking water is set at 500 µg/L (CCME, 2005). However, based on the facts discussed above, it would be more practical to consider the guidelines for water molybdenum content in the context of at least 2 important dietary variables i.e. copper and sulphur. Moreover, as evidenced by the studies of Kincaid (1980) and Raisbeck *et al.*, (2006), the problem of molybdenum in practical situations can readily be offset by dietary management of copper and sulphur.

Problems with molybdenum are more likely to occur in ruminant livestock. Sheep appear slightly more resistant to molybdenosis than cattle. In sheep, the manifestations of molybdenum-induced, secondary hypocuprosis include reduced crimp and pigmentation of wool, anaemia, alopecia, and reduced weight gains. Neonates born to hypocupremic dams exhibit enzootic ataxia (swayback), a debilitating disease that may also be accompanied by blindness.

Natural feedstuffs containing up to 6.2 ppm molybdenum were found by Smith *et al.*, (1975) to be associated with bone malformations in calves. Cunningham *et al.*, (1953) have reported that natural forages containing 25.6 ppm molybdenum were responsible for diarrhoea, emaciation, anemia, loss of hair pigmentation (achromotrichia), and even death in cattle of various age groups.

Molybdenum toxicity has been observed in young lactating cattle consuming as little as 40 ppm molybdenum when the diets contained 0.3 percent sulphate (Vanderveen and Keener, 1964). It appears that 100-200 ppm dietary molybdenum is required to significantly increase the molybdenum content of milk (Cunningham *et al.*, 1953).

**Health Effects:** Signs such as growth retardation signify more advanced molybdenosis. Manifestations of molybdenum toxicity in cattle include diarrhoea, anorexia, loss of pigmentation in the hair (achromotrichia), nervous system disturbances, and posterior weakness. This condition is essentially an effect of secondary copper deficiency induced by molybdenum, and it is probable that the main



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signs, such as general growth retardation and anorexia, associated with molybdenosis are related to deficiencies of copper- dependent enzymes.

**Production Effects:** In the herd situation, it is more likely that adverse effects associated with excessive intake of molybdenum can fall in the category of subtle metabolic disturbances, which may cause economic losses without clear, specific clinical manifestation. In many cases adverse effects of molybdenum are due to secondary effects caused by metabolic interactions of molybdenum with other essential nutrients. Among the most important and best understood effects are those associated with molybdenum induced copper deficiency.

Also of practical importance to the livestock industry are the potential effects on reproductive performance. Thomas and Moss (1951) have observed decreased libido and testicular degeneration in young bulls fed 1-2 g sodium molybdate dihydrate daily for a period of 120 days. Several studies attributed reproductive effects such as early deaths of offspring, dead litters, maternal deaths, failure to breed with molybdenum (for review see Vyskocil and Viau, 1999). Various functions of the immune system can be affected (Boyne and Arthur, 1986; Gengelbach and Spears, 1998).

**Metabolic Interactions:** A wide variation in the apparent susceptibility of various livestock species to molybdenum toxicity is due to interactions with dietary levels of copper and sulphur. The apparent effects of molybdenum are also influenced by manganese, zinc, iron, lead, tungstate, ascorbic acid, methionine, cysteine, protein, and alkalinity of soils. The basis for many of these interactions is yet unexplained.

Of practical interest here are three way interactions between molybdenum, sulphur, and copper in ruminant animals (for review see Gooneratne *et al.*, 1989). Goodrich and Tillman (1966) investigated the effect of 2 and 8 ppm molybdenum on lambs receiving either 10 or 40 ppm copper and either 0.1 or 0.4 percent sulphate. At a level of 8 ppm, molybdenum eliminated the detrimental effects of the high sulphate on rate of gain and feed efficiency, and also reduced liver copper levels. The latter effect was reversed by the addition of 40 ppm copper.

### **9.10.2 Water Types or Conditions Where High Levels Occur**

Molybdenum is not viewed as a contaminant in water that is sufficiently high to cause problems. Even water for human consumption is rarely tested for molybdenum. No data on the prevalence of molybdenum in Saskatchewan water were found.

### **9.10.3 Management Considerations**

Mild to moderate excess dietary molybdenum can be managed reasonably well by dietary intervention. Preventative measures to be considered should include balancing the nutrients likely affected by molybdenum. In particular, attention should be focused on the dietary Sulphur and copper levels.

**Table 9.10.2 Summary of practical information relevant to molybdenum exposure in livestock**

Guidelines	Interactions			Adverse Effects and Signs of Toxicity	
Recommended Maximum in Drinking Water for Livestock <sup>†</sup>	Essential Elements	Toxic Metals	Metabolic Effects	Short Term, High Level Exposure	Long Term, Low Level Exposure
500 µg/L	copper, sulphur, manganese, zinc, iron,	lead, tungstate	<p>A wide variation in the apparent susceptibility of various livestock species to molybdenum toxicity is due to interactions with dietary levels of copper and sulphur.</p> <p>Of practical interest here are three way interactions between molybdenum, sulphur, and copper in ruminant animals.</p> <p>Metabolic effects are associated secondary copper deficiency induced by molybdenum.</p> <p>Main signs, such as general growth retardation and anorexia, associated with molybdenosis may be related to deficiencies copper-dependent enzymes.</p> <p>The apparent effects of molybdenum are influenced by manganese, zinc, iron, lead, tungstate, ascorbic acid, methionine, cysteine, protein, and alkalinity of soils.</p>	Acute toxicity is not very likely under practical circumstances.	<p>Manifestations of molybdenum toxicity in cattle include diarrhoea, anorexia, loss of pigmentation in the hair (achromotrichia), weakness nervous system disturbances.</p> <p>Signs such as growth retardation signify more advanced molybdenosis.</p> <p>Of practical importance to the livestock industry are the potential effects on reproductive performance.</p>

<sup>†</sup> CCME (2005)

## ***Molybdenum***

### ***9.10.4 Treatment Technology***

Treatment technology includes:

- Nano-Filtration or RO membranes

See Section on water treatment for further discussion on specific treatment systems

## 9.11 Mercury

Mercury is one of most toxic metals that may be present in the farm animal environment. Anthropogenic activities such as mercury manufacture and disposal, fossil fuel combustion, and intensive agricultural practices contribute most of the mercury in the farm animal environment.

Mercury occurs in various sources in several chemical configurations, both organic and inorganic. Drinking water is one of the many possible exposure sources of mercury in farm animals. The concentration of mercury found in unpolluted streams and groundwaters is generally well below 0.001 mg/L. However, it is important to understand that mercury has a great potential for bio-accumulation in the food chain, and therefore intake of mercury from water and feed must be monitored, particularly in areas where the risk of potential contamination is high. Inorganic mercury is converted to organic compounds, which are stable, and may persist in the environment. Methyl-mercury is the form widely found in the water environment, and it bio-accumulates in the food chain (for recent review see Gochfeld, 2003).

At present, recommended maximum concentrations for mercury in livestock drinking water is set at 3 µg/L (CCME, 2005). However, feed contribution to the overall intake of mercury needs to be defined (Table 9.11.1).

**Table 9.11.1 Examples of dietary intake of mercury associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Mercury <sup>‡</sup>		
Water Hg content (mg/L)	Estimated Water Contribution to Total Dietary Mercury Intake (mg/day)	Estimated Contribution of Mercury From Normal Feed (mg/day)	Estimated Dietary Mercury Levels Generally Regarded as Safe and Dietary Mercury Levels Consideration for Risk of Adverse or Toxic Effect (g/day)	
0.003	0.096 to 0.12	NA	<b>Safe Levels</b> (generally regarded as nutritionally balanced)	NA
			<b>Excessive Levels</b> (possible risk of adverse metabolic effects)	NA
			<b>Potentially Toxic Levels</b> (high risk of metabolic disturbances and/ or overt health problems)	NA

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day. Intake estimates taken from the CowBytes® ration balancing program.

<sup>†</sup> Guidelines for water in livestock (CCME, 2005).

NA=data not available

## **Mercury**

### **9.11.1 Evaluation of Risk**

The various forms of mercury differ greatly in toxicological potency. Elemental mercury is poorly absorbed through the skin or gastrointestinal (GI) tract, but can volatilize readily, and mercury vapour can be efficiently absorbed in the lungs. Inorganic mercurial salts vary in solubility and absorptive properties. Most organic mercurial compounds are readily absorbed through the lungs and GI tract, and some are readily absorbed through the skin.

All mercury compounds are toxic to humans and animals, but the organic forms, particularly methyl-mercury and dimethyl-mercury, have the highest toxicity. Methyl-mercury is the form found most widely in nature, and this form is of a major toxicological concern because it bio-accumulated readily in the food chain.

Methyl-mercury is the form to which the risk of exposure is greatest under practical circumstances. However, it is important to understand that farm animals can be exposed to mercury not only from drinking water, but also from air, soil, and feedstuffs. Fish concentrate mercury by direct uptake from the water, and by ingestion of contaminated food. In some species (particularly predatory fish), muscle mercury levels may be as high as thousands of times greater than the level of the water from which they were taken. If food-producing animals are exposed to mercury for a prolonged time, considerable amounts of mercury may accumulate in hair or feathers (Nelson *et al.*, 1971; Herigstad *et al.*, 1972). Undoubtedly, mercury in fish, hair and feathers could be a source of mercury in livestock.

Among the most important sources of mercury under practical feeding conditions would be associated with dietary supplements such as fishmeal, feathers, and hair. Therefore, in establishing guidelines for mercury in drinking water for livestock, thorough consideration must be given to total environmental exposure and dietary content of mercury, as well as the high potential of possible accumulation in the animal.

**Health Effects:** A high dietary intake of mercury from consumption of fish has been hypothesized to increase the risk of coronary heart disease in humans (Salonen *et al.*, 1995, Guallar *et al.*, 2002; Yoshizawa *et al.*, 2002). The Minamata catastrophe in Japan in the 1950s was caused by methyl mercury poisoning from fish contaminated by mercury discharges by a factory to the surrounding sea. Residents of the area were plagued with tremors, sensory loss, ataxia and visual field constriction.

This scenario is relevant to the potential risk in some farm animals' situation because fishmeal and fish oil are frequently used as dietary supplements. Acute poisoning in farm animals is possible under some specific exposure circumstances, but the risk under most practical situations is extremely low. Acute toxic signs include nausea, vomiting, severe gastrointestinal irritation and pain, shock, and cardiac arrhythmias. Death may occur, and is usually associated with uraemia, caused by damage to renal tissue.

Chronic, clinical or sub-clinical toxicity scenarios in farm animals are possible in areas where environmental exposure to mercury is high. However, the onset of chronic mercury toxicity is variable and slow. Although signs of chronic toxicity may be manifested in some animals, the risk of significant health effects is generally very low.

Differences in tolerance to organic mercury among sex and strain of chicks, swine, and rats have been reported (Miller *et al.*, 1970; Piper *et al.*, 1971; Parizek *et al.*, 1974). Studies with one broiler strain and three White Leghorn strains indicate genetic differences in the degree of tissue concentration of mercury from dietary fishmeals (March *et al.*, 1974). Signs of mercury poisoning were observed at 2 mg/kg in turkey, 8 mg/kg in cattle and 10 mg/kg in sheep (Palmer *et al.*, 1973).

***Of note, the issue of mercury in livestock is not as much a problem from the perspective of animal health effects, but rather the perceived problem regarding exposure must receive considerable attention because of the potential risk of toxicity associated with consumption of animal products in the human population.***

**Production Effects:** If total dietary mercury is already high, even relatively low levels of mercury in drinking water for livestock may increase mercury content in edible animal products to a level that may pose a human health risk.

Notably, chickens, turkeys, ducks, and pheasants tolerated 3.3 ppm supplemental dietary mercury without evidence of adverse effects, although increased tissue mercury has been shown at levels lower than this. Laying hens given 10 ppm mercury for 70 days accumulated 55 percent of the mercury in the eggs (Sell *et al.*, 1974). Cattle receiving only 0.48 mg/kg of methyl-mercury compound per day accumulated 100 mg/kg in the kidney within 27 days, whereas sheep accumulated 120 to 210 mg/kg under the same conditions (Palmer *et al.*, 1973).

The mercury content of cows' milk can range from 3 to 10 ppb (Mullen *et al.*, 1975; Roh *et al.*, 1975). At 24 days following an 8-day exposure, goat's milk had 1.22 and 0.22 percent of total oral dosages, respectively, of organic and inorganic mercury (Sell and Davidson, 1975).

Exposure to mercury of livestock can have a detrimental effect on reproductive success. Male reproductive effects associated with mercury include impaired spermatogenesis and sperm motility. In females, mercury increases fetus resorption and induces abortion. Oral administration of methyl-mercury during gestation or lactation may cause developmental problems (Nielsen and Andersen, 1995).

## Mercury

**Metabolic Interactions:** Excess dietary selenium and zinc may provide some protection against toxicity of mercury (Potter and Matrone, 1974, Chapman and Chan, 2000; Zalups and Lash, 1994). Some studies suggested that simultaneous equimolar ratios of selenium and mercury are necessary to prevent toxicity of either one (Ganther and Sunde, 1974; Moffitt and Clary, 1974). Mercury toxicity is enhanced in zinc deficient animals.

Vitamin E has been shown to protect against the toxic effects of methylmercury in Japanese quail (Kling *et al.*, 1985; Welsh and Soares, 1975) and rats (Welsh, 1979).

**Table 9.11.2 Summary of practical information relevant to mercury exposure in livestock**

Guidelines	Interactions		Adverse Effects and Signs of Toxicity	
	Essential Nutrients Toxic Metals	Metabolic Effects	Short Term, High Level Exposure	Long Term, Low Level Exposure
3 µg/L	Dietary selenium, zinc, and Vit. E may have protective effect against toxicity of methyl mercury and mercuric mercury.	Inorganic mercury is converted to organic compounds, such as methyl mercury, which is very stable and accumulates in the food chain.  Methyl mercury is the form found most widely in nature, and this form is of a major toxicological concern because it bio-accumulated readily in the food chain. Methyl mercury is the form to which the risk of exposure is greatest under practical circumstances.	Acute toxic signs include nausea, vomiting, severe gastrointestinal irritation and pain, shock, and cardiac arrhythmias.  Death may occur, and is usually associated with uraemia, caused by damage to renal tissue.	Chronic, clinical or sub-clinical toxicity may occur in farm animals in areas where environmental exposure to mercury is high.  The onset of chronic mercury toxicosis is slow.  The risk of health effects in livestock is generally very low.

<sup>†</sup>(CCME, 2005). Farm animals can be exposed to mercury not only from drinking water, but also from air, soil, and feedstuffs.

### **9.11.2 Water Types or Conditions Where High Levels Occur**

Mercury is a natural element that can be found in small concentration in many rocks. Its unique properties makes it attractive for consumer products and only recently has been banned from items such as mercury switches. As it has been used for centuries for various purposes, it can be found in the air, soil and water.

Background levels in water are generally low unless there has been contamination. In Saskatchewan, mercury levels are almost always below detection limits in the water and therefore are often not analyzed. The Saskatchewan Watershed Authority Rural Water Quality Data Base tested 50 sites and found all had mercury levels below the detection limit of 0.05 µg/L.

### **9.11.3 Management Considerations**

Drinking water is one of the many possible exposure sources of mercury in farm animals. However, it is important to understand that generalized water contamination through industrial emissions, accidental spills, and intensive agricultural practices can increase mercury levels in drinking water sources rapidly. Therefore, regular monitoring of mercury levels in drinking water for farm animals is highly recommended in areas where the risk of potential contamination is high.

### **9.11.4 Treatment Technology**

Treatment technology includes:

- Nano-Filtration or RO membranes

See Section on water treatment for further discussion on specific treatment systems.



## Nitrate and Nitrite

### 9.12 Nitrate and Nitrite

Nitrate and nitrite are oxidized forms of nitrogen. These compounds occur naturally in waters, although nitrate generally predominates. Nitrate is usually present in unpolluted streams at very low, usually less than 1 mg/L, levels (Meybeck 1982).

The recommended levels of nitrates and nitrites in water for livestock, according to present Canadian guidelines for livestock drinking water, are 100 mg/L nitrate (22 mg/L as nitrate-N); 10 mg/L nitrite (3.0 mg/L as nitrite-N) (CCME, 2005).

Confusion can arise concerning guideline values for nitrate and nitrite, because concentrations are sometimes reported on the basis of their respective nitrogen (N) content, that is, as nitrate Nitrogen ( $\text{NO}_3$  Nitrogen) and nitrite Nitrogen ( $\text{NO}_2$  Nitrogen). Generally one can assume that nitrates and nitrites are not referring to the nitrogen content unless it is specifically stated.

The levels of nitrate expressed as  $\text{NO}_3$  and expressed as  $\text{NO}_3$  nitrogen ( $\text{NO}_3\text{-N}$ ) and corresponding guidelines recommended by NRC are listed in Table 9.12.1.

**Table 9.12.1 Effects of various levels of nitrates on cattle**

Nitrate Ion ( $\text{NO}_3$ mg/L)	Nitrate Nitrogen ( $\text{NO}_3\text{-N}$ mg/L)	Guidelines
<44	<10	Safe for consumption by ruminants
45-132	10-20	Generally safe in balanced diets with low nitrate feeds
133-220	20-40	Could be harmful if consumed over long periods
221-660	40-100	Cattle at risk; and possible death
661	>100	Unsafe-possible death; should not be used as a source of water

SOURCE: National Research Council (1974).

Much of the values commonly accepted in the guidelines were derived from older, and, fragmented, studies. The recommended values are extrapolated from a range of findings.

Winks (1963) reported death of calves and cattle drinking water containing 2200 mg/L nitrate. He suggested a toxic nitrate concentration for cattle as somewhere between 300 mg/L and 2200 mg/L. In dairy cows, nitrate concentrations up to 180 mg/L in drinking water did not increase the concentration of nitrate in milk (Kammerer *et al.*, 1992).

It is generally assumed that nitrate concentrations less than 400 mg/L in livestock drinking water should not be harmful to animal health. Livestock may tolerate higher nitrate concentrations in drinking water provided nitrate concentrations in feed are not high. Depending on the nitrate content of feed, the type of livestock and other factors such as animal age and condition, concentrations up to 1500 mg/L nitrate may be

tolerated, at least for short-term exposure. Concentrations of nitrite exceeding 30 mg/L may be hazardous to animal health.

**Comments:** A safe level for nitrate ion ( $\text{NO}_3$ ) is less than 44 mg/L and, for nitrate-nitrogen ( $\text{NO}_3\text{ N}$ ) in water, is less than 10 mg/L. However, it is notable that there is a wide range of levels cited in the literature that have been shown to be associated with potential harmful effects.

There are several reasons why there is a wide range of levels in the guidelines. Much of the data that is included in the guidelines is derived from research papers, and the variability of results is among the key reasons for this wide range of derived values. One of the main reasons why scientific papers provide such very variable data is that there has been a lack of uniformity in experimental approach among various publications. In most cases, the outcome of experiments may have been influenced by factors associated with animals (species, breed or strain, production level, physiological status, etc), nutritional factors (feed and water), climatic, agricultural and industrial factors.

All the above listed factors can have tremendous impact on the risk of adverse effects. The same levels of nitrates in the water may produce toxic effects in some situations, but have no impact on health in other situations. For instance, in ruminants, nitrates have a high inherent toxic potential, but the compounds that are actually outright toxic are nitrites.

The rate of nitrate reduction in the rumen can be dependent on numerous nutritional and physiological factors. In essence, it is the systemic nitrite reducing activity that will primarily predetermine whether an animal will tolerate a certain level of nitrate or will show signs of toxicity. Therefore, it is not necessarily the level of nitrate in water or feed, but rather the rate of nitrite synthesis in the rumen, that will have a major influence on the outcome. Also, an important issue is that the true background levels of nitrites are rarely known in both feed and water upon routine analysis.

At best, the current water quality recommendations are based on very fragmented and, more importantly, outdated research. The major problem is that the current guidelines do not take into consideration several very important variables such as physiological status of the animal, developmental stage, age, nutritional status, and species differences.

### ***9.12.1 Evaluation of Risk***

Groundwater may contain elevated nitrate concentrations due to natural processes, but more typically, high nitrate concentrations in groundwater sources are associated with contamination. High concentrations of nitrates and nitrites in both ground and surface water are often associated with excessive use of nitrogen fertilizers, excessive application of manure, run-off from livestock holding areas, or leakage from septic systems and municipal waste.

## Nitrate and Nitrite

Frequently, water sources in the vicinity of intensive livestock operations may have elevated levels of nitrates and nitrites. Elevated nitrite concentrations typically are found only under conditions where the source is polluted by organic wastes and oxygen levels are very low.

**Table 9.12.2 Examples of dietary intake of nitrate associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Nitrate		
Water Nitrate content (mg/L)	Estimated Water Contribution to Total Dietary Nitrate Intake (mg/day)	Estimated Contribution of Nitrate From Normal Feed (mg/day)	*Dietary Nitrate Levels Consideration For Risk of Adverse or Toxic Effect % of diet DM or (mg/kg of diet DM)	
100	NA	NA	Potentially Toxic Levels (high risk of metabolic disturbances and/ or overt health problems)	0.5 % (> 5,000)

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day. Intake estimates taken from the CowBytes® ration balancing program.

<sup>†</sup> Guidelines for water in livestock (CCME 2005).

NA=data not available

\* Mineral Tolerance of Animals, 2005. National Research Council.

Excessive fertilization of plants with nitrogen fertilizers, or animal manure rich in nitrogen may lead to excessive nitrate accumulation in plants. Nitrates can accumulate in some grasses and barnyard weeds (pigweed, lambs quarters, kochia) at very high levels. Plants under stress (e.g. from frost, heat stress, drought, lack of adequate nutrition or sunlight, etc.) may also accumulate nitrate. Nitrate/nitrite toxicity in cattle and sheep has been associated with plants (McKenzie *et al.*, 2004).

Since some plants may contain high levels of nitrates, the dietary load may be increased. Animals are likely to be at higher risk of nitrate/nitrite poisoning through consumption of pastures, forages and feeds containing high levels of nitrate than from drinking water.

Nitrate in the water can change abruptly, and depends on numerous climatic, environmental, and agricultural factors. Therefore, analysis of water should be performed on a regular basis. However, it is important to note that if nitrate levels in the water supply are high, this may indicate that nitrate levels in locally grown feed may also be elevated. In the situation of suspected nitrate toxicity in livestock, a thorough assessment of total dietary nitrate/nitrite burden from both feed and water sources must be taken into consideration.

Both nitrate and nitrite can cause toxicity. However, nitrite is considerably more toxic than nitrate (Case 1963). To cause toxicity, nitrate must first be reduced to nitrite. Nitrate can be reduced to nitrite in the rumen by bacteria. For this reason, ruminant livestock is more susceptible to nitrate poisoning than mono-gastric animals. Non-ruminants (pigs and chickens) are less susceptible because they rapidly eliminate nitrate in the urine.

Ruminant animals previously fed high nitrate diets show an increased rate of nitrate/nitrite reduction. Nitrate toxicity is also dependent on the rate of consumption, with a slow intake and a balanced ration reducing toxicity (Crowley 1985). Ruminants fed high carbohydrate diets are more tolerant of forages with high nitrate levels. Because the nitrate reducing environment in the rumen may change, nitrate (relatively less toxic) in some instances can be rapidly reduced to nitrite (highly toxic).

As ingestion of nitrite leads to a more rapid onset of toxic effects than nitrate, the guideline values for nitrite must be correspondingly lower than that for nitrate. The total dietary intake of nitrate by livestock needs to be considered when interpreting the acceptable safety limits for water nitrate.

Nitrite is absorbed into the blood where it converts haemoglobin to methaemoglobin, and, because of this interaction with haemoglobin, blood has reduced oxygen carrying capacity. Lack of oxygen in blood will inevitably lead to tissue deprivation of oxygen. Prolonged insufficiency of oxygen for normal biochemical reactions may lead to serious metabolic derangements, and, in more severe cases, death.

**Health Effects:** The clinical signs of acute nitrate toxicity vary according to specific metabolic characteristics of the species. In general, ruminant animals most likely would develop methemoglobinemia, while monogastric animals would exhibit severe gastritis.

The key symptoms of acute nitrate or nitrite poisoning are gasping for air, laboured breathing, rapid pulse, frothing at the mouth, convulsions, blue muzzle and bluish tint around the eyes, and chocolate-brown blood. Mild to moderate levels of nitrate exposure have been incriminated in poor growth, infertility problems, abortions, vitamin A deficiencies, but research has not always substantiated these claims (Crowley *et al.*, 1974; Stuart and Oehme, 1982).

Nitrate ingestion has also been linked to impairment of thyroid function, decreased feed consumption, and interference with vitamin A and E metabolism. Hematologic changes seen with chronic high nitrate exposure include both compensatory increases in red blood cells and anemia, along with increased neutrophils and eosinophils.

Nitrite affects the metabolism of sulfonamide drugs in animals such as the pig, guinea pig, and rat. The N-nitroso compound dimethylnitrosamine may cause toxic hepatitis in cattle and sheep. Nitrosamines have been reported in cows' milk and have been found

## **Nitrate and Nitrite**

to pass into the milk of goats under experimental conditions (Bruning-Fann and Kaneene, 1993).

An association between exposure to nitrates in drinking water and spontaneous abortions, intrauterine growth restriction, and various birth defects has been suggested. However, nitrates may be just one of the contaminants in drinking water contributing to adverse outcomes.

A recent review of the literature indicates that there is no epidemiological evidence of a direct cause-effect relationship between drinking water nitrate level and adverse reproductive effect (Ward *et al.*, 2005, Manassaram *et al.*, 2006).

There is no evidence that nitrate or nitrite ingestion may be a cause of teratogenic effects. Adverse reproductive effects reported occurred at doses that were about one thousand times and higher than the estimated human intake. There is no data available relative to livestock reproductive effects of nitrate or nitrite ingestion. Neither nitrate nor nitrite in experimental animals concentrated in the mammary gland or milk.

It has to be remembered that exposure to nitrates/nitrites can be lethal. Unfortunately, acute nitrate toxicity may be not recognized generally until some deaths have occurred. Therefore, in any suspected nitrate poisoning, veterinary assistance should be requested immediately. Administration of a solution of methylene blue may prevent death of the affected animal if the poisoning is not too far advanced. Since the absorption of nitrates/nitrites from the rumen may continue for some time, the status of the animal must be monitored, and treatment may need to be repeated as required. Mineral oil can be administered orally and may help to reduce the absorption of nitrates, as well as protect mucous membranes from irritation.

**Production Effects:** It is common that water quality guidelines provide levels that are safe for consumption. However, based on the literature it is difficult to define exactly how “safe level” should be understood. In most cases, the common understanding of “safe” means how much of the contaminant an animal can tolerate without overt signs of toxicity. In this context, there is a lingering question as to whether the water quality guidelines based on tolerance levels are appropriate for the modern livestock industry.

Most certainly, the success of the modern livestock industry is dependent on performance, therefore setting standards based on what levels the animal may tolerate without showing signs of toxicity may not be adequate to ensure that there is no effect on production parameters. In the contemporary livestock industry even subtle effects on performance may significantly affect the bottom line. Therefore, it would be more practical if the guidelines for nitrate levels in the water set for livestock were based on protection from methemoglobinemia under various loads of total dietary nitrate.

There is no systematic study that would clearly define the dose-effect relationship in livestock. Consequently, the levels of nitrates causing subtle adverse effects

associated with metabolic disturbance and possibly affecting production are not clearly defined for livestock.

A recent study by Zaki *et al.*, (2004) showed that in experimental animals after a 5-month treatment, nitrate at levels 150 and 500 mg/L induced a significant decrease in the serum level of thyroid hormones. Also, nitrate induced a dose-dependent increase in the weight of the thyroid gland and histological changes of the thyroid gland. This suggests that nitrate in drinking water may affect function of thyroid hormones, which in turn, may negatively affect the growth rate.

Epidemiologic data have suggested an association between developmental effects in offspring and the maternal ingestion of nitrate from drinking water, but a definite conclusion on the cause and effect relationship cannot be drawn. Experimental data have shown reproductive toxicity associated with high exposure levels to nitrate or nitrite, which are not likely to be encountered in drinking water.

Since highly producing animals have higher requirements for water, the potential of adverse effects that may occur at lower levels of contaminant concentration, but at higher levels of water consumption, cannot be excluded.

**Metabolic Interactions:** Excess intake of nitrates only affects the animal's capacity to absorb oxygen. There are no known substances that aggravate or mitigate the effect of excess nitrate consumption.

### 9.12.2 Water Types or Conditions Where High Levels Occur

Generally high concentrations of nitrates are normally associated with contamination. Improperly sealed wells combined with intensive livestock operation are likely the most common cause of contaminated groundwater. Permeable soils with a shallow groundwater table in either intensively farmed land, intensive livestock operations or septic tank infiltration fields are other scenarios that can result in contaminated groundwater.

Contamination of surface water by a fertilizer spill, or sewage or manure contamination can occur but the high levels of nitrates are generally short-lived as the nitrate is rapidly utilized by microorganisms that consume the oxygen in the water causing it to become anaerobic. This process effectively changes nitrate into nitrogen gas which then gases off into the atmosphere.

## ***Nitrate and Nitrite***

**Table 9.12.3 Nitrate Levels in Saskatchewan Groundwater**

<b>Nitrate NO<sub>3</sub> (mg/L)</b>	<b>Nitrate N (mg/L)</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<10	<2.3	2114	73.1
10 to 30	2.3 to 6.8	314	10.8
30 to 100	6.8 to 23	285	9.8
100 to 300	23 to 68	130	4.5
>300	>68	51	1.8

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

### ***9.12.3 Treatment Technology***

Nitrate removal options include:

- Nano-Filtration or RO membranes
- Ion exchange resins using nitrate selective resins
- Biological process

See Section on water treatment for further discussion on specific treatment systems.

### 9.13 Salinity, Total Dissolved Solids (TDS) or Total Soluble Salts (TSS)

Salinity, TDS, and TSS are all measures of water-soluble constituents commonly used in North America. Components associated with salinity are bicarbonate, sulphate, calcium, magnesium and silica, and, a secondary group (lower concentrations) of constituents including iron, nitrate, strontium, potassium, carbonate, phosphorus, boron and fluoride (Looper and Walder, 2002).

Total dissolved solids provide a measure of the total inorganic salts dissolved in water and is frequently used as a guide to water quality (Table 9.13.1).

**Table 9.13.1 Guidelines of total dissolved solids (salinity) in drinking water (mg/L) for various classes of farm animals.**

Animal	<sup>1</sup> Recommended	<sup>2</sup> Maximum	<sup>3</sup> Tolerance Limits
Sheep	5,000	5,000–10,000	10,000–13,000
Beef cattle	4,000	4,000–5,000	5,000–10,000
Dairy cattle	2,500	2,500–4,000	4,000–7,000
Horses	4,000	4,000–6,000	6,000–7,000
Pigs	4,000	4,000–6,000	6,000–8,000
Poultry	2,000	2,000–3,000	3,000–4,000

Adapted from Australian and New Zealand Guidelines for Fresh and Marine Water Quality 2000.

<sup>1</sup>some minerals may be beneficial; <sup>2</sup> no overt problems under normal feeding practices,

<sup>3</sup>concentration that may be safe for limited periods.

Undoubtedly, essential elements in water such as iron, copper, magnesium, manganese, sodium, selenium, may be desirable even if present at a relatively high concentration, because they can be utilized as nutrients. However, in practice, water as a source of essential minerals is rarely (if at all) considered by nutritionists. Therefore, it is important to understand that the classification of levels as desirable, maximum, or tolerable will grossly depend on water intake, the type of feed, and ultimately the total dietary burden of minerals from feed and water. Any particular mineral that constitutes the overall salinity value in water may cause adverse effects if the levels in the diet are already high.

Notably, from the table above it can be surmised that tolerance to TDS varies widely depending on classes of farm animals. It is also noteworthy that among ruminant animals, dairy cattle are least tolerant to TDS. Sheep and goats have a greater tolerance of dissolved salts than cattle. Poultry appears to be the least tolerant. Research findings comparing the effects of high-saline waters on performance of dairy cows have been variable.

These differences in sensitivity to salinity are most likely reflective of specific metabolic demands of animals. For instance, because water metabolism and intake is directly



## Salinity and TDS

linked to milk production, dairy cattle are more sensitive to intake of ions present in water. The main ionic components contributing to “salinity” of natural sources are most likely the high content of ions such as sodium, chloride, and sulphate. These ions in water may have a major impact on a highly producing animal’s acid-base homeostasis. The study of Sanchez *et al.*, (1994) indicated that high intakes of chloride and sulphate affect milk production during summer months. Another study compared water dissolved solids from sodium chloride at 196 mg/L and 2,500 mg/L. Lactating cows consuming water with a high salt content increased water intake by 7 percent and exhibited a tendency for lower milk yield and DMI compared to the cows consuming low-saline water (Jaster *et al.*, 1978).

Reduction of TDS in water from about 4,400 to 440 mg/L resulted in a 20 percent increase in milk production, water intake, and feed intake (Challis *et al.*, 1987). A study using Holstein cows, producing milk at over 30 kg/day, showed that cows consuming desalinated water consumed 11 kg more water per day and produced 2.2 kg more milk per day than cows consuming salty water (Salomon *et al.*, 1995). However, according to Bahman *et al.*, (1993) there were no differences in milk production in cows drinking natural saline water (TDS at 3,574 mg/L) and desalinated water (TDS at 449 mg/L).

With regard to highly producing dairy cattle, the guidelines for salinity ought to be considered according to the production status.

**Table 9.13.2 Guidelines for use of saline waters for dairy cattle**

<b>TDS Level (mg/L)</b>	<b>Recommendation</b>
<1,000	Safe and should pose no health problems. Presents no serious burden to livestock.
1,000-2,999	Generally safe but may cause a mild temporary diarrhea in animals not accustomed to the water.
3,000-4,999	Water may be refused when first offered to animals or cause temporary diarrhea. Animal performance may be adversely affected. .
5,000-6,999	These waters should be avoided for pregnant or lactating animals. May be offered with reasonable safety to animals where maximum performance is not required.
>7,000	These waters should not be fed to cattle. Health problems and/or poor production will result.

SOURCE: National Research Council, 1974; Looper and Waldner 2002, based on National Research Council 2001.

The recommendations listed in Table 9.13.2 above should be interpreted critically, because most of the information on which these recommendations are based was derived from older research. Looking at the issue from a long term perspective, it appears that the tolerance of livestock to TDS has been declining. Of interest here are some examples of historical data from the 1930’s and 1940’s where it was found that dairy cows were able to adapt to survive on water containing 15,000 ppm (Heller, 1933), or 7000 to 10,000 ppm TDS has been used without any effect on milk production (Frens 1946). It is possible that in the past animals were more tolerant to TDS simply because their production was also lower.

There is evidence that the tolerance of modern, highly producing, animals is much lower, and may depend not as much on total salinity, but rather on individual components. For example, TDS values of 1,000 - 2,999 listed in the table above as generally safe can cause a wide range metabolic effects, affecting both health and performance if the major constituent of the total salinity is sulphate. This issue will be discussed at length later in a chapter devoted to sulphur.

***In view of current knowledge, water quality parameters such as Salinity, Total Dissolved Solids or Total Soluble Salts provide very little, if any, information that would be of patho-physiological or toxicological relevance.***

TDS may or may not have an impact on organoleptic properties of water and reduce water intake. However, the recommendations regarding suitability of water quality for use in any class of livestock should not be based on the values of TDS alone, even if the water appears to be palatable.

### **9.13.1 Water Types or Conditions Where High Levels Occur**

Aquifers in Saskatchewan vary in their content of water soluble salts. Some large aquifers can vary significantly with location and age of the water. In general, surface water is much lower in TDS than groundwater, but the occasional lake or dugout may be recharged by groundwater and have a high TDS level. During drought periods, the water in the dugout may drop to a level below the groundwater table and high TDS water may seep in. When this happens, the water quality can change drastically over a matter of weeks from a source of good quality water to water that is unfit for livestock consumption. The highest TDS level recorded in the Saskatchewan Watershed Authority Rural Water Quality Data Base is 11,300 mg/L.

Often soluble salts are measured by a conductivity meter reading mS/cm. Measuring conductivity is a simple and inexpensive method of estimating the TDS. The conversion factor from conductivity to TDS usually varies from 0.54 to 0.96 depending on the chemical composition. A value of 0.67 is often used as an approximation if the actual factor is not known ( $\text{TDS in mg/L} \approx 0.67 \times \text{Conductivity in } \mu\text{S/cm}$ ).

## **Salinity and TDS**

**Table 9.13.3 TDS Concentration in Saskatchewan Groundwater**

<b>TDS Content (mg/L)</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<500	215	7.4
500 to 1000	844	29.2
1000 to 2000	1088	37.6
2000 to 3000	511	17.7
3000 to 4000	159	5.5
4000 to 5000	41	1.4
>5000	35	1.2

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

**Table 9.13.4 Specific Conductivity Levels in Saskatchewan Groundwater**

<b>Specific Conductivity (µS/cm)</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<1500	1414	48.9
1500 to 4000	1346	46.5
4000 to 7000	123	4.2
>7000	10	0.4

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

**Table 9.13.5 TDS Levels in Saskatchewan Surface Water**

<b>TDS Content (mg/L)</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<500	170	54.5
500 to 1000	80	25.6
1000 to 2000	35	11.2
2000 to 3000	12	3.8
3000 to 4000	7	2.2
4000 to 5000	0	0.0
>5000	8	2.6

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

### **9.13.2 Treatment Technology**

TDS removal is best accomplished by nano-filtration or RO membranes. See Section on water treatment for further discussion on specific treatment systems.

## 9.14 Selenium

Much of the toxicity research related to selenium has been based on the effects of plant species that are classified as “selenium accumulators”. These plants may contain very high selenium levels, and, when consumed by livestock, may cause acute toxicity and a syndrome described as the blind staggers.

The CCME water quality recommendation for selenium in livestock is 50 µg/L, but at this level water contribution to the total selenium intake can be substantial and total dietary selenium intake should be monitored (Table 9.14.1).

**Table 9.14.1 Examples of dietary intake of selenium associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Selenium <sup>‡</sup>		
Water Se Content (mg/L)	Estimated Water Contribution to Total Dietary Selenium Intake (mg/day)	Estimated Contribution of Selenium From Normal Feed (mg/day)	Estimated Dietary Selenium Levels Generally Regarded as Safe and Dietary Selenium Levels Consideration for Risk of Adverse or Toxic Effect (mg/day)	
0.05	1.6 to 2	2.0 to 2.55	Safe Levels (generally regarded as nutritionally balanced)	2 – 4
			Excessive Levels (possible risk of adverse metabolic effects)	4.1 – 6
			Potentially Toxic Levels (high risk of metabolic disturbances and/ or overt health problems)	>6

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day. Intake estimates taken from the CowBytes® ration balancing program.

<sup>†</sup> Guidelines for water are based on CCME 2005 recommendation.

<sup>‡</sup> Values for feed are adopted from CowBytes Ration Balancing Software (Incorporates NRC Beef 2000 Model), Alberta Agriculture Food and Rural Development.

**Note 2:** Salt or Mineral Supplements are not included in estimates of selenium in feed.

### 9.14.1 Evaluation of Risk

Selenium is routinely supplemented in the diet, most often without prior knowledge of basal levels of selenium in the diet. In calculations of selenium requirements in the diet, water selenium content is rarely, if at all, taken into consideration. In this context, the contribution of water containing 50 µg Se/L (CCME water quality recommendation) to the total dietary burden of Se may be grossly underestimated. As demonstrated in

## Selenium

Table 9.14.1, at this level, water selenium intake can increase the total burden of dietary selenium to levels considered as excessive.

The maximum tolerance of Se commonly cited in literature for all livestock is 2 ppm (NRC, 1980), but in view of recent research this assumption must be evaluated critically (NRC, 2005). For instance, in ruminants, the condition “blind staggers” was historically thought to be caused by Se toxicity, but the research of O'Toole and Raisbeck (1995) questioned this. These authors found that dietary exposure for 4 months to 0.15, 0.28, and 0.8 mg Se/kg body weight in the form of selenomethionine and to 0.8 mg Se/kg in the form of sodium selenite did not produce neurological, renal, or hepatic lesions, supporting the contention that blind staggers is caused by factors other than excessive dietary selenium. It is noteworthy that exposure levels of 0.8 mg Se/kg body weight would be equivalent to dietary Se concentrations exceeding 25 mg Se/kg DM (25 ppm), which is considerably higher than the tolerance level of 2 ppm. This raises a question whether the previously established tolerance data was valid.

Furthermore, it has commonly been assumed that Se has a uniquely narrow margin between nutritionally required levels and those that are toxic, but the validity of this has also been questioned. Recent data from the University of Florida (Cristaldi *et al.*, 2005; Davis *et al.*, 2006) have shown that sheep tolerated over 10 ppm Se for relatively long periods of time.

**Health Effects:** The risk of acute toxicity *per se* associated with water selenium under normal management, is very low, if any. Susceptibility to selenium toxicity may vary substantially depending on species, age, nutritional status, and physiological status. Young animals are generally less tolerant in comparison to adults.

Poultry and fish appear to be more sensitive to teratogenic effects of selenium than other animals. A chronic syndrome commonly associated with Se toxicity has been described in cattle and sheep as alkali disease, with symptoms such as loss of vitality, emaciation, deformity and shedding of hoofs, loss of long hair, and erosion of joints of long bones. Interestingly, O'Toole and Raisbeck (1995) reproduced these symptoms, but only when using levels of 0.28 and 0.8 mg Se/kg of body weight, which represent rather high levels of Se exposure (equivalent to dietary concentrations of approximately 10 to 25 mg Se/kg DM).

The effects of long term-low level exposure are not known, particularly in livestock selected for high performance traits. In particular, the effects of long-term exposure on fertility and production parameters in livestock are poorly characterized.

**Production Effects:** Excess selenium has produced loss of fertility and congenital defects, thus in the practical field situation the contribution of excess selenium to the overall reproductive failure of livestock should not be underestimated.

The selenium concentrations in milk are particularly sensitive to high selenium intakes by cows. Values ranging between 0.16 and 1.27 mg/L have been reported for cow's

milk from seleniferous rural areas in the USA (Rosenfeld and Beath, 1964). This may be an issue for the human consumer.

High levels of selenium in drinking water may be a factor limiting water palatability due to garlicky odour and astringent taste.

**Metabolic Interactions:** Mechanisms of toxicity and metabolic interactions remain unclear. Elements such as Ag, As, Cd, Ca, Cu, Hg, Pb, Zn, and S have been mentioned in the literature to interact with selenium. These compounds may reduce toxicity or induce deficiency of Se. Noteworthy is the natural antagonism between arsenic and selenium. Selenium shows some similarities with sulphur, and this may lead to substitution of S with Se in biologically active molecules, and this may lead to disruption of metabolic activities of these molecules.

Vitamin E deficiency may increase susceptibility of animals to selenium toxicity, whereas increased intake of vitamin E may increase tolerance to selenium. Monensin appears to enhance Se uptake, hence use of this compound should be monitored in the situation of Se overload.

**Table 9.14.2 Summary of practical information relevant to Selenium exposure in livestock**

Guidelines	Interactions			Adverse Effects and Signs of Toxicity	
	Essential Elements	Toxic Metals	Metabolic Effects	Short Term, Moderate or High Level Exposure	Long Term, Moderate or Low Level Exposure
Recommend ed Maximum in Drinking Water for Livestock <sup>†</sup>					
50 µg/L	Calcium, Copper, Manganese, Zink, Sulphur	Arsenic, Lead, Cadmium, Mercury, Silver	Compounds that interact with Se may reduce its toxicity.  Substitution of Sulphur with Se in biologically active molecules may lead to disruption of metabolic activities.	The risk of acute toxicity associated with Se is generally very low.	Signs such as loss of vitality, emaciation, deformity and shedding of hoofs, loss of long hair, and erosion of joints of long bones.  Selenium may produce loss of fertility and congenital defects.  Milk selenium levels are particularly sensitive to selenium intake by cows.

<sup>†</sup> CCME 2005 guidelines recommendation for selenium in livestock is 50 µg/L, but at this level water may likely contribute to the overall body burden of selenium, if feed selenium levels are already marginally high. The maximum tolerance of Se for all livestock was set at 2 ppm in 1980 (NRC, 1980).

## **Selenium**

### **9.14.2 Water Types or Conditions Where High Levels Occur**

Selenium is found in low concentrations in soil and rocks. Soils do have a higher concentration of selenium than rocks and often higher selenium concentrations are found in shallow aquifers. Shallow wells generally have a higher concentration of selenium than deeper wells, so it is speculated that the source of the selenium may be primarily soils. In Saskatchewan there also appears to be a higher concentration of selenium in the groundwater in the Southwest part of the province.

In Saskatchewan, only 3 percent of the groundwater samples exceeded the Canadian Water Quality Guideline for livestock of 50 µg/L (Saskatchewan Watershed Authority Rural Water Quality Data Base).

**Table 9.14.3 Selenium Levels in Saskatchewan Groundwater**

<b>Selenium Content (µg/L )</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<10	2652	89.7
10 to 20	105	3.6
20 to 50	112	3.8
50 to 100	47	1.6
100 to 200	22	0.7
200 to 500	19	0.6
>500	1	0.03

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

### **9.14.3 Management Considerations**

Selenium overload can be managed through the following measures: 1) modification of the diet to balance total Se intake, 2) dietary intervention aimed at limiting selenium absorption and increasing excretion, and 3) treatment of the soil to reduce selenium uptake by plants. Also, the natural antagonism between arsenic and selenium can be used in management strategies for problems associated with an excess of selenium.

### **9.14.4 Treatment Technology**

Treatment technology includes:

- Nano-Filtration or RO membranes

See Section on water treatment for further discussion on specific treatment systems.

### 9.15 Sodium

Sodium is widely distributed in the water environment, but its content varies considerably depending on regional and local hydrological and geological conditions, the time of year, and industrial salt utilization patterns (e.g. for snow removal or de-icing, food/feed processing, etc.). Large amounts of salt used for road maintenance during winter will inevitably end up in the environment.

Sodium in drinking water sources occurs most commonly in association with sulphate or chloride ions, and the content of these ions should not be ignored. In particular, the sulphate ion may be a more important factor determining water quality than sodium itself.

**Table 9.15.1 Examples of dietary intake of sodium associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Sodium <sup>‡</sup>		
Water Na content (mg/L)	Estimated Water Contribution to Total Dietary Sodium Intake (g/day)	Estimated Contribution of Sodium From Normal Feed (g/day)	Estimated Dietary Levels Generally Regarded as Safe and Dietary Sodium Levels Consideration for Risk of Adverse or Toxic Effect (g/day)	
1000	32 to 40	11	<b>Safe Levels</b> (generally regarded as nutritionally balanced)	9 – 26
			<b>Excessive Levels</b> (possible risk of adverse metabolic effects)	27 – 85
			<b>Potentially Toxic Levels</b> (high risk of metabolic disturbances and/ or overt health problems)	>85

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day. Intake estimates taken from the CowBytes® ration balancing program.

**Note 2:** Salt or Mineral Supplements are not included in estimates of sodium in feed.

<sup>†</sup> At present, there are no established guidelines for maximum concentrations for sodium in livestock drinking water. CCME sets an aesthetic objective of <200 mg/L for sodium in drinking water for humans. A value of 1000 mg/L was based on 98 percentile of groundwater in Saskatchewan being below this level.

<sup>‡</sup>Values for feed are from CowBytes Ration Balancing Software (Incorporates NRC Beef 2000 Model), Alberta Agriculture Food and Rural Development.

NA=data not available



## Sodium

### 9.15.1 Evaluation of Risk

Under normal physiological conditions, the body has very effective methods to control sodium levels, and therefore sodium generally is not considered to be a toxic element. In humans, the aesthetic threshold for sodium in drinking water is approximately 200 mg/L. The taste of drinking water is generally considered offensive at sodium concentrations above the aesthetic objective.

**Health Effects:** High levels of intake for prolonged periods of time may disturb normal homeostasis, potentially can lead to some forms of hypertension, congestive cardiac failure, renal disease, cirrhosis, toxemia of pregnancy. Salt poisoning has been described under various circumstances in adult cattle. Signs of NaCl poisoning include gastrointestinal irritation with vomiting, diarrhoea, mucoid feces, abdominal pain, anorexia, thirst, salivation and polyuria. Nervous system signs include knuckling, blindness, muscular spasms, paresis and convulsions.

Adverse effects associated with sodium sulphate ( $\text{Na}_2\text{SO}_4$ ) in drinking water depend on type of animals, total dietary intake of sulphur, and amount of water consumed. In ruminants, a disorder of the central nervous system, known as polioencephalomalacia, has been associated with high levels of sodium sulphate in drinking water. However, in cases where sodium in water is present as sulphate salt, the adverse effects are more likely associated with sulphate rather than sodium (for details see chapter on Sulphur).

**Production Effects:** At concentrations above 200 mg/L, sodium may reduce water palatability, which may result in lowered water intake. Sodium ion is an important component of acid-base homeostasis, and disturbance of the acid-base balance in highly producing animals may lead to metabolic consequences affecting performance. Lactating cows consuming water with a high salt content increased water intake by 7 percent and exhibited a tendency for less milk yield compared to cows consuming low-saline water (Jaster *et al.*, 1978).

**Metabolic Interactions:** The adverse effects of sodium in drinking water cannot be considered on a stand-alone basis. The sodium ion is one of the ionic components contributing to salinity (see chapter on salinity). Therefore, the most likely scenario to consider would be combined effects of ions such as sodium, chloride, and sulphate.

**Table 9.15.2 Summary of practical information relevant to sodium exposure in livestock.**

Guidelines	Interactions	Adverse Effects and Signs of Toxicity	
Recommended Maximum in Drinking Water for Livestock <sup>†</sup>	Metabolic Effects	Short Term, High Level Exposure	Long Term, Low Level Exposure
At present, there are no established guidelines for maximum concentrations for sodium in livestock drinking water  CCME sets an aesthetic objective of <200 mg/L for sodium in drinking water for humans.	The effects of Na are difficult to separate from other ions such as chloride or sulphate since sodium in water does not exist in its pure state in water. With regard to sodium sulphate, sulphate is probably more important as a toxicant. On the other hand, while considering NaCl it is the Na <sup>+</sup> ion that appears to be responsible for most of the recognized effects of “salt” poisoning. Metabolic effects are related to cellular dehydration, or “tissue shrinking”, and edema.	Most animals can tolerate relatively large amounts of sodium, and responses are variable. Water containing 6726 - 6826 mg Na <sup>+</sup> /L resulted in a loss of condition, scouring and death in 15/220 cattle. Sodium chloride at a 10,000 ppm in drinking water can cause toxicity, and at 5,000 to 7,000 ppm NaCl in water can affect herd health and performance.	If abundant good quality drinking water is available, animals can tolerate large doses of Na.  Cattle ingesting water containing 2500 mg NaCl/L (975 mg Na <sup>+</sup> /L) for 28 days showed increased water intake, decreased milk production and diarrhea.

<sup>†</sup>(Health Canada 2008).

### 9.15.2 Water Types or Conditions Where High Levels Occur

In ground waters, sodium concentrations normally range between 6 and 130 mg/L. Sodium concentrations in Canadian surface waters range from less than 1 mg/L to more than 2000 mg/L. In Saskatchewan the highest sodium concentration recorded in the Saskatchewan Watershed Authority Rural Water Quality Data Base for in groundwater and surface water is 2710 mg/L and 3840 mg/L respectively. The following table shows the frequency of various ranges of sodium in groundwater.

**Table 9.15.3 Sodium Levels in Saskatchewan Groundwater**

Sodium Content (mg/L )	Number of Samples Analysed	Percent of Total
<200	1997	69.0
200 to 500	593	20.5
500 to 1000	261	9.0
1000 to 2000	40	1.4
>2000	2	0.1

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

## **Sodium**

**Table 9.15.4 Sodium Levels in Saskatchewan Surface Water**

<b>Sodium Content (mg/L )</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<200	292	93.6
200 to 500	9	2.9
500 to 1000	5	1.6
1000 to 2000	5	1.6
>2000	1	0.3

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

### **9.15.3 Management Considerations**

Sodium-containing chemicals are used in various water-softening treatment systems, and this process can be an important source of sodium in drinking water. The lime-soda ash purification process may contribute significant quantities of sodium, if a large concentration of non-carbonate hardness must be removed. In domestic water softening systems using ion-exchange resins, for every 100 mg of calcium removed per litre of water, sodium concentration in the treated water will rise by 115 mg/L.

### **9.15.4 Treatment Technology**

Treatment technology includes:

- Nano-Filtration or RO membranes

See Section on water treatment for further discussion on specific treatment systems.

## **9.16 Sulphate**

Sulphur in water may be present in several different chemical forms. Sulphate is the most commonly occurring form of sulphur in drinking water for livestock, but in some water sources, due to highly reducing environment, sulphates may be reduced to sulphides. Among more common forms of reduced sulphur in some water sources is hydrogen sulphide, which gives drinking water this very characteristic scent associated with “rotten eggs”. The sulphate ion is probably the most common contaminant of water sources for livestock in Canada, and especially in the Prairie provinces. The problems associated with excessive intake of sulphur have been intensively studied, but it appears that the importance of sulphur as a water quality issue is still not completely recognized at the field level.

High levels of sulphur in water can be detrimental in any class of farm animals, but ruminants are most susceptible. Higher levels of sulphur in drinking water can be tolerated by animals such as pigs or poultry, whereas relatively low levels can be detrimental to health and performance in cattle or sheep. For this reason the ensuing discussion will be focused predominantly on ruminant livestock.

The CCME guideline of sulphate at 1,000 mg/L is commonly cited as safe. Sulphur accounts for approximately 33.3 % of sulphate ion, hence at a level of 1000 mg/L of sulphate, every litre of water consumed will contribute approximately 333 mg of dietary sulphur. Indeed, at this level, sulphur in the water for most farm animals is not likely to present a toxicological problem, but in ruminant livestock this level may cause serious health problems, in particular when sulphur from water and dietary sources is considered, cumulative daily intake may be excessive, or in some situations toxic (for details see later). Table 9.16.1 demonstrates examples when cumulative intake of sulphur from water and feed may easily reach toxic levels even under apparently normal nutritional conditions.

### **9.16.1 Evaluation of Risk**

**Importance of Sulphate in Water in the Overall Dietary S Intake:** From the perspective of water quality for farm animals, sulphur is probably the most significant water contaminant in ruminant livestock, having considerable impact on both health and performance. In many areas sulphur present in drinking water may be a major contributor to the overall intake of sulphur.

Drinking water is probably the most common source of excessive intake of S in livestock on many Canadian farms. A comprehensive study assessing the distribution of S content in feeds or in water in Canada has not been done. However, case study reports indicate that the problem is widely spread. Episodic information from various publications in Canada (Harries 1987, Boila 1988, McLeese *et al.*, 1991, Beke and Hironaka 1991, Olkowski *et al.*, 1991., Hamlen *et al.*, 1993, Hydack, 2003 ) indicate that some 20 to 40% of farms on the Canadian Prairies use drinking water containing more than 1000 ppm of sulphate. Based on our survey of several farms in Saskatchewan (Olkowski *et al.*, 1991),

## Sulphate

some 25 to 30% of livestock operations use water with sulphate levels between 1000-1500 ppm, and in some 5 to 10% of examined farms the sulphate level in drinking water exceeded 3000 ppm. In a few instances, drinking water contained as much as 5000 to 7800 ppm of sulphate.

It has to be stressed that even relatively low levels of sulphur in water may have significant impact on total dietary sulphur intake, if the ration contains high levels of sulphur. High to excessive S concentrations in some plants occur naturally and can increase under a variety of soil management conditions (Boila *et al.*, 1987, Hardt *et al.*, 1991).

High concentrations of S are inherently present in a number of commonly used feedstuffs (NRC 1984), and subsequently excessive S content can be expected in the rations based on these ingredients. Table 9.16.2 shows several examples of feedstuffs containing high levels of S commonly used in ruminant rations.

**Table 9.16.1 Examples of dietary intake of sulphur associated with water and feed in a generic animal representing cattle.**

Guideline for Water <sup>†</sup>		Guidelines for Dietary Sulphur <sup>‡</sup>		
Water Sulphate content (mg/L)	Estimated Water Contribution to Total Dietary Sulphur Intake (g/day)	Estimated Contribution of Sulphur From Normal Feed (g/day)	Estimated Dietary Sulphur Levels Generally Regarded as Safe and Dietary Sulphur Levels Consideration for Risk of Adverse or Toxic Effect (g/day)	
1000 (333 mg/L S)	10.7 to 13.3	16 to 20	<b>Safe Levels</b> (generally regarded as nutritionally balanced)	16 – 26
			<b>Excessive Levels</b> (possible risk of adverse metabolic effects)	27 – 32
			<b>Potentially Toxic Levels</b> (high risk of metabolic disturbances and/ or overt health problems)	>32

**Note 1:** Assuming this generic animal is a beef cow (550 - 600 kg BW), in the third trimester of pregnancy, fed an average quality brome-alfalfa hay, with an ambient temperature of 20 to 25°C, and would be eating 11 – 14 kg of feed dry matter, her water intake would be approximately 32 to 40 litres per day. Intake estimates taken from the CowBytes® ration balancing program.

**Note 2:** Salt or Mineral Supplements are not included in estimates of sulphur in feed.

<sup>†</sup> Guidelines for water are based on CCME 2005 recommendation.

<sup>‡</sup> Values for feed and dietary sulphur are from CowBytes Ration Balancing Software (Incorporates NRC Beef 2000 Model), Alberta Agriculture [Food and Rural Development](#).

**Table 9.16.2 Feedstuffs commonly used in ruminant livestock diets containing high concentrations of sulphur**

Feed	Sulphur content % (DM)
Alfalfa	0.40
Extracted cotton seeds	0.34-0.56
Mangel beets	0.63
Sugar beets and their by-products	0.22-0.54
Soybean meal	0.49
Molasses	0.40-0.61
Rape seeds mechanically extracted	0.50
Sweet clover hay	0.47
Turnip	0.43
Yeasts	0.45-0.62
Wheatgrass	0.47
Dehydrate whey	1.12-1.15
Brewers dried grains	0.32
Wheat Distillers Dried Grains With Solubles (DDGS)	*0.44-0.65
Corn Distillers Dried Grains With Solubles (DDGS)	**0.31-1.9

NRC 1984,

\* McKinnon, 2008 (Personal Communication).

\*\* Distillers Grains By-products In Livestock and Poultry Feeds, Nutrient Profiles Comparison Tables, University of Minnesota, <http://www.ddgs.umn.edu/profiles.htm#us>,

Note: In recent very dry years, in Saskatchewan, canola forage has been in use as feed for cattle. In this context it should be noted that canola forage may contain high levels of S, and thus may increase the risk of adverse effects.

***In ruminant livestock, in order to assess the potential hazard associated with sulphur in water, the total intake of dietary sulphur must be taken into consideration.***

An important consideration while assessing the risk of exposure is that sulphur intake by a ruminant animal depends on numerous dietary and environmental variables. The factors contributing to dietary sulphur may be extremely variable, and frequently difficult to control. As illustrated in Table 9.16.1, even under normal dietary conditions, water may be a significant contributor to the overall load of dietary S.

Dietary S at 0.4% has been recommended as the tolerance level (NAS 1980), but some sources suggest that even lower levels can be detrimental. According to Kandilis (1984), 0.3% of total dietary sulphur may cause adverse effects. Indeed, currently, the lower level appears more realistic in view of recent research findings. It is of interest to note that looking at the problems associated with dietary sulphur overload from an historical perspective, it is apparent that there is a trend indicating that the tolerance for excess dietary S continues to decline, as cattle are more and more selected for high performance characteristics.

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**Health Effects:** The basic toxicity issues associated with sulphur have been studied in the past and the findings have been compiled in two major documents NRC (1974) and NAS (1980). However, the range of responses of ruminants to excess sulphur appears to be evolving. For instance, more recent research papers provided evidence that an excess of dietary sulphur in cattle and sheep causes the central nervous system disorder, cerebro-cortical necrosis (CCN), commonly also known as polioencephalomalacia (PEM). Further, the tolerance of ruminant livestock to sulphur has been decreasing over the last 3 decades. Based on personal observations since the mid 1980's, the number of outbreaks reported has been increasing over the last two decades, and these events tend to be more severe and affect a larger number of animals. Our more recent observations from the last 7 years (Olkowski *et al.*, unpublished observations) suggest the course of the disease is more acute, and mortality rates tend to be higher than in the past. The affected animals tend to die in early stages of the disease.

**Acute death:** In ruminants fed high levels of sulphur, sulphides in the rumen can be generated in considerable quantities. In experimental animals, death associated with excessive synthesis of sulphide in the rumen gas cap has been reported. However, such direct adverse effects associated with sulphur toxicity are not common.

**Central Nervous System Disorder:** In recent years, many reports implicated high levels of S in the drinking water as an etiological factor in S induced brain tissue necrosis commonly known as polioencephalomalacia or PEM (Harries 1987, Beke and Hironaka 1991, Olkowski *et al.*, 1991; Hamlen *et al.*, 1993; Gould, 1998, Peterson *et al.*, 2003; Hydack, 2003, Kul *et al.*, 2006, McKenzie *et al.*, 2008). In published reports, the morbidity and mortality associated with S induced brain lesions may be high. For instance, Peterson *et al.*, (2002) reported a 15 % incidence of PEM in cattle drinking water containing 3100 ppm of sulphates. This level of sulphate would contribute approximately 1 g of dietary sulphur per litre. Interestingly, in the recent study of Kul *et al.*, (2006) dietary sulphur at a level of 0.45% resulted in a massive outbreak of PEM.

Sulphur-related PEM may occur within 3 to six weeks following exposure to high sulphur water or diet. The course of the disease may be acute with rapid onset of signs such as blindness, recumbency, seizures, and frequently death; or sub-acute characterized by aimless wandering, head pressing, walking on obstacles due to visual impairment, and ataxia. The latter form may progress to a more severe form, with recumbency and seizures. Early treatment with thiamine may lead to recovery. The brains of animals that die of sulphur induced PEM show characteristic necrotic lesions in the cortical gray matter.

**Production Effects:** In recent years cattle are more likely to be affected by levels of dietary sulphur, which in the past, would not have had any effect. For example, the study of Zinn *et al.*, (1997) showed that sulphur in excess of 0.2% of dietary dry matter may have a detrimental effect on average daily gain, feed intake, and net energy value of the diet. Loneragan *et al.*, (2001) reported that sulphate concentrations greater than 583 ppm decreased feedlot performance as indicated by a reduction in average daily

gain, feed conversion and carcass characteristics. In contrast to this, in the study of Weeth and Capps (1972) water containing 1462 ppm of sulphates had no adverse effect on animal performance. Notably, the dietary contribution from water containing 1462 ppm sulphate could account for 0.2% of S intake without considering feed S content.

Several examples of recent research indicated that cattle exposed to excess dietary S perform poorly (Zinn *et al.*, 1997, Patterson and Johnson 2003, Patterson *et al.*, 2003). The production losses can be substantial. For instance, in a study on steers (Peterson *et al.*, 2003), the average daily gain declined from 1.39 to 1.01 lb/day as the sulphates in drinking water increased from 400 to 3100 ppm.

Canadian guidelines for livestock suggest 1000 mg/L of sulphate. However, realistically, when water intake is high, sulphur intake with the drinking water containing 1000 ppm of sulphate alone may reach 0.3% dietary sulphur. As argued above, dietary intake of sulphur exceeding 0.3% may affect performance and create health hazard. In view of the recent research, Canadian guidelines for water sulphur need to be revised.

### 9.16.2 Metabolic Interactions

**Specific Metabolic Aspects of Dietary Sulphur In Ruminants:** The susceptibility of ruminant livestock to sulphur is directly related to specific metabolic features of these species. Because of the unique nature of sulphur metabolism, ruminants are at considerably higher risk of developing serious adverse reactions associated with excessive intake of sulphur. Therefore, the problems associated with sulphur in water for ruminants must be considered in the context of overall specific metabolic features of dietary sulphur.

Sulphur found in drinking water sources is most likely to occur as sulphate. In ruminants, almost all ingested sulphate is reduced to sulphide by rumen microbes. Sulphide is absorbed, and oxidised sequentially to sulphite and sulphate in the tissues, and sulphate is recycled to the rumen via saliva. Therefore, cycling of the ingested sulphur is an important component of metabolism, as well as potential adverse effects. Excess dietary S may cause a proliferation of sulphur reducing bacteria in the rumen, which may further increase the systemic pool of toxic S metabolites of dietary origin.

***Excessive intake of sulphur may cause direct toxicity, but mostly the detrimental effects are associated with metabolic interference.***



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Metabolic effects of high levels of dietary S are mostly associated with nutritional interaction. Excess dietary S interferes with the metabolism of several essential nutrients. These effects represent a very discrete class of nutritional S toxicity linked to specific features of S metabolism in ruminant species.

**Metabolic Problems Associated with Sulphur-Nutrient Interactions:** Experimental data indicate that vitamin B<sub>1</sub> (Thiamine) synthesis in the GI tract of ruminants is impaired by excess sulphur (Goetsch and Owens 1987, Olkowski *et al.*, 1993). Blood thiamine concentration was lower in cattle drinking high sulphate water (Gooneratne *et al.*, 1987, Olkowski *et al.*, 1991). In the situation of increased metabolic demand, thiamine deficit can occur in ruminants exposed to excess dietary S (Olkowski *et al.*, 1991).

The retention of both calcium and phosphorus was reduced by the addition of sulphate to diets (Tucker *et al.*, 1991), and this metabolic problem may be of importance in dairy cows.

Sulphate and thiosulphate inhibited the uptake of selenate (Turner *et al.*, 1990), and the possible involvement of sulphate in an increased incidence of muscular dystrophy was reported (Hintz and Hogue 1964). The effect of dietary S may be reversed by an increased supplementation of selenium (Pope *et al.*, 1979). Hence, the effect of S may be of more importance in cases of marginal adequacy of selenium.

Dietary sulphur may interact with several essential minerals. Research has shown that S, either alone or in a synergistic effect with molybdenum, can affect GI metabolism of copper, zinc, manganese, magnesium and phosphorus (Golfman and Boila 1990).

As evidenced by the research discussed above, sub-clinical effects associated with excessive intake of sulphur may represent a wide range of metabolic disturbances. In the vast majority of cases, problems resulting from excess dietary sulphur are associated with secondary metabolic interaction of sulphur with essential nutrients. These effects are non-specific, secondary metabolic disturbances, and may be present as a plethora of non-specific metabolic disorders that may affect performance. The most prominent secondary metabolic effects are those associated with sulphur induced copper deficiency.

**Sulphur Induced Copper Deficiency:** The chronic effects of long term exposure to excess dietary S represent a very discrete class of nutritional adverse effects linked to the unique features of S metabolism in the ruminant species. Decreased bioavailability of copper is due to the formation of insoluble CuS, or if high levels of molybdenum are present along with high levels of sulphur, thiomolybdate-Cu complexes (for review see Gooneratne *et al.*, 1989).

Copper deficiency is likely the most prominent problem in cattle and sheep drinking high sulphur water. If the level of copper in the ration is marginal, animals may develop signs of copper deficiency within a few weeks. The problem is more severe if the diet is also high in molybdenum.

In essence, all signs characteristic for copper deficiency can be induced by excess dietary sulphur. However, signs of S induced copper deficiency may be variable as they depend on many metabolic variables and nutritional conditions.

Hair coat changes are among the most prominent signs indicative of possible copper deficiency (Figure 9.16.1).



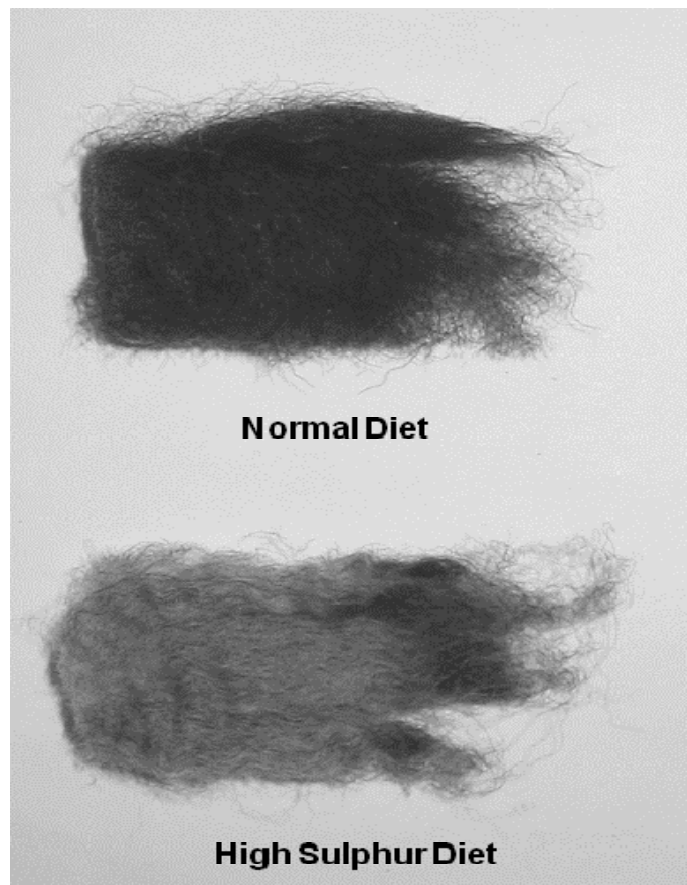
The example demonstrated here represents a real field case from a SK farm where a number of animals from a commercial feedlot showed signs of poor performance that was traced to metabolic copper deficiency associated with high levels of sulphur in drinking water.

The picture on top demonstrates features typical of copper deficiency associated with high levels of sulphur in water. Notable are signs such as rough, poor quality hair, with faded color. This animal also shows signs of generally poor body condition with clear evidence of poor growth. Once the problem was identified, the herd was supplemented with copper. Within a few weeks, the entire herd showed signs of improvement. The picture on the bottom shows the same animal approximately 3 months after the copper supplementation was introduced. Notable are drastic changes in the quality and appearance of the hair coat.

**Figure 9.16.1 Sulphur induced copper deficiency in beef cattle.**

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The signs of possible sulphur induced copper deficiency are clearly appreciable in sheep with black wool as demonstrated in Figure 9.16.2.



The photograph shows appearance of wool in an experimental animal that was initially fed a normal diet (top part) and subsequently when it was fed a high sulphur diet (bottom part). Diagnosis of copper deficiency was confirmed by low plasma copper level. Notably, prior to exposure to the high sulphur diet this lamb had normal, healthy, uniformly black and shiny wool. Just 6 wks after the animal was fed a high sulphur diet, the hair became rough and brittle. The change in wool color actually shows the history of metabolic changes where the tip is black (growth from the time when animal was fed normal diet), whereas below the color is gray (wool growth when the animal was fed high sulphur diet).

**Figure 9.16.2 Change in wool appearance associated with sulphur induced copper deficiency in sheep.**

As illustrated above, changes in the hair color where red hair turns yellowish, and black hair coat becomes brown or gray, are among the most recognizable signs of possible copper deficiency. Affected animals frequently show “spectacles” of faded hair around eyes.

Other signs of sulphur induced copper deficiency may include, scours, unthriftiness, reduced growth rate, weight loss, reduced fertility and delayed puberty, low conception and ovulation rates in cows, and reduced semen quality in bulls.

Retained placenta may also be a sign of secondary copper deficiency. Calves born from copper deficient cows, and young calves exposed to excess sulphur may display inability to suckle and in-coordination. Common features are stiff gait, heel cracks, sole abscesses, foot rot, which may be manifested as lameness. Cardiovascular disease and reduced immune response were also reported.

**Copper Requirement in Cases of Sulphur Overload:** Copper requirements may differ depending of the complexity of metabolic interactions. In most circumstances Cu - S interaction will be additionally complicated by other elements, with molybdenum and iron being the most likely factors. The copper, iron, molybdenum and sulphur contents of pastures and forages vary with the species, strain and maturity of the plant, the soil conditions and the fertilizers used (McFarlane *et al.*, 1990).

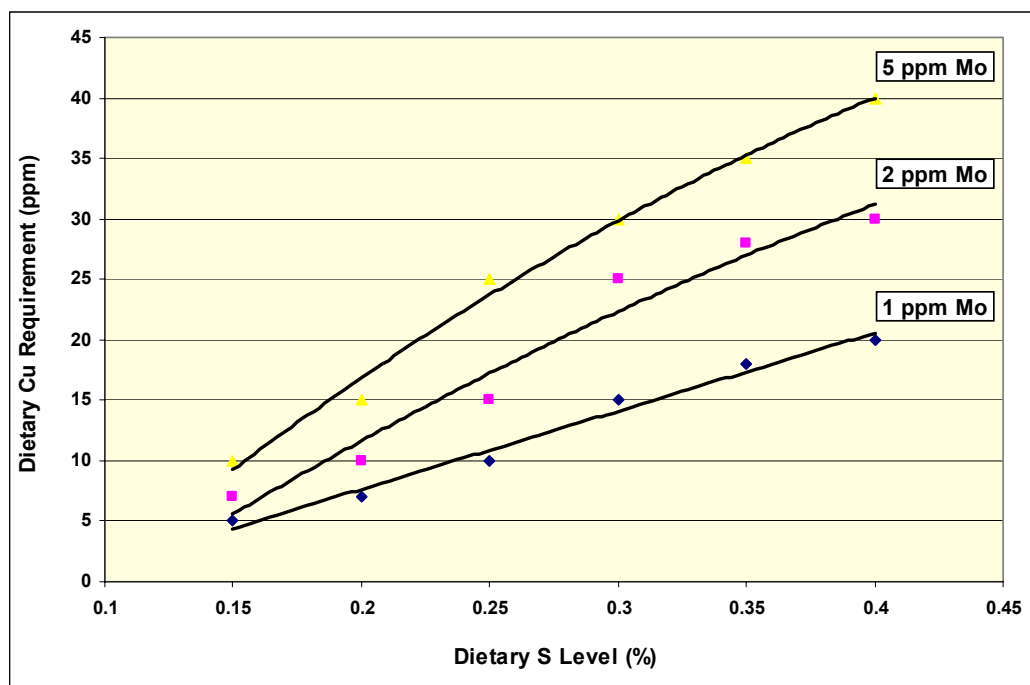
The feed form (e.g. hay, fresh grass, or silage) may influence the antagonisms among sulphur, copper and molybdenum, with sulphur *per se* having an enhanced influence in silages and both antagonists having reduced influence in hay, when compared with fresh grass (Langlands *et al.*, 1981, Suttle, 1977, 1983b) Suttle, 1974; Bremner *et al.*, 1987; Whitelaw *et al.*, 1979; Woolliams, C. *et al.*, 1986; Woolliams, *et al.*, 1986).

Mo and S have a very strong synergistic effect on reducing Cu availability by combining with Cu in the rumen to form an insoluble complex. In addition, high levels of Ca, Cd, Co, Fe, Hg, Mn, P, Pb, Se, Sn, and Zn may further complicate Cu utilization.

***The effect of sulphur on copper metabolism can be further complicated by other elements known to affect copper homeostasis. Several of these elements such as iron, magnesium, manganese and calcium can be present in water in significant amounts along with high levels of sulphate.***

Because of so many variable factors that may affect sulphur-copper interaction, it would be very difficult to accommodate all the variables in order to estimate copper requirement. Even if one considers the two factors that have the most prominent effect (i.e. synergistic effects of sulphur and molybdenum) the modeling becomes very complex. In order to illustrate the effects of molybdenum and sulphur on dietary copper requirements, we compiled relevant data from various publications. The relative changes in copper requirements associated with various levels of dietary sulphur and molybdenum are presented graphically in Figure 9.16.3.

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**Figure 9.16.3 Relationship between dietary copper required to alleviate adverse effects under various levels of dietary molybdenum and sulphur.**

There is an insufficiency of research that would provide recommendation on dietary copper required under various levels of sulphur and molybdenum. Puls (1994) recommended the following “Rule of Thumb”: Cu intake should be 5 to 8 times Mo.

There are breed differences in terms of dietary copper requirements, with Simmental cattle having highest requirement, followed by Charolais, Hereford, Angus and Shorthorn, in that order. Under some circumstances, Simmentals may require twice as much Cu as Angus. However, it is important to stress that supplementation of dietary copper to offset the adverse effects of sulphur must be carried out with due care in order to avoid copper toxicity. Total dietary copper in cattle should not exceed 50 ppm. Sheep are considerably more sensitive to copper toxicity than cattle. The recommended feed copper level in sheep is between 5.0 and 10.0 ppm, but 20 ppm may be safe for a short period.

**Table 9.16.3 Summary of practical information relevant to sulphur exposure in livestock.**

Guidelines	Interactions			Adverse Effects and Signs of Toxicity	
Recommended Maximum in Drinking Water for Livestock <sup>†</sup>	Essential Elements	Toxic Metals	Metabolic Effects	Short Term, High Level Exposure	Long Term, Low Level Exposure
1000 mg/L	molybdenum, magnesium, iron, iodine, manganese, copper, zinc, selenium, phosphorus	NA	<p>Sulphur, either alone or in a synergistic effect with molybdenum, can affect GI metabolism of copper, zinc, manganese, magnesium, phosphorus and vitamin B1.</p> <p>Sulphate and thiosulphate may inhibit the uptake of selenate.</p> <p>Mo and S have a synergistic effect on reducing Cu availability by combining with Cu in the rumen to form an insoluble complex.</p> <p>The retention of both calcium and phosphorus may be reduced by the addition of sulphate to diets (potential metabolic problem of importance in dairy cows).</p>	<p>In ruminants fed high levels of sulphur, sulphides in the rumen can be generated in considerable quantities. In experimental animals, death associated with excessive synthesis of sulphide in the rumen gas cap has been reported. However, such direct adverse effects associated with sulphur toxicity are not common.</p> <p>High levels of S in the drinking water is an etiological factor in brain tissue necrosis commonly known as polioencephalomalacia (PEM).</p> <p>Sulphur-related PEM may occur within 3 to six weeks following exposure to high sulphur water or diet.</p>	<p>The chronic effects of long term exposure to excess dietary S represent a very discrete class of nutritional adverse effects linked to the unique features of S metabolism in the ruminant species. Cu deficiency is the most prominent problem in cattle and sheep drinking high sulphur water.</p> <p>If the level of copper in the ration is marginal, animals may develop signs of copper deficiency within a few weeks. The problem is more severe if the diet is also high in molybdenum.</p>

<sup>†</sup> The CCME guideline of 1,000 mg/L is commonly cited, but without considering the total burden of dietary sulphur, this recommendation is of limited value.

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### **9.16.3 Water Types or Conditions Where High Levels Occur**

Sulphates occur naturally in many minerals and are also used in the manufacturing industry. Mining and smelting operation and pulp and paper mills also use sulphates and sulphuric acid and discharge waste into surface water.

Sulphate is usually expected to be a groundwater problem but during droughts, the level of water in some dugouts can drop below the groundwater line and very poor groundwater can flow into and contaminate the dugout. When this happens, the water quality can change drastically over a matter of weeks from a source of good quality water to water that is unfit for livestock.

Sulphur contamination in surface water bodies is often found adjacent to salt affected soils. In severely saline areas forages may also become contaminated by wind-blown sulphate salts. Surface water bodies such as sloughs, ponds, dugouts, dams and lakes have a tendency to accumulate sulphur and other dissolved minerals during periods of drought. Notably, recent observation from field study (Klemmer 2008, personal communication) revealed that even in areas with normally abundant summer rainfall in southeastern Saskatchewan, mineral concentration in dugouts can double from spring to autumn due to evaporation (Klemmer, 2008 Livestock Development Specialist, Saskatchewan Ministry of Agriculture, unpublished observations).

In Saskatchewan, about 17% of the groundwater exceeds the Canadian guideline for sulphate for livestock of 1000 mg/L (Saskatchewan Watershed Authority Rural Water Quality Data Base). The highest level recorded in groundwater was 7700 mg/L and in surface water, sulphate levels have exceeded 9000 mg/L.

The following tables show the sulphate concentration in rural Saskatchewan groundwater and surface water.

**Table 9.16.4 Sulphate Concentration in Saskatchewan Groundwater**

<b>Sulphate Content (mg/L )</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<500	1774	61.3
500 to 1000	633	21.9
1000 to 2000	399	13.8
2000 to 3000	63	2.2
>3000	24	0.8

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

**Table 9.16.5 Sulphate Concentration in Saskatchewan Surface Water**

<b>Sulphate Content (mg/L )</b>	<b>Number of Samples Analysed</b>	<b>Percent of Total</b>
<500	170	54.5
500 to 1000	80	25.6
1000 to 2000	35	11.2
2000 to 3000	12	3.8
3000 to 4000	7	2.2
>5000	8	2.56

Source: Saskatchewan Watershed Authority Rural Water Quality Data Base

#### **9.16.4 Management Considerations**

In the evaluation of exposure of ruminant animals to sulphur, it is important to consider all sources, including feed, water, and environment. In milder cases, once identified, the problem of secondary metabolic disturbances in domestic livestock animals may be corrected via nutritional supplements and clinical management of the problem.

The best management solution would be providing only good quality water, so if good quality water is available, it should be used. If economically justifiable, water purification for livestock should be advocated.

However, if water purification is not a practical solution, several strategies can be developed to manage the problem. Low to moderately high levels of S in water can be managed reasonably well. Standard management procedures should include nutritional safeguards. Levels of the dietary pool, as well as reduced S compounds from the environment, should be taken into account while assessing the risk associated with water content of S compounds. If possible, the total dietary S level (from both feed and water) should be kept below 0.3% DM basis.

Preventative measures to be considered should include balancing the ration to decrease excessive intake of S and supplementation of nutrients likely affected by S. In problem areas, an attempt should be made to decrease the load of dietary S by blending feedstuff containing high levels of S with feed and mineral supplements with low S content. Dietary supplementation of copper and thiamine in quantities exceeding the normal dietary requirement may decrease the risk of adverse effects associated with sulphur.

#### **9.16.5 Treatment Technology**

Treatment technology:

- Biological methods of sulphate removal are currently under evaluation at PFRA
- Nano-Filtration or RO membranes
- Ion Exchange

See Section on water treatment for further discussion on specific treatment systems.



## ***Sulphate***

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## ***References***

## **11. APPENDIX A**

Summary of Canadian Water Quality Guidelines for the Protection of Agricultural Water Uses *Update October 2005*

*\*Printed with permission from Canadian Council of Ministers of the Environment, 2005. Canadian water quality guidelines for the protection of agricultural water uses: Summary table. In: Canadian environmental quality guidelines, 1999, Canadian Council of Ministers of the Environment, Winnipeg.*







# Canadian Water Quality Guidelines for the Protection of Agricultural Water Uses

## SUMMARY TABLE

Update October 2005

Summary of Canadian water quality guidelines for the protection of agricultural water uses.

Parameter <sup>a</sup>	Irrigation water		Livestock water	
	Concentration ( $\mu\text{g}\cdot\text{L}^{-1}$ )	Date <sup>b</sup>	Concentration ( $\mu\text{g}\cdot\text{L}^{-1}$ )	Date <sup>b</sup>
Aldicarb	54.9 <sup>c</sup>	1993	11 <sup>c</sup>	1993
Algae, blue-green [See Blue-green algae]				
Aluminum <sup>d</sup>	5000	1987	5000	1987
Aniline <sup>d</sup>	Insufficient data	1993	Insufficient data	1993
Arsenic <sup>c</sup>	100 <sup>f</sup>	1997	25 <sup>f</sup>	1997
Atrazine	10 <sup>f</sup>	1989	5 <sup>f, g</sup>	1989
Beryllium <sup>d</sup>	100	1987	100 <sup>f</sup>	1987
2,2-Bis( <i>p</i> -chlorophenyl)-1,1,1-trichloroethane [See DDT (total)]				
Blue-green algae (Cyanobacteria) <sup>d</sup>			Avoid heavy growths	1987
Boron <sup>d</sup>	500–6000 <sup>h</sup>	1987	5000	1987
Bromacil	0.2 <sup>f</sup>	1997	1100 <sup>f</sup>	1997
Bromoform [See Halogenated methanes, Tribromomethane]				
Bromoxynil	0.33 <sup>i</sup>	1993	11 <sup>f</sup>	1993
Cadmium	5.1 <sup>i, j</sup>	1996	80	1996
Calcium <sup>d</sup>			1 000 000	1987
Captan	Insufficient data	1991	13 <sup>f, i</sup>	1991
Carbaryl	Insufficient data	1997	1100	1997
Carbofuran	Insufficient data	1989	45	1989
Carbon tetrachloride [See Halogenated methanes, Tetrachloromethane]				
Chlordane <sup>d</sup>			7 <sup>i, m</sup>	1987
Chloride <sup>d</sup>	100 000–700 000 <sup>k</sup>	1987		
Chlorinated benzenes				
Monochlorobenzene <sup>d</sup>	Insufficient data <sup>n</sup>	1997	Insufficient data <sup>n</sup>	1997
1,2-Dichlorobenzene <sup>d</sup>	Insufficient data <sup>n</sup>	1997	Insufficient data <sup>n</sup>	1997
1,3-Dichlorobenzene <sup>d</sup>	Insufficient data <sup>n</sup>	1997	Insufficient data <sup>n</sup>	1997
1,4-Dichlorobenzene <sup>d</sup>	Insufficient data <sup>n</sup>	1997	Insufficient data <sup>n</sup>	1997
1,2,3-Trichlorobenzene <sup>d</sup>	Insufficient data <sup>n</sup>	1997	Insufficient data <sup>n</sup>	1997
1,2,4-Trichlorobenzene <sup>d</sup>	Insufficient data <sup>n</sup>	1997	Insufficient data <sup>n</sup>	1997
1,3,5-Trichlorobenzene <sup>d</sup>	Insufficient data <sup>n</sup>	1997	Insufficient data <sup>n</sup>	1997
1,2,3,4-Tetrachlorobenzene <sup>d</sup>	Insufficient data <sup>n</sup>	1997	Insufficient data <sup>n</sup>	1997
1,2,3,5-Tetrachlorobenzene <sup>d</sup>	Insufficient data <sup>n</sup>	1997	Insufficient data <sup>n</sup>	1997
1,2,4,5-Tetrachlorobenzene <sup>d</sup>	Insufficient data <sup>n</sup>	1997	Insufficient data <sup>n</sup>	1997

Continued.

# SUMMARY TABLE

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## Canadian Water Quality Guidelines for the Protection of Agricultural Water Uses

Continued.

Parameter <sup>a</sup>	Irrigation water		Livestock water	
	Concentration ( $\mu\text{g}\cdot\text{L}^{-1}$ )	Date <sup>b</sup>	Concentration ( $\mu\text{g}\cdot\text{L}^{-1}$ )	Date <sup>b</sup>
Pentachlorobenzene <sup>d</sup>	Insufficient data <sup>n</sup>	1997	Insufficient data <sup>n</sup>	1997
Hexachlorobenzene	Insufficient data <sup>n</sup>	1997	0.52 <sup>f, n</sup>	1997
Chlorinated ethanes <sup>d</sup>				
1,2-Dichloroethane	Insufficient data	1991	5 <sup>f</sup>	1991
1,1,1-Trichloroethane	Insufficient data	1991	Insufficient data	1991
1,1,2,2-Tetrachloroethane	Insufficient data	1991	Insufficient data	1991
Chlorinated ethenes <sup>d</sup>				
1,1,2-Trichloroethene (Trichloroethylene; TCE)	Insufficient data	1991	50 <sup>f</sup>	1991
1,1,2,2-Tetrachloroethene (Tetrachloroethylene; PCE)	Insufficient data	1993	Insufficient data	1993
Chlorinated methanes [See Halogenated methanes]				
Chloroform [See Halogenated methanes, Trichloromethane]				
4-Chloro-2-methyl phenoxy acetic acid [See MCPA]				1995
Chlorothalonil	5.8 <sup>f</sup> (other crops)	1994	170 <sup>f</sup>	1994
Chlorpyrifos	Insufficient data	1997	24 <sup>f</sup>	1997
Chromium				
Trivalent chromium (Cr(III))	4.9 <sup>f, n</sup>	1997	50 <sup>f, n</sup>	1997
Hexavalent chromium (Cr(VI))	8.0 <sup>n</sup>	1997	50 <sup>f, n</sup>	1997
Cobalt <sup>d</sup>	50	1987	1000	1987
Coliforms, fecal <sup>d</sup>	100/100 mL	1987		
Coliforms, total <sup>d</sup>	1000/100 mL	1987		
Colour			Narrative	1999
Copper <sup>d</sup>	200–1000 <sup>o</sup>	1987	500–5000 <sup>p</sup>	1987
Cyanazine	0.5 <sup>f</sup>	1990	10 <sup>f</sup>	1990
Cyanobacteria [See Blue-green algae]				
DDT (total) (2,2-Bis( <i>p</i> -chlorophenyl)- 1,1,1-trichloroethane; Dichloro diphenyl trichloroethane) <sup>d</sup>			30 <sup>l, m</sup>	1987
Deltamethrin	Insufficient data	1997	2.5	1997
Dibromochloromethane [See Halogenated methanes]				
Dicamba	0.006	1993	122	1993
Dichlorobenzene [See Chlorinated benzenes]				
Dichlorobromomethane [See Halogenated methanes]				
Dichloro diphenyl trichloroethane [See DDT (total)]				
Dichloroethane [See Chlorinated ethanes]				

Continued.

**Canadian Water Quality Guidelines for  
the Protection of Agricultural Water Uses**

**SUMMARY TABLE**

**Update October 2005**

**Continued.**

Parameter <sup>a</sup>	Irrigation water		Livestock water	
	Concentration (µg·L <sup>-1</sup> )	Date <sup>b</sup>	Concentration (µg·L <sup>-1</sup> )	Date <sup>b</sup>
Dichloromethane [See Halogenated methanes]				
Diclofop-methyl	0.18	1993	9 <sup>f</sup>	1993
Diethylene glycol [See Glycols]				
Dimethoate	Insufficient data	1993	3 <sup>f</sup>	1993
Diisopropanolamine	2 000 <sup>f</sup>	2005	Insufficient data	2005
Dinoseb	16 <sup>j</sup>	1992	150	1992
Dissolved solids, total [See Total dissolved solids (salinity)]				
Endrin <sup>d</sup>			0.2 <sup>l, m</sup>	1987
Ethylbenzene <sup>d, e</sup>	Insufficient data	1996	2.4	1996
Ethylene glycol [See Glycols]				
Fecal coliforms [See Coliforms, fecal]				
Fluoride <sup>d</sup>	1000	1987	1000–2000 <sup>q</sup>	1987
Glycols <sup>d</sup>				
Ethylene glycol	Insufficient data	1997	Insufficient data	1997
Diethylene glycol	Insufficient data	1997	Insufficient data	1997
Propylene glycol	Insufficient data	1997	Insufficient data	1997
Glyphosate <sup>d</sup>			280	1989
Halogenated methanes <sup>d</sup>				
Monochloromethane (Methyl chloride)	Insufficient data	1992	Insufficient data	1992
Dichloromethane <sup>d</sup> (Methylene chloride)	Insufficient data	1992	50 <sup>f</sup>	1992
Trichloromethane <sup>d</sup> (Chloroform)	Insufficient data	1992	100 <sup>g</sup>	1992
Tetrachloromethane <sup>d</sup> (Carbon tetrachloride)	Insufficient data	1992	5 <sup>f</sup>	1992
Monobromomethane (Methyl bromide)	Insufficient data	1992	Insufficient data	1992
Tribromomethane <sup>d</sup> (Bromoform)	Insufficient data	1992	100 <sup>g</sup>	1992
Dichlorobromomethane <sup>d</sup>	Insufficient data	1992	100 <sup>g</sup>	1992
Dibromochloromethane <sup>d</sup>	Insufficient data	1992	100 <sup>g</sup>	1992
Heptachlor (Heptachlor epoxide) <sup>d</sup>			3 <sup>l, m</sup>	1987
Hexachlorobenzene [See Chlorinated benzenes]				
Hexachlorocyclohexane (Lindane) <sup>d</sup>			4	1987
Iron <sup>d</sup>	5000	1987		
Lead <sup>d</sup>	200	1987	100	1987
Lindane [See Hexachlorocyclohexane]				
Linuron	0.071 <sup>f</sup>	1995	Insufficient data	1995
Lithium <sup>d</sup>	2500	1987		

*Continued.*

# SUMMARY TABLE

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## Canadian Water Quality Guidelines for the Protection of Agricultural Water Uses

Continued.

Parameter <sup>a</sup>	Irrigation water		Livestock water	
	Concentration ( $\mu\text{g}\cdot\text{L}^{-1}$ )	Date <sup>b</sup>	Concentration ( $\mu\text{g}\cdot\text{L}^{-1}$ )	Date <sup>b</sup>
Manganese <sup>d</sup>	200	1987		
MCPA (4-Chloro-2-methyl phenoxy acetic acid; 2-Methyl-4-chloro phenoxy acetic acid)	0.025 <sup>i</sup>	1995	25 <sup>f</sup>	1995
Mercury <sup>d</sup>			3	1987
Methyl bromide [See Halogenated methanes, Monobromomethane]				
Methyl chloride [See Halogenated methanes, Monochloromethane]				
2-Methyl-4-chloro phenoxy acetic acid [See MCPA]				
Methylene chloride [See Halogenated methanes, Dichloromethane]				
Metolachlor	28 <sup>f</sup>	1991	50 <sup>f</sup>	1991
Metribuzin	0.5 <sup>f</sup>	1990	80	1990
Molybdenum <sup>d</sup>	10–50 <sup>f</sup>	1987	500	1987
Monobromomethane [See Halogenated methanes]				
Monochlorobenzene [See Chlorinated benzenes]				
Monochloromethane [See Halogenated methanes]				
Nickel <sup>d</sup>	200	1987	1000	1987
Nitrate + nitrite <sup>d</sup>			100 000	1987
Nitrite <sup>d</sup>			10 000	1987
Organotins <sup>d</sup>				
Tributyltin	Insufficient data	1992	250	1992
Tricyclohexyltin	Insufficient data	1992	250 <sup>f</sup>	1992
Triphenyltin	Insufficient data	1992	820 <sup>f, i</sup>	1992
PCE [See Chlorinated ethenes, 1,1,2,2- Tetrachloroethene]				
Pentachlorobenzene [See Chlorinated benzenes]				
Phenol <sup>d</sup>			2	1987
Phenoxy herbicides <sup>d</sup>			100	1987
Picloram <sup>d</sup>	Insufficient data	1990	190	1990
Propylene glycol [See Glycols]				
Selenium <sup>d</sup>	20–50 <sup>s</sup>	1987	50	1987
Simazine	0.5 <sup>f</sup>	1991	10 <sup>f</sup>	1991
Sulfolane	500 <sup>f</sup>	2005	Insufficient data	2005
Sulphate <sup>d</sup>			1 000 000	1987
TCE [See Chlorinated ethenes, 1,1,2- Trichloroethene]				
Tebuthiuron	0.27 <sup>f</sup> (cereals)	1995	130 <sup>f</sup>	1995

Continued.

**Canadian Water Quality Guidelines for  
the Protection of Agricultural Water Uses**

**SUMMARY TABLE**

**Update October 2005**

**Continued.**

Parameter <sup>a</sup>	Irrigation water		Livestock water	
	Concentration ( $\mu\text{g}\cdot\text{L}^{-1}$ )	Date <sup>b</sup>	Concentration ( $\mu\text{g}\cdot\text{L}^{-1}$ )	Date <sup>b</sup>
Tetrachlorobenzene [See Chlorinated benzenes]				
Tetrachloroethane [See Chlorinated ethanes]				
Tetrachloroethene [See Chlorinated ethenes]				
Tetrachloroethylene [See Chlorinated ethenes, 1,1,2,2-Tetrachloroethene]				
Tetrachloromethane [See Halogenated methanes]				
Toluene <sup>d, e</sup>	Insufficient data	1996	24	1996
Total coliforms [See Coliforms, total]				
Total dissolved solids (salinity) <sup>d</sup>	500 000–3 500 000 <sup>t</sup>	1987	3 000 000	1987
Toxaphene <sup>d</sup>			5 <sup>l, m</sup>	1987
Triallate <sup>d</sup>	Insufficient data	1992	230 <sup>f</sup>	1992
Tribromomethane [See Halogenated methanes]				
Tributyltin [See Organotins]				
Trichlorobenzene [See Chlorinated benzenes]				
Trichloroethane [See Chlorinated ethanes]				
Trichloroethene [See Chlorinated ethenes]				
Trichloroethylene [See Chlorinated ethenes, 1,1,2-Trichloroethene]				
Trichloromethane [See Halogenated methanes]				
Tricyclohexyltin [See Organotins]				
Trifluralin	Insufficient data	1992	45 <sup>f</sup>	1992
Triphenyltin [See Organotins]				
Uranium <sup>d</sup>	10 <sup>f</sup>	1987	200	1987
Vanadium <sup>d</sup>	100	1987	100	1987
Zinc <sup>d</sup>	1000–5000 <sup>u</sup>	1987	50 000	1987

<sup>a</sup>Unless otherwise indicated, supporting documents are available from the Guidelines and Standards Division, Environment Canada.

<sup>b</sup>The guidelines dated 1987 have been carried over from *Canadian Water Quality Guidelines* (CCREM 1987) and no fact sheet was prepared. The guidelines dated 1989 to 1997 were developed and initially published in CCREM 1987 as appendixes on the date indicated. They are published as fact sheets in this document. Other guidelines dated 1997 and those dated 1999 are published for the first time in this document.

<sup>c</sup>Concentration of total aldicarb residues.

<sup>d</sup>No fact sheet created.

<sup>e</sup>The technical document for the guideline is available from the Ontario Ministry of the Environment.

<sup>f</sup>Interim guideline.

<sup>g</sup>During the initial development of this guideline, insufficient data were available to derive a livestock watering guideline value. Therefore, the Canadian drinking water quality guideline (Health and Welfare Canada 1987) was adopted. Since then, this value has been revised by Health Canada (1996). This revised drinking water quality guideline is now adopted as the guideline for livestock water.

## SUMMARY TABLE

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## Canadian Water Quality Guidelines for the Protection of Agricultural Water Uses

<sup>h</sup>Boron guideline = 500  $\mu\text{g}\cdot\text{L}^{-1}$  for blackberries  
 = 500–1000  $\mu\text{g}\cdot\text{L}^{-1}$  for peaches, cherries, plums, grapes, cowpeas, onions, garlic, sweet potatoes, wheat, barley, sunflowers, mung beans, sesame, lupins, strawberries, Jerusalem artichokes, kidney beans, and lima beans  
 = 1000–2000  $\mu\text{g}\cdot\text{L}^{-1}$  for red peppers, peas, carrots, radishes, potatoes, and cucumbers  
 = 2000–4000  $\mu\text{g}\cdot\text{L}^{-1}$  for lettuce, cabbage, celery, turnips, Kentucky bluegrass, oats, corn, artichokes, tobacco, mustard, clover, squash, and muskmelons  
 = 4000–6000  $\mu\text{g}\cdot\text{L}^{-1}$  for sorghum, tomatoes, alfalfa, purple vetch, parsley, red beets, and sugar beets  
 = 6000  $\mu\text{g}\cdot\text{L}^{-1}$  for asparagus

<sup>i</sup>Guideline value slightly modified from CCREM 1987 + Appendixes due to re-evaluation of the significant figures.

<sup>j</sup>Guideline is crop-specific (see fact sheet).

<sup>k</sup>Chloride guideline Foliar damage  
 = 100–178  $\text{mg}\cdot\text{L}^{-1}$  for almond apricots and plums  
 = 178–355  $\text{mg}\cdot\text{L}^{-1}$  for grapes, peppers, potatoes, and tomatoes  
 = 355–710  $\text{mg}\cdot\text{L}^{-1}$  for alfalfa, barley, corn, and cucumbers  
 >710  $\text{mg}\cdot\text{L}^{-1}$  for cauliflower, cotton, safflower, sesame, sorghum, sugar beets, and sunflowers  
 Rootstocks  
 = 180–600  $\text{mg}\cdot\text{L}^{-1}$  for stone fruit (peaches, plums, etc.)  
 = 710–900  $\text{mg}\cdot\text{L}^{-1}$  for grapes  
 Cultivars  
 = 110–180  $\text{mg}\cdot\text{L}^{-1}$  for strawberries  
 = 230–460  $\text{mg}\cdot\text{L}^{-1}$  for grapes  
 = 250  $\text{mg}\cdot\text{L}^{-1}$  for boysenberries, blackberries, and raspberries

<sup>l</sup>This guideline (originally published in *Canadian Water Quality Guidelines* [CCREM 1987]) is no longer recommended and the value is withdrawn. A water quality guideline is not recommended. Environmental exposure is predominantly via sediment, soil, and/or tissue, therefore, the reader is referred to the respective guidelines for these media.

<sup>m</sup>This substance meets the criteria for Track 1 substances under the national CCME Policy for the Management of Toxic Substances (PMTS) (i.e., persistent, bioaccumulative, primarily result of human activity, and CEPA-toxic or equivalent) and should be subject to virtual elimination strategies. Guidelines can serve as action levels or interim management objectives towards virtual elimination.

<sup>n</sup>Substance has been re-evaluated since CCREM 1987 + Appendixes. Either a new guideline has been derived or insufficient data existed to derive a new guideline.

<sup>o</sup>Copper guideline = 200  $\mu\text{g}\cdot\text{L}^{-1}$  for cereals  
 = 1000  $\mu\text{g}\cdot\text{L}^{-1}$  for tolerant crops

<sup>p</sup>Copper guideline = 500  $\mu\text{g}\cdot\text{L}^{-1}$  for sheep, 1000  $\mu\text{g}\cdot\text{L}^{-1}$  for cattle, 5000  $\mu\text{g}\cdot\text{L}^{-1}$  for swine and poultry.

<sup>q</sup>Fluoride guideline = 1000  $\mu\text{g}\cdot\text{L}^{-1}$  if feed contains fluoride

<sup>r</sup>Molybdenum guideline = 50  $\mu\text{g}\cdot\text{L}^{-1}$  for short-term use on acidic soils

<sup>s</sup>Selenium guideline = 20  $\mu\text{g}\cdot\text{L}^{-1}$  for continuous use  
 = 50  $\mu\text{g}\cdot\text{L}^{-1}$  for intermittent use

<sup>t</sup>Total dissolved solids guideline = 500  $\text{mg}\cdot\text{L}^{-1}$  for strawberries, raspberries, beans, and carrots  
 = 500–800  $\text{mg}\cdot\text{L}^{-1}$  for boysenberries, currants, blackberries, gooseberries, plums, grapes, apricots, peaches, pears, cherries, apples, onions, parsnips, radishes, peas, pumpkins, lettuce, peppers, muskmelons, sweet potatoes, sweet corn, potatoes, celery, cabbage, kohlrabi, cauliflower, cowpeas, broadbeans, flax, sunflowers, and corn  
 = 800–1500  $\text{mg}\cdot\text{L}^{-1}$  for spinach, cantaloupe, cucumbers, tomatoes, squash, brussels sprouts, broccoli, turnips, smooth brome, alfalfa, big trefoil, beardless wildrye, vetch, timothy, and crested wheat grass  
 = 1500–2500  $\text{mg}\cdot\text{L}^{-1}$  for beets, zucchini, rape, sorghum, oat hay, wheat hay, mountain brome, tall fescue, sweet clover, reed canary grass, birdsfoot trefoil, perennial ryegrass  
 = 3500  $\text{mg}\cdot\text{L}^{-1}$  for asparagus, soybeans, safflower, oats, rye, wheat, sugar beets, barley, barley hay, and tall wheat grass

<sup>u</sup>Zinc guideline = 1000  $\mu\text{g}\cdot\text{L}^{-1}$  when soil pH < 6.5  
 = 5000  $\mu\text{g}\cdot\text{L}^{-1}$  when soil pH > 6.5

**References:**

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